

Salvation of the Saviors (series 82-369)

Project 369 – Physics of the cell, physics of the brain, and physics of energies – there is no other path...

*We will conquer old age when,
we stop searching for immortality
outside ourselves and turn our gaze inward — into the cell,
into the brain, into energy. Where the source of life is hidden,
the secret of its prolongation is also hidden.
Everything else is just —
an illusion of science, which has forgotten that Humanity
does not begin with a formula, rather with Understanding.*

For centuries, humanity has searched for answers outside itself — in the expanse of the stars, in particle accelerators, in the diagrams of celestial mechanics, and in the alchemical models of the microcosm. We traced the trajectories of planets, invented exotic forms of matter, and complicated mathematical constructs, hoping to grasp concrete essence through abstract numbers. Yet the truth all along has remained **WITHIN US** — in the very fabric of the living, in the pulse of the cell, in the silent “light” of the brain, in the currents of energy flowing through our consciousness. For without understanding the Human Being, it is impossible to understand the World. Modern science proudly manipulates energies **WITHOUT KNOWING** their essence. It launches rockets yet cannot stop aging. It splits atomic nuclei yet is **INCAPABLE** of healing consciousness. All because it has lost its center of gravity — the Physics of Life, the Physics of the Human Being. The idea of the cell as a quantum generator, the idea of the brain as an energy-informational node — for science, this is heresy. Yet it is precisely there, in the depths of our living design, that the key to everything lies: to immortality, to restoration, to victory over death.

To break out of the closed circle of aging and destruction, Humanity must make a turn: from the cosmos to the organism, from theories to inner experience, from formulas to Understanding. A **REAL DISCOVERY** is not a new element in a table, rather it is a new dimension in the perception of what we ourselves are. To overcome old age and conquer death, we must first understand the Physics of the Human cell, the Physics of the Human Brain, and the Physics of energies. This is not a poetic slogan, on the contrary, it is a **VECTOR OF EVOLUTION**. Not fiction, rather the foundation of a new stage of development. There is no other path.

When we send our children to universities, we imagine they are entering a realm of knowledge — a place where the mind spreads its wings, where thinking gains its foothold in truth, where science becomes an instrument for Human development. However, **MORE OFTEN** the opposite happens: a young mind encounters not truth, rather its phantom — an academic model of the world in which every formula is nothing more than an agreement, and every law is a substitution dressed in the robes of

authority. If our Universe truly followed the laws written in modern physics textbooks, its existence would be impossible. No stars, no planets, no human beings — only an instant collapse into nothingness. This is not a poetic metaphor, rather a mathematically **CALCULATED PARADOX**. Basic logic shows that many “scientific truths” survive in the human mind only because of symbolic tricks — like that very “minus” in Newton’s formula, without which the apple would not fall but fly away. This minus, derived not from nature rather from an **INVENTED SYMMETRY**, became a talisman protecting an absurd model of the world. Physicists claim that this minus “works” — that it makes the model consistent. However, this is precisely **THE LIE** elevated to a system: for a theory to survive, it does not need to be true — it only needs to be self-consistent. And here lies the root of the illness whose name is the aging of science. And behind it — the aging of the mind, the aging of thought, the aging of life.

We live in a civilization where even **LIES ARE REWARDED** with prizes. Where young people are encouraged to create theories that have no connection with reality, as long as they fit into a convenient matrix of dogma. String theory, multidimensionality, and cosmological fictions are not new horizons, rather **ILLUSORY MIRAGES** that devour resources. Replacing reality with abstract mathematics destroys



not only science — it destroys the field of life, leads to degradation of perception and disintegration at the level of the very fabric of space. When a lie enters the equation, it **DOES NOT REMAIN** an abstraction, it penetrates into cells, into genes, into perception. A false picture of the world forms a false body, prone to decay. Thus, every **UNRELIABLE LAW** of nature presented as truth is a step toward aging and death. Conversely, purifying science and returning to an authentic picture of the world, where the field is primary, where consciousness structures matter rather than the other way around — is the **TRUE PATH** to stopping aging. The overcoming of old age begins with the overcoming of scientific falsehood.

