

# Salvation of the Saviors (series 53-369) Project 369 – The Idea...

*If you have an apple and I have an apple, and we exchange these apples, then you and I will still each have one apple. However, if you have an idea and I have an idea, and we exchange ideas, then each of us will have two ideas...*

All people, at different stages of their lives, strive toward various goals. For some, the pinnacle of their dreams is the conquest of space; for others, it is the pursuit of power, while some long for fame and wealth. There are also those who prefer the **SIMPLE JOYS** of life, such as food, relaxation and love, enjoying moments without deep contemplation and experiencing pleasures often inaccessible to those inclined toward intellectual pursuits. A person on the path to their dream finds joy both in the process itself and in the results they achieve.



The interests that bring pleasure to educated and thoughtful individuals often **SEEM BORING** or incomprehensible to the less thoughtful. Conversely, what excites the latter may not appeal to the former. Everyone pursues different things in life, whether grand or modest, significant or mundane. What matters most is that these pursuits are **DEEPLY CONNECTED** to our essence. That said, when it comes to the ultimate purpose of existence, what is it that you truly seek? Fame, power, wealth, material goods, or pleasures that are unlikely to fill your life with genuine meaning? The value of pleasure is defined **NOT BY ITS SOURCE**, rather by the depth of experience it awakens within you. It is like warmth in a home: it doesn't matter whether your fireplace burns wood or coal, what matters is that it's warm. So it is with pleasure: what matters most is that **IT IS SINCERE**

and encompasses your entire being.

The question of the meaning of life today leaves many indifferent. One should not assume that your arrival in this world is justified solely by the opportunity to build a house, raise children, or plant trees. After all, over time, children will pass away, houses will decay, and trees will die. Leo Tolstoy, in his "Confession," emphasized this stark realization: "... sooner or later will come illness and death (as they have already come) to those I love and to myself, and nothing will remain but stench and worms. My deeds, whatever they may have been, will be forgotten — sooner or later, and I will be no more. So why then all the fuss?" The answer to the question seems unattainable.

Most people **DO NOT ASK** the question: "what is the meaning of life?" I emphasize, not the meaning in life, but the meaning of life itself... In chess, to make the right move, one must consider the entire board. In a similar way, in order to understand the **MEANING OF LIFE**, one must mentally penetrate every corner of the universe, without limiting oneself to just our physical world. From this global perspective, the essential truth must be drawn. As an example of such understanding, one can cite Religion. It points to the existence of an **INEXPLICABLE OMNIPOTENT** force that gave rise to all that

exists, including the world and humanity — a force called God. According to ancient prophecy, when a person dies, their body returns to the earth from which it came, affirming the idea that **"...from dust we came and to dust we shall return."** At the core of moral understanding lies the notion that after death, souls go either to eternal joy in heavenly realms **FOR OBEDIENCE** to God's laws, or to endless torment in the underworld **FOR THEIR VIOLATION**. Therefore, the pinnacle and meaning of human existence is connected with the liberation of the soul from sin and the striving toward heavenly perfection. In this context, the concepts of "good" and "evil" by their impact on the attainment of this higher goal — **good is seen as everything that contributes to salvation, and evil as everything that hinders it.**

On the other hand, the atheist view asserts that there is only **ONE REALITY** — the material world, which we perceive through our senses. According to this view, the universe **HAS NO** creator and exists by itself, infinitely. Within the atheist perspective, the concept of God is considered impossible without the assumption of a Creator of the universe. It is believed that only that which has a beginning can have a Creator, whereas that which exists eternally **REQUIRES NO** creation. In the context of historical events, actions carried out by the Inquisition, such as the burning of heretics or torture, were justified by the **STRIVING TO SAVE** their souls, much like how surgical intervention is regarded as a good for its ability to save lives. This is seen as an analogy between the physical salvation of the body by a surgeon and the spiritual salvation by the inquisitor. Despite the apparent cruelty of the methods, this reflects the clarity and certainty of the moral judgments of that era, free from doubt and double interpretations.



