## 2.04. SvetL Wellness Programs - harmony of Body and Essence

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WE CONTROL BY VIRTUE OF OUR UNDERSTANDING, BUT WE ARE ALSO CONTROLLED BY VIRTUE OF OUR MISUNDERSTANDING!

SO

A PERSON SHOULD NOT BLINDLY TRUST EVERYTHING THAT THEY ARE TRYING TO IMPOSE ON HIM, HE SHOULD ALWAYS LEARN TO SEE THE CONNECTION BETWEEN CAUSE AND EFFECT, ONLY THEN WILL HE BE ABLE TO REMOVE ALL OBSTACLES IN HIS PATH!

After a series of our publications about the occurrence of diseases and the method of recovery from them, we received a lot of questions.

We are glad that after reading our publications, you are interested in the true cause of diseases and how the "SvetL" programs cope with them. Knowing the cause, many ailments can be avoided. It is possible to develop, if it is appropriate to say so, a SAFETY TECHNIQUE!

In this article, we propose to consider the issues of infection of the body with viruses and infections not from the position of a PATHOLOGIST, but from the position of understanding the processes taking place in living organisms with complex psi systems and the structure of a living cell.

Have you ever wondered? Why do two people living side by side and eating the same food suffer from different diseases?

Why one person, not having time to get rid of one infection or virus, immediately falls ill with another one...?

Why has every person been ill more or less times during his life...?

What is the nature of these diseases?

What happens in the human body during illness?

What mechanisms are activated and why?

These and many other questions arise for everyone who wants and tries to understand what exactly is it - a disease?..

How do you get rid of the disease without harming the body?

How do the "SvetL" programs help the body not only to defeat the disease, once and for all, but also protect it in the future ...?

From the many questions received, we have chosen the ones that you most often ask, and we will try to give them an easy-to-understand answer. Since there are a great many

diseases in nature, and only some of them modern medicine has been able to identify, we decided to systematize them into types of diseases.

To begin with, let's try to determine which types of diseases can be distinguished:

- 1) genetic diseases that a person receives through the genes of his parents.
- 2) acquired diseases that a person has received during his life.
- **3) environmental diseases** that are associated with the negative effects of the external environmental surroundings.
  - 4) diseases caused by severe emotional stress.

The cause of genetic diseases is simple and requires no explanation.

The richest in diversity are acquired diseases, so we will consider them at the beginning.

## There are several main stages in the development of these diseases:

- a) Infection entering the body and its development in the body.
- **b)** The protective immune response of the body (the active phase of the disease).
- **c)** The release of toxins and slags of their vital activity into the human body by the causative agent(s) of diseases.
  - d) Changes in the organic structure of the affected organs and systems.

And now we will consider in detail the **mechanism of the development of the disease in the human body**.



When an infection - a causative agent of a disease - enters the human body, at first, while there are few of these "invaders", the brain of the body nearly does not react to this in any way. Because for the reaction of the body's brain, a certain concentration of a particular poison is necessary, which is a product of the vital activity of these "invading" organisms. The

body is poisoned not by viruses and infections themselves, but by poisons that they secrete in the course of their vital activity. Therefore, at the beginning of the development of the disease, the infection develops almost without any resistance from the human brain. The so-called incubation phase, the first stage of the disease development, is taking place.

And only when the developing pathogens of the disease all together release a certain dose of toxins into the human blood, which the brain can detect, the protective mechanisms of the body turns on.

The human immune system is trying to destroy the "aggressors".

## The first active protective reaction is an increase in temperature in the human body.

The fact is that most pathogens do not tolerate elevated temperatures and die at 39-40 degrees Celsius (102.2-104°F). Therefore, the body, not yet knowing the "face of the enemy", inflicts a thermal blow to the aggressor... And the approach to bring down the slightest increase in temperature with medications, is completely erroneous.

## The need to suppress body temperature occurs only in the following cases:

- a) when the temperature rise reaches a critical value, about 42° C (107.6°F), at which proteins begin to fold. This is especially important for blood proteins fibrinogen. If this protein begins to coagulate, an insoluble compound, fibrin, occurs, blood clots form, which can lead the body to death.
  - b) when the human body is unable to tolerate an increase in body temperature.

In all other cases, an active temperature reaction speaks only of a powerful protective reaction of this organism. While the infection is trying to recover from the body's thermal shock, the latter, studying the enemy, begins to produce antibodies that try to destroy the "aggressors" themselves.

The causative agents of the disease adapt to new, unfavorable conditions for them, which the body creates during the struggle. The infection begins to change, mutate, in order to somehow continue its development. After all, for her it is also a matter of life and death - **if she is unable to adapt, she dies.** 

The human body is for her a necessary environment for living, life. This is how the "competition" of the organism and infection begins: **whoever can adapt faster wins...** 

In most cases, an infection with a much simpler organization changes faster than the protective reaction of the human immune system.