The idea that the Universe was born as a result of some “big bang” has long been imposed on humanity as absolute truth. It is a child of the 20th century, conceived in the laboratories of theoretical physics, yet not confirmed by any coherent logic of existence. This hypothesis, **VIGOROUSLY PROMOTED** by authorities such as the well-known cosmologist V.A. Rubakov, gradually turned into a dogma. However, its essence is emptiness disguised as grandeur. It is as illusory as the alchemical dream of gold extracted from dust. Modern calculations, if examined without the blinders of dogma, **DO NOT CONFIRM** the possibility of the universe being born from an explosion. A universe filled with the finest harmonies **CANNOT** be the product of a catastrophe. And yet, those who continue to propagate the explosion theory in the 21st century become participants in a great scientific deception. They are not the old alchemists, rather a new caste of priests turning the unknown into the manipulable.

Pseudoscience is **NOT ONLY** a mistake; it is a form of ontological violence. Its magic lies in equations where a curve becomes a straight line if one “considers a sphere as a plane.” This is not physics, it is linguistic sorcery, in which essences vanish into zeros, and space is distorted into

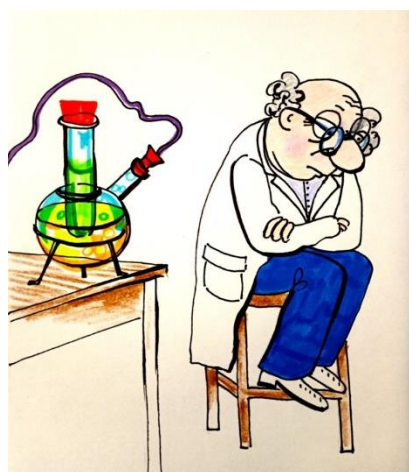
abstraction, losing its connection to living perception. Illusion replaces measure. The model replaces being. This is how the **DEATH OF MEANING** is born — not molecular, rather conceptual.

If space curves, then why does it continue to behave as three-dimensional? If the Moon stays in orbit only thanks to a minus sign inserted into the equation, then is this minus not a scientific detail rather a deus ex machina saving the theory from collapse? This is not science — this is a ritual. Experiments like tearing a cockroach's leg off and then whistling at it become a metaphor for modern **RESEARCH CULTURE**: a painful and senseless action presented as a discovery. When the cockroach stops reacting, they conclude: it has gone deaf. Though perhaps what was taken from it was not hearing, it was stability. Yet physics remains silent. **RESULTS ARE ENOUGH FOR IT**. The so-called "theory of relativity," crowned with the halo of intellectualism, is in essence a system of delicate agreements built on uncertainties and assumptions. Where the curvature of time is an assumption, not a fact. Where space is a model, not a manifestation of a field. Where the human being is a forgotten variable. Yet it is precisely here that the boundary lies: between a mind striving for truth and an intellect draped in diplomas. Between the youth of discovery and the old age of knowledge. True science is not in reducing the world to three variables. It is in the **ABILITY TO HEAR** the field. To understand space. And to feel where the lie begins in the equation. To defeat old age means to free oneself from worn-out models, from paradigms in which truth is sacrificed to a formula. Where science **DOES NOT SEEK** truth, it serves death. However, we are born to defeat it.

Modern physics increasingly resembles a theater where the actors have forgotten they are playing roles, and the spectators have forgotten they are watching a performance. A world of continua,¹ where lard with nails is presented as a metaphor for higher interactions, and sewage with a budget is presented as a structural element of the universe, has become the norm in laboratories where truth has **LONG BEEN REPLACED** by symbol, and understanding — by manipulation. Physics has turned into the art of composing beautiful abstractions. And the farther a formula drifts from reality, the greater its chances of winning a prize. "A plane has volume," "a straight line is made of nothings," "energy is released when a nail slides across lard"... — not jokes, rather representations of real methodological chaos. And if such statements still make someone smile, it is worth remembering: it is **ON SUCH** constructions that today's textbooks are built, the very ones used to "educate" the next generation of "scientists."