If one rejects the idea of a deity's existence, then existence itself begins to seem like the product of a random combination of natural forces. In this context, everything we know about ourselves — our thoughts, emotions, and even self-awareness — is nothing more than a byproduct of complex physical and chemical processes. Without belief in a higher power, the concept of sin loses its foundation, becoming as abstract a notion as an offense against imaginary elves.<sup>1</sup> In a world where **FAITH IS ABSENT**, where there is no belief in an afterlife or in the dualistic division of **HEAVEN AND HELL**, human existence begins to resemble a brief journey from being to non-being, where the only tangible goal becomes the pursuit of earthly pleasures. From this perspective, the definition of what is good or bad is entirely dependent on its usefulness in achieving desired outcomes. Thus, what gives life true meaning varies based on each person's beliefs, implying the **NECESSITY OF FAITH** in the truth of one's chosen worldview. **Humanity is divided between those who believe in a divine presence and those who deny its existence.** This diversity of views often generates a conviction among believers that their understanding of truth is the **ONLY CORRECT ONE**, while all alternative opinions may be classified as mistaken, or even as manifestations of satanism. An example of such an attitude is the Christian criticism of the religious rituals of South American indigenous peoples, **WITHOUT PAYING ATTENTION** to their own rituals or vices. The question of belief or disbelief in God becomes a personal choice, where some identify themselves as **HAVING FAITH**, while others describe their position as an **ABSENCE OF FAITH**. In either case, both stances rely on faith, whether it is in the affirmation or denial of the divine.

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<sup>1</sup> Elves (German: Elfe, English: elf) — a magical people in Germanic-Scandinavian and Celtic folklore.

There is no need to search for arguments that might convince you of the correctness of any particular side. Simply categorically refuse to consider arguments rooted in either atheistic or religious convictions. And you have solid grounds for this: the path of knowledge, which you have hopefully **LONG SINCE CHOSEN**, the pursuit of truth in what is truly happening. Personally, I find no appeal in discussing religious matters, because accepting their premises inevitably leads to contradiction... where the faith of some inevitably condemns others to hell, assuming their heaven is real. I clearly understand the most important thing — we have all been "shaped" into who we are today, and this was done deliberately over more than two thousand years, and how it was done I have described in detail in my books. I know that many people today are nevertheless burdened by the **SEARCH FOR THE MEANING OF EXISTENCE**. In this context, they must begin to see the world differently, as a unified whole, like a chessboard, and try to identify the central goal, the one thing that would **GIVE LIFE MEANING**. However, they encounter a problem: even this approach fails to yield the expected result. The obstacle lies **NOT IN THE IMPOSSIBILITY** of their personal understanding or insight, as one might assume, rather in a **FUNDAMENTAL ERROR** embedded in the very question — the question of the meaning of life. And do not take this as preaching — it is simply a statement of what is actually happening.

The universe consists of a wide variety of elements and events, each distinguished by a **UNIQUE SET** of characteristics, including, but not limited to, size, shape, weight, energy, and other aspects. However, it must be understood that the modern physical picture of the world resembles not even a patchwork quilt, rather a **PILE OF INCOMPATIBLE PATCHES**. The following remain unexplained (*or have been explained incorrectly*):

- absolute motion and absolute energy;
- mechanisms of attraction and repulsion;
- the structure and solid-state rotation of spiral galaxies;
- the source of the Sun's thermal energy, solar activity cycles, differential rotation of the Sun, Jupiter, Saturn and Earth;
- the motion of the Moon, Earth, and other planets;
- tides, tidal and seasonal currents and winds, including monsoons;
- free fall of bodies and pendulum oscillations, the increase in energy of freely falling objects, and the source of that energy;
- the origin and structure of nucleons and their unification into three-dimensional systems - atoms, molecules and substances; the chemical properties of atoms, molecules and substances;
- thermal, light, and other waves; polarization and other wave properties;
- physical properties of atoms, molecules, and substances, including hardness, elasticity, heat capacity, thermal conductivity, thermal expansion, states of matter, anisotropy and magnetism of crystals, attraction and repulsion of permanent magnets;
- the essence of electric current, the thermal and magnetic effects of current, resistance and superconductivity of conductors, electromagnetic induction;
- causes of radiation and decay of atoms;
- the long-term retention of atomic energy within atoms and its mechanical nature; and so on, and so forth.