## Let's try to understand why this is happening...

The fact is that at the first moment of switching on the protective mechanisms, the immune system, which has accumulated potential, creates a maximum protective surge in power.

But the immune system cannot be in this active state indefinitely, when the body expends a huge amount of energy. The depleted immune system shuts down after a while to restore its potential. And, it takes time for the immune system to fully recover.

During the period of recovery of the immune system's potential, the body does not fight the infection, which begins to develop actively again, much faster than the human immune system is restored.

As soon as the dose of toxins released by the infection exceeds the permissible, the human brain re-activates the body's immune system, and this often happens before it is able to restore its potential to normal.

And so, it continues until the body's immune system is exhausted, and its surge can no longer have any serious effect on the development of the infection.

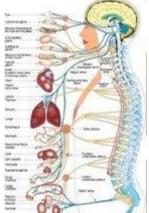
This ends the first active phase of the development of the disease and begins the second - the phase of the chronic development of the disease.

This is what modern medicine does, using medications, because they cannot cure a person.

But what are the consequences for the body in the chronic development of the disease?

At the same time, not only does the nature of the body's immune response change, but many other fundamental changes in the body also occur. In order to understand what changes are taking place, let's first analyze how the human brain coordinates and controls the functions and activity of each organ and system of the body.

Every cell of the body is controlled by the brain, this control system is unknown to modern medicine. In addition, the structure of the living cell itself is unknown. Studies under a microscope are studies of an inanimate structure (devoid of connection with the brain), therefore, all medical recommendations relate only to dead structures. In addition, the brain itself forms sensations, on the basis of which the instrumental part for research of a low material level is built, and if the brain has changed the formation of sensations for some reason, this does not mean that the outside world has also changed.



The brain, having received a signal from a living cell, forms either the delivery of the corresponding potentials (on the corresponding octaves) to it, or

releases the cell from excess potentials. Only two situations are possible here - either the brain knows that there are violations in the cell, and in addition to the normal circuit, it connects additional reserves, or it does not know, and then the cell can receive what it does not need, or vital potentials are removed from it.

The human brain has areas of the cortex that coordinate and control the functions and work of each organ or system in the interests of the entire organism as a whole. At the same time, each zone of the cortex generates its own nerve signals for this control.

If everything is in order, the brain continues to work in the same mode. But if the signal, for one reason or another, is larger or smaller than the reference, the nerve signal, with the amplitude of the difference between the reference and the incoming signal, enters the corresponding area of the cerebral cortex. In this case, there is a change in both the structure and the amplitude of the control signals. And this will happen until the system returns to its optimal state.

If a change in the work of an organ has caused the pathogen to affect it, then an immune protective reaction is activated. When the activity of the immune system is not able to significantly affect the development of infection, and if this pathology does not lead to a very rapid death of the organism as a whole, the following changes occur in the mechanism described above:

- a) the brain accepts this state of functioning of an organ of the body as a new norm, and already all the systems of the body are rebuilt in such a way as to keep this new norm in a stable state, the main thing is that it does not get even worse.
- **b)** from this moment on, the body does not react in any way to such a state of the organ, which is not quite optimal for it. And only when the infection tries to seize a new "foothold" for itself, everything turns on again and everything repeats. The disease goes into a **chronic phase** with periods of activation...

## And now about medicines.

The principle of action of almost all medicines, without exception, is based on the fact that these poisons have a depressing effect on any living organism, both on the causative agent of the disease and on the human body itself.

It is assumed that such poisons, quickly killing the pathogens of the disease, will only slightly damage the body, which, moreover, will be able to return to normal very quickly. However, unfortunately, the infection, in order to survive, adapts very quickly to these poisons and does not react to them in any way.

#### What does modern medicine do in such a situation?!

And in such a situation, they simply begin to increase the strength of the poison and its concentration. And as soon as the concentration of medicinal poisons becomes more permissible, the body is no longer able to neutralize their effect on its organs and systems, drug poisoning and destruction of the body will begin. At the same time, as can be seen from the principle of action of drugs, they in no way affect the mechanisms of brain control of organs and systems of the body.

Therefore, the era of drug treatment in medicine has come to its logical conclusion. And we must pay tribute to the fact that many diseases, their pathogens have left human organisms forever. Pathogens that could not adapt to unfavorable conditions died, but, unfortunately, new ones came instead. The rest, who were able to adapt, continue to actively develop in human organisms, often causing irreversible changes.