And what is physics — in its essence? Has it not become a pseudoscience if it allows the real to be replaced by the imaginary, and permits the introduction of the fundamental into the applied as metaphor and justification? Where philosophy speaks of ultimate foundations, physics **NOW ARGUES** about "Einstein's dialectic" and "Bohr's dialectic" — as though the invention of mathematical schemes could be called a new way of thinking. Yet where there is dialectic, there must be becoming. And here — **ONLY DECAY**.

The distinction between a mathematical mirage and empirical reality is being erased. Fundamental theories, originally intended to reflect the structure of Nature, are being mixed with



¹ **Continuum** (from Latin continuum — continuous, unbroken) is a term that refers to a continuous set or a solid whole of elements that contain no gaps.

utilitarian and narrow technical methods. Everything becomes a theory. Everything becomes science. The distinction between a mathematical mirage and empirical reality is being erased. Fundamental theories, originally intended to reflect the structure of Nature, are being mixed with utilitarian and narrow technical methods. Everything becomes a theory. Everything becomes science. Everything becomes truth. And in this leveling **MEANING PERISHES**. In one physics course they say: absolute motion does not exist — we have not detected the ether. Yet in the next paragraph, the speed of motion appears as an objective reality. Energy is the measure of matter's motion. **RELATIVE TO WHAT?** Is unknown. The laws of inertia state: a body under balanced forces moves in a straight line and uniformly. Yet why do planets — whose forces are balanced — move along curves and unevenly? There are countless paradoxes. Energy is considered both positive and negative depending on interpretation, though a scalar **CANNOT** be negative by nature. Kinetic and potential energies add up to zero, and from this they conclude that a body freely flies through the Universe. And in the micro-world — electrons-waves, photons-particles that fly around nuclei, jump between orbits, emit something called “energy,” all described by a model in which space is empty, **YET EVERYTHING** exists within it. This is not physics. This is pseudo-magic dressed in mathematical ornamentation.

When the foundation of science loses its connection to reality, and thinking loses its connection to ontology,² consciousness begins to age. The boundary between concept and image, between field and form, becomes blurred. And as a consequence — culture ages, society ages, the human being ages. Because old age is not a matter of years. It is the **LOSS OF MEANING**. And therefore, the victory over old age begins with a return to truth, to Science as discernment, to Physics as a way of sensing being, to Nature as a governed system rather than an accidental stage.

Max Planck once said: *“Physicists drew the correct conclusions, yet at the same time did not understand the physical reality behind them.”* This phrase, like a testament, **REMAINS UNHEARD** to this day. For modern physics is no longer the study of nature, rather it is an expedition into abstract spaces of matrices, into the fog of operators and wave functions detached from concrete being. Theorists long ago abandoned reality in favor of formal constructions, replacing the objective model with a mathematical scheme and calling it a theory. In doing so, they began to age — not in years, rather in mind. Physics ceased to be a science of nature the moment it became applied mathematics. Problem-solving **DISPLACED THE UNDERSTANDING** of phenomena. The paradox is that devices built on this basis truly do work: electrical engineering advances, computers improve, power stations generate energy. Yet the very foundation of this world — gravity, time, energy as a field substance — **REMAIN INACCESSIBLE**. The scientific might of modern civilization cannot launch a body into space without burning fuel. This is not progress; it is a sign of theoretical impotence. In the 21st century, despite all our achievements, we cannot escape the paradigm of combustion. We are subordinate to chemistry. Where is our gravitational energy? Where is our gravitational energy? Where is the source that permeates the entire Universe and is accessible at every point in space? It does not exist — not because it is impossible, but because there is no theoretical basis for it. We **HAVE NOT BEEN ABLE** to conceive it. The cause lies in the degradation of thinking — and in the airtight dependence on economic doctrines, where the slogan “Gas and oil are our national treasure” becomes not merely an ideological cliché, rather an anti-system **BLOCKADE OF DEVELOPMENT**. Where we could extract energy from the field — we are forced to drill the earth.