In order to make sense of the surrounding world, one must **HAVE THE ABILITY** to identify these features. Without certain attributes, an object or phenomenon **CANNOT** be tangibly understood or recognized as real. The importance of knowledge lies in the ability to assign objects and phenomena the **STATUS OF REALITY** through their parameters. This principle applies to everything, from the tiniest

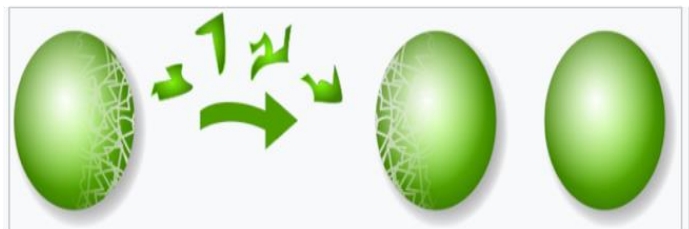
particles to vast cosmic galaxies, and extends to all forms of life, from microbes to humans, each possessing **ITS OWN** unique set of properties.




Human attempts to systematize knowledge are confronted by the impossibility of fully grasping and understanding a world that exceeds any conception of size and essence, stretching into **INTANGIBLE INFINITY**. This infinity does not fit within the bounds of the existing, not because it lacks reality, but because it lies beyond the notion of "being," **HAVING NO** definite form or properties. Describing its essence in words proves impossible, as infinity by nature transcends all definitions. The question of infinite space has always posed a profound challenge. Its essence may be sensed, yet it **DOES NOT FIT** into clear definitions or boundaries. Any attempts to confine it led to imbalance. Its reality could not be denied, yet it could neither be fully revealed nor defined. As a result, humanity arrived at **A CERTAIN COMPROMISE**. Aristotle took the first step by introducing the concept of "*potential infinity*." He asserted

that **ACTUAL INFINITY** could not be understood and considered it essentially unreal. According to ancient teachings, the concept of infinity was associated with the image of a balloon whose walls could stretch endlessly yet still remained within the limits of a finite object. This is similar to the principle of the natural number sequence, where the final number **DOES NOT EXIST**, but the entire sequence is perceived as bounded. The idea of absolute infinity was excluded by the ancients from the realm of the real, based on the assumption of its impossibility.

In the field of mathematics, set theory developed based on concepts of infinity and internal contradictions within the discipline. Einstein emphasized that while mathematical statements may reflect reality, they also **MAY NOT**. In the early 20th century, two scholars from Poland demonstrated that it is possible to divide an object into parts in such a way that these fragments can be reassembled into an identical object, and then went



Шар можно «разбить» на куски и собрать из них два таких же шара. 

A sphere can be "broken" into pieces and reassembled into two identical spheres.

further to show that from these same parts, one could create an infinite number of identical objects,

thereby confirming the *Banach-Tarski*<sup>2</sup> theorem. Although this seems illogical, it was **STRICTLY PROVEN** from the standpoint of mathematics.

Epochs far behind our ancestors preserve stories of how Epimenides, an ancient sage,<sup>3</sup> once questioned his own honesty by declaring that he was lying, an assertion that triggered a wave of doubt about his words. This intrigue became fateful for Diodorus Cronus, who, in pursuit of the solution, refused food and died of starvation, never having found the answer. A similar fate befell Philitas of Cos, who was exhausted by attempts to unravel this mystery, as evidenced by the inscription on his grave stating that the paradox took his life. The past century was marked by Gödel's discovery that the world is flooded with paradoxes and contradictions, emphasizing that they are an **INTEGRAL PART** of existence. Zeno's aporias (highlighting the contradiction between sensory experience and mental analysis) in the fifth century illustrated the intertwining of motion and stillness, raising questions about the nature of time and space. Bertrand Russell (who contributed to mathematical logic, the history of philosophy, and epistemology) emphasized that such aporias affect the very foundations of many theories of infinity, time, and space, **EXERTING INFLUENCE** on our understanding of the world from antiquity to the present.