Doctor Sally Davies reported that bacteria are becoming resistant to most modern medicines, while **there are no new antibiotics**. During a speech to her country's parliamentary commission, Davis expressed her concerns about the scale of the problem. Now, in the near future, according to the doctor, even the simplest surgical operations can pose a threat to the lives of patients. Bacterial strains in the process of natural selection develop mechanisms of resistance to new drugs, and, as Davis warns, sooner or later this will lead to the fact that **all antibiotics will cease to work**. In her opinion, the threat of a return to the "pre-antibiotic era" is as terrible for humanity as terrorism and other global threats.

Restrictions on the use of antibiotics have been introduced in England. Thus, English doctors are prohibited from prescribing these drugs for runny nose, cough, acute respiratory infections, as well as mild forms of gastrointestinal disorders. In case of an urgent need for antimicrobial drugs, their administration in minimal doses is allowed, and the course of treatment should last no more than 3-4 days, unlike the earlier antibiotic treatment for 7 days.

The World Health Organization says that if serious measures are not taken, the era of antibiotics may come to an end.

Professor Hugh Pennington from the University of Aberdeen stresses that **drug** resistance has become a "very, very serious problem."

Studies conducted by scientists at Harvard University Medical School have shown that about **20% of hospitalized patients take doctor-prescribed drugs to their own detriment**.

Ten times more people die from side effects caused by taking medications than from surgical errors.

Medicine is intensively searching for methods of fighting diseases, such that are really able to help a person.

## Russia has developed an effective method of fighting diseases.

- "SvetL" healing programs, in which a carefully thought-out methodology and an accurate implementation process not only suppresses the causative agent of the disease, but also restores the normal functioning of an organ or system of the body as a whole.

The "SvetL" program, while maintaining the normal protective psi-field of the human body, **negatively affects any infection** and creates very unfavorable conditions for the development of most living organisms, i.e., **prevents the penetration of viruses and infections into the body**.

The possibility for the active development of infection in the human body appears only when the level of psi-protection of the body decreases to an acceptable level for this type of infection. Only after that, the infection begins to develop in the body, seizing a "springboard"...

The main reason for the boom of viral diseases is a decrease in the activity of the protective properties of the body to a level where the virus can be coordinated with the body, and favorable conditions for its development arise. Let's not forget about vaccinations (infection of the body with a virus), the consequences of which, in general, do not manifest themselves immediately, but after a certain time, while the brain keeps the situation within certain limits of control. Therefore, parents do not see a connection between their child's vaccination and his disease. It is only in a weakened body, that the manifestation of the virus occurs in a short time. Doctors just operate with these statistics and conceal the true consequences of their so-called "care" for people.

To prevent this from happening, the "SvetL" complex maintains the level of the body's psi defense that does not allow viruses and infections to enter.

If a virus or infection is already present in your body, the "SvetL" complex successfully helps the body to get rid of not only of viruses and infections, but also of the toxins they released. There is also a cleansing of infected organs, blood, bone and spinal cord, etc...

There are no difficult or invisible areas of the body for the "SvetL" complex, as it works on two levels at once.

At the physical level - the splitting and removal of damaged cells from the body and the formation of healthy ones, and at other levels, increasing the human psi-field, which suppresses and prevents the reproduction of viruses and infections.

## The nature of environmental diseases is very simple.

As a result of poisoning of the ecological environment due to human activity, large doses of poisons have accumulated in water, earth and air, which with water, food and breathing enter the human body, causing poisoning with all the consequences that follow from this.

## Diseases caused by severe emotional stress.

The destruction of healthy cell structures on the astral, mental planes can also occur during strong emotional stresses, most often negative ones, when the filling of the astral body with energy flows exceeds the permissible critical load level of the astral body. The structures of the astral body begin to collapse first of all in the weakest places, which ultimately leads to the appearance of cancer cells.

Further, hormones that stimulate the processes of splitting substances into the forms of matter that form them can also be the causes of the energetic destruction of the structures of the body's cells. This happens especially often with sudden changes in the concentration of hormones in human organs, which leads to the destruction of normal cellular structures of these organs and the development of cancer...

The cause of cancer is the destruction of the normal structures of the body's cells at the level of the essence and the loss of the "cell - Brain" connection. Therefore, no matter how many times a cancerous tumor is removed, after a maximum of five years (when there is a regular replacement of cells of the affected organs), this tumor resumes again...

Such introductions most often occur from the astral plane, therefore, cells with different levels of development of their astral bodies are destroyed to a greater extent. Most cells with an etheric structure are renewed every five years, which determines the cyclicity of the appearance of cancer. Only by restoring all cell levels to the normal structure characteristic of this type of cell, is it possible to prevent new cancerous tumors in humans.

In the next publication, we will look at the similarities and differences between the "SvetL" complex and the "SvetL" bracelets.

Why, in certain cases and diseases, should the "SvetL" complex be used, and not the "SvetL" bracelet.

# RNTO

To be continued...