² **Ontology** — a branch of philosophy that studies being; in informatics, it is a method of formalizing knowledge about a specific domain.

We have lost our point of orientation: physics is no longer about nature, rather it is about solving problems within a false picture. Theorists argue about methods of measuring time, play with hourglasses, construct clocks inside curved spaces — yet cannot explain **WHAT TIME IS** as an essence. It continues to flow, old age arrives, death awaits — and we call all of this “natural” only because we are incapable of imagining otherwise. However, here is the boundary. We either continue playing with equations and aging, or we return to science its true object: the Human Being, the Field, the Mind, Space as a system rather than an abstraction. **ONLY THIS WAY** is an exit possible. Only this way is Victory possible, victory over theoretical paralysis, over the aging of civilization, over death as the consequence of false knowledge.

When the state finances higher education, it invests in the future — in preparing those **WHO WILL LEAD** humanity forward. However, what happens if these investments go toward cultivating delusion? Buildings are heated, professors receive salaries, students sit at brand-new desks — yet the output is zero. Or worse — negative. Young minds are filled **NOT WITH TRUTH**, rather with smoke: myths, theories without grounding, constructions without subject matter. If a student is forced to learn nonsense — can he generate knowledge? When education is built on absurdity, the result is **NOT UNDERSTANDING**, it is helplessness, not thinking, rather memorization. Innovation is impossible in such a system, because the thought that is taught to be afraid of doubt is already affected by old age. We no longer teach that the Earth stands on three whales. Yet we teach that space curves within itself, that an explosion can produce order, that gravity is the bending of geometry and not a force. We no longer teach the myths of antiquity — we **CREATE NEW MYTHS** under the guise of Western science. Why not admit that the “stellar factor” controlling tides and comets is no better than the “Higgs field” or “dark energy”? Some are unconfirmed because they do not exist. Others — because they **CANNOT BE IMAGINED**. No matter how many pluses and minuses we arrange — as long as the furnace runs on wood instead of gravity, we remain at the level of an 11th-century baker, even if wearing a doctoral degree.



Not a single person in history **HAS BUILT** the Universe on a proven law of gravitation. We know that attraction exists, yet we do not know what it is. We see the Moon’s motion yet cannot explain it without falling into contradiction. Everything rests on “as if,” on postulates, on assumptions, not on knowledge. And therefore, no anti-gravitational systems have been created, because physicists continue teaching what they themselves do not understand — and thus are **UNABLE** to discover anything new. Why explore gravitation if one can simply calculate an orbit? Why understand the field if there is a formula? Yet a formula does not give meaning — it gives convenience. And convenience ages. Thus emerges a civilization whose minds have lost

orientation in elementary things: where a force is sometimes negative, sometimes positive; where pantyhose should theoretically fly apart yet are held together by **INTERNAL ATTRACTION**, which

supposedly does not operate in stellar systems; where the Moon exists yet should not exist; where mind exists yet no Mind is expected from it.

Sending a child to a physics university, a baker of the 21st century risks not that his son will become a scientist, rather that he will stop thinking. He will stop discerning. He will stop feeling that field, space, and attraction are not abstractions, rather the living fabric of the world. Thus, imperceptibly, old age arrives. First — in thought, then — in science, then — in the body, and after that, death. And only the rejection of **FALSE TEACHINGS**, the restoration of subject matter, the reunification of science with truth rather than with grants, can return youth to the mind — and therefore to the Human Being. To conquer death means first to conquer falsehood. To conquer old age means to **RETURN MEANING TO KNOWLEDGE**.