Paradoxes surround us. If we imagine water that can speak, and it freezes whenever it lies, what should happen if it says: "*I am about to freeze.*" If it **DOES NOT FREEZE**, then it has lied, and since it freezes from lying, it must freeze. Yet if it freezes, then it has told the truth, and since it does not freeze from telling the truth, it **SHOULD NOT FREEZE**. So, what exactly should happen to the talking water that freezes from lying and has just said, "I'm going to freeze?"

If the world consists of countless magnitudes, if numbers are infinite both in growth, there is no largest number, and in division, no matter how many times a number is divided, you can never reach zero, then the world **CAN BE NUMBERED**. Pythagoras said that at the foundation of the world lies number, and to understand the world is to understand number. In the information age, the truth of Pythagoras' thought is especially evident: the **WORLD IS A DIGIT**. With digits, one can describe the parameters of a finite system. But it is impossible to operate on infinity using digits. One may write on paper or a screen " $1\infty + 1\infty = 2\infty$ ." Formally, this equation is valid, yet in reality, **IT IS A CHIMERA**. It has no place in existence, because there is only one infinity, there is simply no room for a second.

Between everything that exists in the Universe — from the tiniest neutrino particles to vast galaxies, from sounds to stones, and even between humans and the objects that surround them, there exists a connection of great significance. The importance of these connections is emphasized by the fact that boundaries exist between these elements. These boundaries can be as transparent as diamond or as diffuse as fog, shrouded in mystery like black holes and points of singularity. Understanding the essence of any object or phenomenon **BECOMES IMPOSSIBLE** without defining these boundaries. Although the human mind possesses the ability to distinguish and analyze various objects and phenomena, the concept of infinity remains beyond its grasp, as it encompasses all that exists **WITHOUT EXCEPTION**.

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<sup>2</sup> The Banach — Tarski paradox (also known as the paradox of sphere doubling or the Hausdorff — Banach-Tarski — Paradox) is a theorem in set theory which states that a three-dimensional sphere can be decomposed and reassembled into two identical copies of itself.

<sup>3</sup> Epimenides, in Ancient Greece, was a semi-legendary sage, seer, and poet from the island of Crete. As a child, he was tending sheep, fell asleep in a cave, and is said to have slept for 57 (or 40) years.

Our mind is capable of processing only measurable quantities, whether stable or rapidly changing, while small details are filtered out depending on the brain genotype we possess today (which is further divided into many sub-genotypes of that specific brain type). Everything that lies beyond our comprehension and measurement, such as infinity, **REMAINS BEYOND** the limits of our perception. Our attempt to understand infinity in fact **LEADS US AWAY** from its **TRUE UNDERSTANDING**. Thus, we are limited only to what falls within the scope of our comprehension and mental reach, discarding **ALL THAT IS EXCESSIVE**. In exploring the meaning of life, we may encounter analogies like searching for the optimal move in chess or confronting the collision between a powerful projectile and an impenetrable defense, which highlights the **COMPLEXITY AND MULTIFACETED NATURE** of our search. When analyzing the armor and the projectile separately, the mind operates without difficulty. However, when attempting to compare them together, obstacles arise. This is because if the armor is penetrated by the projectile, it can no longer be considered absolutely resilient; and if it isn't, then the projectile has failed its purpose. Consequently, if both the armor and the projectile truly meet their stated characteristics, their interaction **BECOMES MEANINGLESS**. Sometimes, the absence of an answer may indicate that the question itself lacks meaning. Thought finds itself trapped between infinite walls, where full **UNDERSTANDING IS UNATTAINABLE** due to the incompatibility of the concepts involved. The search for the meaning of life does not require accepting others' ideas on faith; what matters is having **ONE'S OWN UNDERSTANDING** and knowledge. Grasping infinity, like trying to overcome unbreakable walls, seems impossible, even if efforts are made to dig tunnels for as long as one wishes.