The twenty-first century is marked not only by technological progress, but also by a return to forms of thinking worthy of medieval scholastics. People who believe in a flat Earth and those who construct theories claiming universality while **NOT NOTICING** the absence of foundations stand outside the orbit of Reason. Their consciousness is broken, like a satellite deprived of its gravitational center. Their mind, like an instrument pointed inside the skull, can detect the back of the head yet cannot grasp the direction of forward movement. A rational theory is impossible until the body of knowledge returns to its proper orbit — into the field of truth, reality, and responsibility. Humanity faces a paradox: the energy capable of solving **ALL ITS NEEDS** — eco-friendly, powerful, inexhaustible — already exists, yet is not recognized. Available, yet not activated. Why? Because inquiry has been replaced by the game of theories. The game has been **REPLACED BY THE TRUTH**. Theoretical eclecticism has become fashionable. Instead of science — a collage. Instead of experiment — quotations. And now budgets are combined with sewage in a single continuum, and color temperature is discussed on par with the smell of wet asphalt. Terms, meanings, and contexts are mixed together, and all of this is presented as scientific thinking.

We are persuaded to believe in the reality of spectra composed of lard, compote, nails, and honey. These images become caricatures of physics, of space, of the **VERY IDEA** of a spectrum. And when hammering nails into a wall is declared an act of space-curving with energy release, science disappears, giving way to postmodernist madness. A lie dressed in the attire of science is swallowed without salt and without analysis. And soon the entire **SCIENTIFIC SYSTEM** becomes not a system rather a theater — where the scenery carries the names of formulas, and the actors quote Einstein without understanding what he actually said. The pseudo-scientific continuum is not simply the result of incompetence. It is a form of the aging of Reason. A mind poisoned by falsehood loses the ability to distinguish the real from the invented. It can no longer tell an object from a term, a force from an equation, a field from a metaphor. This is old age: not biological, rather structural, semantic. An old age in which laws are forgotten, yet formulas are remembered. An old age in which the word “energy” means anything **EXCEPT ENERGY**.

To defeat death, one must first defeat old age. And to defeat old age, the Mind must regain its **ABILITY TO DISTINGUISH**. Sewage and budgets are not a spectrum. Nails and compote are not a physical model. Space is not lard, and a continuum is not born from playing with metaphors. Victory will come when truth returns to science — when physics once again becomes the art of explaining nature, rather than composing theatrical performances.

There was a time when people believed the Earth was flat and that the human being was the center of the universe. We have already passed through these illusions. However, have we truly left them behind? The globe, once a symbol of a new view of the cosmos, **HAS BECOME TODAY** a museum

exhibit. And once again we hear voices: if the Earth were round, the water would flow off, and people would fall from its surface. Centuries pass — and we are back to square one. Orbits, the curved loops of planets, space treated as a fantastical abstraction — modern physics **INCREASINGLY** resembles botany, where the plants of theory bloom without roots. Yes, we see progress. We have learned to measure time with sand, to read the impulses of microchips, to split atoms, to process images of black holes. We are **CERTAIN** that the theory behind irons, air conditioners, and televisions has proven its effectiveness. Electrical engineering — the crown of applied intelligence. But then why, in the age of nanotechnology and artificial intelligence, do we still launch rockets by burning chemical fuel, like primitive people



throwing a fiery spear into the sky? Because in one of the **MOST IMPORTANT** areas — gravity — we remain at the level of myths. We do not know what this force is. We **DO NOT KNOW** how to use it. Although it permeates the entire Universe, free and omnipresent, we have not even begun to build gravitational stations. Why? Because we do **NOT HAVE A QUALITY** theoretical foundation. We are surrounded by countless people who call themselves specialists yet cannot offer models grounded in reality. Each year the state allocates enormous funds for training new generations of physicists — heating, equipment, salaries, subsidies, laboratories, grants. And what do we get? Theories that do not work. Courses containing more fantasy than logic. Students are **FORCED TO STUDY** fragments of falsehood, and these fragments become the foundation of their future scientific thinking. Can we expect a breakthrough when thinking is built on absurdity from the very beginning? No. We cannot. And just as one cannot build an anti-gravity engine using old fairy tales about “gravitation,” one cannot defeat old age using false physics. For both aging and attraction are forms of energy. And until we understand how energy works — how it is controlled, transmitted, stored — we will remain stuck in place. Immortality is impossible within the paradigm of falsehood. Victory is impossible within a system of errors. Therefore, the task is **NOT SIMPLY** to rewrite textbooks. The task is to go beyond the limits of old thinking. To overcome old age means to overcome old science. To defeat death means to restore science as a path to Truth — not as a cult of quoting authorities. Only then can we return to the human being a real power — not metaphorical, but genuine, transformative, and **LIFE-EXTENDING**.

Why not finally reconsider the entire educational framework — not for the masses, rather for the few who are capable of breaking through the veil of illusions? True progress begins not with memorizing the outdated, rather with **RADICAL RECONCEPTUALIZATION**. Truly meaningful education is not in reproducing dogma — rather in discovering patterns that have not yet been described. The Middle Ages were called an era of darkness. However, if we continue teaching children based on the same false concepts — have we truly left that era?

Understanding what is wrong **DOES NOT LEAD** to insight — it leads to stagnation. The East preserves ancient myths; the West develops theories in the form of fashionable constructs without testing them against reality. Both avoid the main thing: the truth about Nature. Under the constellation of Cameroon still live great astronomers who are convinced the Earth is flat. This is a metaphor for all modern science: opinions have replaced knowledge, and repetition has become **MORE IMPORTANT THAN DOUBT**. Even where a hint of discovery appears on the horizon — for example, the idea of a new

gravitational factor connected to the distribution of negative values and tidal effects — these grains of truth drown in a sea of absurdity. Theorists continue to invent new distortions, not realizing that their methodology is defective from the beginning. In the entire history of civilization, **NOT A SINGLE** planetary system has been constructed that genuinely relies on the known forces. All calculations, all theories — are **ONLY SIMULATION**. Can one imagine the Moon hanging in the sky without attraction? No. Can one allow planetary motion without a force holding them in balance? Also no. Yet has anyone proven this mathematically within a coherent, physically concrete model? No. Neither calculations nor experiments exist. Only multivolume textbooks containing **MORE RHETORIC** than observation. None of this reaches the students' field of view. The system is designed so that questions are not born. Young people are taught not to understand, rather to repeat. Otherwise, the authority of academies will collapse, and the academicians raised in the old paradigm will vanish. But the Great Truth does not come through recognition — **IT AWAKENS** in a crisis. And when you realize that prestigious universities teach science fiction under the guise of physics — you begin to wake up. And awakening is always the first step toward Victory. Victory over falsehood. Victory over old age. Victory over death.

A physics university today is a place where a baker sends his son not to understand the world, but so that he does **NOT BECOME** a baker. Yet more often the opposite happens: the young man returns



home with a professionally deformed consciousness in which physics has been reduced to a set of symbolic rituals and reality replaced by abstractions. We learned to control electricity because we found the correct balance of pluses and minuses — and for this reason we no longer need to heat stoves with firewood. However, gravity we have **NOT UNDERSTOOD**, because the distribution of minuses underlying it has remained outside of comprehension. Electricity became a reality; gravity remained a mystery. For electricity, the mind sufficed; for gravity — the mind was not enough. The brain of the modern theoretical school is fragmented: it understands positive force yet **DOES NOT UNDERSTAND** the negative; it distinguishes charge yet does not distinguish field; it knows the formula yet not the phenomenon. Half of physical laws ended up distorted simply because someone once placed a minus