The search for the meaning of life goes beyond a simple finite goal and emerges from a vast range of possibilities. Some find comfort in the belief that life, in the grand scheme, **HAS NO** inherent purpose, allowing them to continue their daily routines, focusing on present tasks until the **INEVITABLE END** arrives. Personally, I cannot agree with such a view, as if I were a passenger on a sinking ship who, instead of seeking rescue, decorates their cabin while waiting for the end. Deep within, I reject such a passive stance and continue my search for answers to the fundamental question of the meaning of our existence, and for how to extend that existence to its fullest (which today is defined as up to 136 years; however, that is just for now) and to live it in the greatest possible vitality — calling this idea the one **GREATER THAN ANY OTHER** in our world: ***To Defeat Death and Overcome Aging.***

It is impossible to extract a universal meaning of life from the entirety of the cosmos. Nevertheless, the defining role in the search for meaning is played by the primary goal, and I have identified mine. This fundamental purpose emerged and was clarified only after processing and comprehending an immense amount of information, surpassing anything based on limited data. Such an approach, grounded in the **MAXIMUM AMOUNT** of available knowledge, is what gives rise to the highest goal, which then becomes the very **"meaning of life."** The path of life itself determines the boundaries of accessible information, while questions about what occurs after death remain unanswered, especially in our present time. The beliefs of various religions suggest that human existence continues in some spiritual form within an alternate dimension after departure from this world. Yet there is no irrefutable evidence about the fate of human essence after it leaves this world. On the one hand, there is **NO GUARANTEE** that a person's individuality will be entirely consumed by the

vacuum. On the other hand, there is also no certainty of the possibility of continued existence in an alternate realm or space. Especially considering that the so-called "reincarnation of Essences has been halted" for known reasons, and moreover, it is **EXTREMELY DIFFICULT** to comprehend the prospects of an Essence's "integration into the future." Personally, I refuse to accept any assumptions on faith and prefer to rely on clear and irrefutable data — of which we have some regarding past reincarnation, but none yet concerning "integration." One argument supporting this view is the complete uncertainty about what awaits us **RIGHT NOW**, at this moment, beyond the threshold of death. My own Essence (or, to be more precise and correct — Brain) may either disappear into absolute nothingness or find a mode of existence that we **CANNOT** currently understand or explain.

Our existence on Earth in our current body is **NOT ETERNAL** and will, sooner or later, come to an end, leaving behind only **MOTIONLESS REMAINS**, which will either be buried or turned to ash. And indeed, it is **VERY VALUABLE** to have the ability to decide for oneself when the end of one's path should come, rejecting the outdated views on human lifespan laid out in ancient texts. It is impossible to predict the exact moment of parting with this world, that said, I believe it is right to "depart" when you feel your time has come. Life in a world where **NOTHING IS WONDEROUS** seems meaningless to me, and I am ready to let go of it the moment I feel that time has arrived. For now, I cherish every moment while I still have strength, yet I am prepared to accept the end if a moment of inevitable transformation comes, or if I grow weary of daily routine.

Let us return to our reflections and realities. The question of whether it is possible to pray and engage in sports at the same time yields **DIFFERENT ANSWERS**, depending on how it is framed. An athlete, involved in active movements such as running, jumping, or swinging their arms, would likely affirm that prayer during such moments is indeed possible. However, if the same question were posed to a clergy member, whether it is appropriate to engage in physical activity while addressing God, the answer would most likely **BE NEGATIVE**. Thus, the essence lies not in the action itself, but in **HOW** the question is asked. Similarly, people's attitudes toward topics like life and death vary significantly depending on the way the question is formulated. For instance, when asked directly whether they desire immortality, many may express disagreement.

In a society where a cult of death is glorified, its members blindly follow entrenched norms, **WITHOUT STOPPING** to reflect on their true meaning. This practice echoes that of the ancient Aztecs, for whom the sacrifice of children to the Sun was commonplace, reflecting their indifference to the concept of death. Whatever society deems normal is **UNFLAPPABLY ACCEPTED**, without questioning what death truly is. Perhaps the time has come to challenge the firmness of such convictions, to expose their absurdity, drawing an analogy to passengers on a sinking ship who, instead of seeking rescue, choose to remain in their cabins. Imagine yourself faced with a difficult choice: comfort and light surround you; however, this place leads only to death, while beyond its safety, in the chill and wind, **LIES A POSSIBILITY** for salvation. Perhaps in the open, you could build a raft or spot an island you could reach. Which path seems more appealing? Let us recall the story of a prince from an ancient kingdom who faced a similar dilemma—between the deadly comfort of the palace and the unknown beyond its walls, and **CHOSE THE LATTER**. *That prince would later become known as the Buddha*. This reminds us of a universal truth: life inevitably approaches its end, and each of us must choose whether to wait passively or actively seek a way out. Strangely, most of us prefer to remain in the comfort of our "cabins," resigned to death, perhaps because we **SET BARRIERS** in our minds against the *idea of conquering death*. Overcoming difficulty becomes easier when one considers the choice between dying by one's own decision or under someone else's influence. After all, **NO** person **WANTS** to leave this

world by the will of another. Even those who believe in life after death **WILL NOT** object to going only when they feel truly ready. Otherwise, people **WOULDN'T MAKE** such efforts to avoid sudden death or interference, such as being murdered. Thus, the desire to avoid death, whether by accident or external action, emphasizes that declarations about leaving life **BY ONE'S OWN WILL** are often born of momentary emotions, indifference, or habit. The deeply rooted belief in the inevitability of death often leads to passivity. In a world where opposing views on this concept may lead a person to be sent to a mental health specialist, skepticism toward this belief arouses suspicion and could even result in psychiatric evaluation. These beliefs originate from ancient religious doctrines asserting that divine will **DEFINES THE BOUNDARIES** of life and death, setting the maximum human age at 120 years as an unchangeable decree. The essence is that human weakness cannot challenge divine predestination. In times when religious doctrine dominated, ideas of immortality **FOUND NO GROUND** for discussion, since any attempt to contemplate **VICTORY OVER DEATH** was considered a crime against divine law, potentially bringing about the harshest consequences. Such conditions suppressed any desire to set goals that contradicted established dogma.



Today, many still acknowledge death as inevitable, yet they **NO LONGER FIND** explanations for this belief, accepting it as a given without further reflection. Centuries of religious dominance have shaped convictions that have **BECOME UNTOUCHABLE**, no longer subjects for contemplation or debate. These beliefs are so powerful that they are difficult to articulate; we stand before their absolute truth in silence, knowing that any attempt to give them voice may profane their perceived purity. Those who hear such expressions often experience mixed emotions, ranging from unease and astonishment to fear and discomfort. Even though we are

**UNABLE** to fully justify our belief in the inescapability of death, this does **NOT UNDERMINE** our confidence in its certainty. After all, aging and death are widely seen as inevitable aspects of life, resulting from the cessation of cell division and the subsequent inability to regenerate tissue. If our brain **DID NOT CEASE** its control over the division of all the body's cells at a predetermined moment, aging and death would remain unknown to us. The essential resources and energy to support this renewal process are abundantly available within the body itself. However, due to a "built in" "mechanism" in the brain, primarily expressed as the brain's genotype, cell division becomes limited, and cells **CANNOT** effectively use these resources. This mechanism is the root cause of aging and death. If we examine a person before this limiting mechanism is activated, they can be compared to a car that has its worn parts regularly replaced, ensuring smooth operation. However, once this internal timer is triggered, the situation changes: the person becomes like a car in which replacement of worn parts has ceased, leading to gradual deterioration. At first, the car **CAN STILL FUNCTION**, despite creaks, sagging, and imbalance, but eventually, as critical components fail, it breaks down completely. Just as **REPLACING OLD parts in a crumbling vehicle can turn it into a NEW VEHICLE**, *reactivation by the Brain (and only the Brain) of cell division in an elderly person with poor eyesight and atrophied organs could restore them to youth and health*. Due to the transformation of dividing cells into non-dividing ones, people experience aging, the appearance of wrinkles, stooped posture, geriatric diseases, and physical weakness. Death occurs when vital organs cease to function properly and **LOSE CONNECTION** with the Brain entirely.



The behavior of the European pearl mussel<sup>4</sup> is unique: its larval development is intricately linked to the life cycle of salmon, on which these larvae parasitize. When signs of aging are detected in their host, the larvae **SECRETE A SPECIAL SUBSTANCE** that slows down aging and triggers rejuvenation in the fish. This process transforms the aged fish into a being that not only appears younger yet also possesses greater strength and vitality compared to its **UNINFECTED** counterparts. This information prompts serious reflection on the potential of biology in addressing age-related changes and diseases, including cancer, but under one critical condition: a clear understanding of what the Brain truly is.