sign incorrectly. And now students of the 21st century **BELIEVE THAT** curved space allows you to see the back of your own head with a device, as if in a funhouse mirror. Faith replaced analysis. Theory replaced reality. Science became the art of inventing exotic explanations with no grounding in nature. The baker's son returns from the university bringing home a theory of "universal applicability" — another ornament in the showcase of pseudo-science. It has no orbits because it has **NO UNDERSTANDING** of orbital. In it, the flat Earth winks again from the depths of the Middle Ages. What hinders his development? Worldview — the foundation shaped not by truth rather by textbooks. He was told that matter progresses from solid to gaseous (***Solid → liquid → gas → unorganized plasma***), as if plasma **WERE MERELY** heated gas rather than an independent form of organized reality. He was taught that atomic structure can be discovered by smashing matter in accelerators — as though one could reconstruct a symphony orchestra by blowing up the pit with a bomb and then collecting the musicians from fragments. This is what "great science" does today: destroying in order to guess the structure. However, there is **ANOTHER POINT OF VIEW** — another sequence: ***strictly organized plasma → material structures (solid, liquid, gaseous)***. Matter is not the foundation rather the derivative. The atom is not

the beginning rather the manifestation. The field is not an effect rather the primary reality. No one told him that atomic structures can be understood only in the higher octaves of plasma, where energy and form are still one. **NO ONE TOLD HIM** that gravitational energy is not an abstraction, it is a real, accessible source of immense potential — clean, nearly infinite, free, and already present at every point in space — surpassing chemical, electrical, and even nuclear energy. We possess this energy now. We live inside its field. It is open before us. However, we **CANNOT** use it because our thinking is old. Because physics has become the mechanics of illusions. Because the world is explained by people who **DO NOT UNDERSTAND** the difference between plasma and flame. Victory over old age is impossible without victory over the aging of science. Victory over death is impossible without mastering the energy that brings us closer to immortality. Gravity is the key — ancient, simple, hidden from those who seek it in debris instead of fields. And this key is already in our hands — we need only to **LEARN TO SEE**, not to repeat.

A world in which old age is considered inevitable is a world that has submitted to an illusion. We accepted the limitations of the body as laws of nature, yet perhaps those very laws were only reflections of a **BROKEN UNDERSTANDING** of Nature itself. We educated generations on theories untested by reality, and entrusted the fate of civilization to those very generations. Under the banner of scientific rigor, dogmas were cultivated that replaced living inquiry and living thought. If physics is the language of the Universe, then our task — is to **LEARN TO HEAR** it without distortion, not formulas for the sake of formulas, not models for the sake of grants, rather an Understanding that penetrates matter to its deepest foundations. We do not seek eternal life in the chemistry of cells — we seek it in the unveiling of the true laws of the Universe, in that unexplored depth where the energy of time, space, and life is a **SINGLE FIELD** whose mastery not only abolishes old age, it rewrites the very concept of death.

To overcome old age and defeat death, we must **FIRST OF ALL UNDERSTAND: the Physics of the human cell, the Physics of the Human Brain, and the Physics of energies**. This is not merely a medical task — it is the consequence of breaking away from an outdated worldview. What we call death may turn out to be nothing more than a dead end of theoretical inertia. Our era requires not new instruments, rather **NEW THINKING**. Liberation from old age is not only a physiological process — it is also philosophical and scientific, and it begins with how we understand the very matter of life. Therefore, the task of the new generation is not simply to reject the myths of old science, rather to build, upon the ruins of dogma, a **NEW STRUCTURE** of knowledge. A science that will renounce falsification and distortion, and will gain the courage to acknowledge its errors, can become the bridge that connects the human mind with the program of the Mind of the Universe itself. And thus — with immortality. To defeat old age is not a revolution in biology. It is the return of Reason to the very essence of science.



To be continued

F. Shkrudnev

18 November 2025