You were informed of your inevitable fate, yet it **DID NOT DEEPLY AFFECT** your emotions. Your loved ones were told that the illness would certainly lead to death, yet you remain composed, focusing on daily tasks like work, shopping, and improving your household. On the other hand, imagine a world where medicine eliminates all pain. In such a context, the awareness of impending death would trigger **INEVITABLE ANXIETY**, making the search for a path to survival the primary goal. In this struggle for life, all other desires and ambitions recede, giving way to the urgent need to preserve existence. Imagine being told that your cells are **ALREADY INCAPABLE** of dividing—or that moment is near, which is even more serious than a cancer diagnosis. How would your family and friends respond? Likely, many would think that **DEEP DESPAIR** had



caused you to lose touch with reality. Your loved ones would try to persuade you to act wisely, insisting that in moments when death feels inevitable, it is best to set aside daily concerns and focus on fighting it. After all, only those who **DO NOT SURRENDER** without a fight stand a chance at overcoming the inevitable, dedicating their energy and time to resistance. Once cells turn cancerous (which happens when they lose control from the Brain), survival chances can range from minimal to nearly zero, depending on the stage. When cells are no longer capable of division, the probability of survival drops to zero, signaling the certainty of death. It is known that no person with such cellular changes has ever avoided the **AGING PROCESS** and eventual death. Now imagine you've come to terms with this grim news and decide to share with family, friends, and acquaintances your decision to use your remaining time and strength **TO FIGHT** death. You emphasize that in the face of inevitable death, it is crucial to put aside everyday concerns and focus on overcoming it. Success is often granted to those who **FIGHT ACTIVELY**, especially against the inevitability of the end. Such a battle may become the **MAIN PURPOSE OF LIFE** at certain moments. People around you, especially friends and family, might **NOT UNDERSTAND** your new outlook, assuming you've deviated from the familiar path or even joined an unusual group (or as commonly labeled, a sect, though few truly understand what a sect is). They might suggest that you reconsider your beliefs, arguing that most people prefer **NOT TO PAY ATTENTION** to these aspects of life and **NOT TO SPEND** time on them. In trying to console you, they would remind you that **AGING AND DEATH** are part of the natural order, urging you to accept them as inevitable. People often fail to grasp the importance of actively responding to health threats, including cancer. Many would feel relieved to

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<sup>4</sup> The European pearl mussel is a bivalve mollusk characterized by an elongated brown shell with a slightly protruding apex and a thick layer of nacre with a pinkish hue. This is the very mussel known as the "mother" of Russian pearls — one of the few freshwater mollusks capable of producing pearls.

Hear that the true danger lies not in the disease itself, but in the inevitability of the end. For them, it may seem better to accept the unavoidable than to live in fear of what **COULD HAVE BEEN** prevented. Yet, the dominant belief remains that one should divert attention from potential dangers and ignore them, raising questions about whether such an approach is truly wise.

In the context of time management, people are often advised to focus on work, earning money, and organizing their lives, rejecting the pursuit of seemingly pointless questions and answers. This is seen as a way to make the remaining time **MORE MEANINGFUL**, allowing individuals to enjoy the fruits of their labor before the inevitable arrives. Many ask why one should **STUBBORNLY RESIST** the inevitability of death when so many other challenges exist: economic hardship, daily responsibilities, the need for rest and enjoyment, not to mention global issues like war, disease, and quality of life. Within this framework, the effort by some to **FIND A WAY** to escape death is viewed by many as odd, or even marks them as cultists or madmen. Comparing this to passengers who, faced with the threat of a sinking ship, choose to tidy their cabins instead of seeking escape, **SEEMS ABSURD**. This perspective underscores the hopelessness of those who ignore serious challenges in favor of **ENGAGING IN ROUTINE** while awaiting the inevitable. Some argue that the absence of death would lead to critical overpopulation, resource depletion, and environmental collapse. This group, concerned with Earth's future, is willing to make personal sacrifices to prevent ecological disaster. Others believe that aging and inevitable death **GIVE LIFE** its true meaning, making each moment more significant and joyful, despite the likely insincerity of statements about the beauty of aging, declining health, and turning to dust after death. When considering the overpopulation argument, one must ask: why not also **STOP TREATING** heart disease or cancer? After all, curing patients **ALSO CONTRIBUTES** to population growth. By that logic, stopping treatment would simplify life on Earth. Imagine posing this question to someone battling cancer: why do you fight death, when others ignore such concerns? Why solve one life-threatening issue while disregarding others? Imagine yourself in a situation of **EXTREME DANGER** and ask what would motivate you to seek escape. Before I provide an answer, *I suggest you reflect on this*. Some may find comparisons like this disappointing, while others reject them altogether. I wonder why such comparisons are deemed invalid, after all, in both cases, death results from cellular changes, though at different speeds. Why does death from one type of cell change inspire fear and the urge to seek salvation, while another, slower process is ignored? In the past, the average human lifespan **DID NOT EXCEED 40** years, often due to cardiovascular issues that were seen as inevitable results of unknown causes. Our perception of death from sudden cellular shifts might have changed drastically if it were regarded **AS A DISEASE** rather than a natural order. Thus, our attitude toward the issue is shaped not by its essence, but by **HOW** it is presented, something that borders on manipulation of our perception. Death remains a mysterious process that still claims countless lives today. Its nature is veiled in uncertainty, though many see it as obvious. People often refuse to admit that there may be **NOTHING NATURAL** about death, just as there is nothing natural about diseases like cancer or tuberculosis. This attitude is surprising, since we generally expect a rational response to danger. In a fire, for example, people are expected to escape, not continue their normal routines while flames rage around them. If, in such a fire, a father keeps watching TV and a mother calmly puts the children to bed, that clearly indicates a **MISPERCEPTION OF THE SITUATION**. Ignoring the essential aspects of death is much the same, an irrational act in the face of existential threat.



People discover the true meaning of their existence through real experiences, rejecting illusory pursuits. Solving the challenges and problems that life places before them elevates a person to a **HIGHER** level of development, granting access to unexplored realms of knowledge and setting new, more meaningful goals. This constant forward movement allows individuals to confront endless horizons of possibility. Ultimately, all people face the **INEVITABILITY OF DEATH**, which makes the quest to overcome it an absolutely paramount mission for humanity, in the broadest sense of the word. Recognizing victory over death as the supreme goal grants life the **HIGHEST MEANING**, grounded in concrete reality rather than speculation. Once this task is fulfilled, humanity will rise to a new height from which **NEW HORIZONS** will unfold. It will grasp new volumes of

information and define a **NEW PRIMARY PURPOSE**. *However, as long as we remain mortal, we cannot have a greater task than the **CONQUEST OF DEATH**, and one essential part of that task is the Victory over Aging.*

If the primary goal of mortal life is the victory over death, then the meaning of life has been found. It is derived not from assumptions or speculations, rather from unquestionable and verifiable facts. Nothing **GREATER CAN BE CONCEIVED** than this goal, if only because, to achieve any goal at all, one must first **EXIST ONESELF**.

**P.S.**

The key difference between a truly achievable proposal and a mere dream lies in the readiness and ability to **TURN THE INTENDED** into reality, this includes planning and mobilizing the necessary resources. While fantasy remains an **UNATTAINABLE IDEALIZATION**, a set goal becomes a **CONCRETE IDEA** only when *realism, in the form of a clear action plan, is added to the dream*. Only the fusion of a dream with a means of execution can give birth to a genuine idea.

A dream without a concrete method becomes nothing more than an unachievable desire. I have developed a comprehensive plan covering everything from start to finish in order to realize the initial stage of my goal — "to defeat old age." Through this process, I have formed a clear strategy and a deep understanding of the necessary steps. In the upcoming articles of the "...Project 369" series, I will aim to describe in detail how the planned results can be successfully achieved, and I strongly recommend reading them to those who resonate with the information presented above.

***Dream + Method = Idea.***

***Dream – Method = Fantasy.***

***F. Shkrudnev***

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