

Salvation of the Saviors (54-series 369) Project 369 - Start...

The voice of time calls out to Man:

*"Go forward!" Time wants him to move forward and improve;
it wants more human dignity for him, more happiness, a better life;
it wants him to advance towards the goal that it knows and sees,
which was set when time started and man began...*

Dream + Method = Idea. Dream – Method = fantasy. I have a dream. However, if I simply indulge in it while lying on a couch, with **NO INTENTION** of realizing it — then it is nothing but empty fantasy. Thomas More outlined his vision of an ideal society in his novel Utopia, without saying a single word about how he intended to build such a society. This means that More presented **NOT** an **IDEA**, rather a fantasy, no different from the idle dreams of Manilov.¹ He may have imagined improvements, yet, all of it remained nothing more than empty words and sweet dreams that never brought to life.



Over the past few years, all I've been doing is searching for a way to embody my dream in reality. I develop concepts, strategies, and tactics; make plans, and seek out resources and opportunities. When conceptual errors are discovered, I start all over again. **I KNOW** what I want, and **I AM LOOKING FOR A WAY**. My dream of **OVERCOMING DEATH is an idea, not a fantasy.**

I AM NOT THE FIRST to propose the idea of overcoming death. **This idea has existed for as long as humanity itself.** That said, I propose a new approach. Why is it that we still have **NOT**

SUCCEEDED in overcoming death? Why do we make progress in other fields, yet the questions of aging and death remain unanswered? We live in the 21st century, yet we age and die just as our ancestors did thousands of years ago.

To identify the cause, I'll start from afar... Let's begin with the idea that the computer world is analogous to our world — both are made up of fundamental building blocks. In the computer realm, these building blocks are pixels. Not a single pixel **MOVES** of its own accord, all are governed by a program. In the material world, their role is played by elementary particles. Not a single particle in the Universe **MOVES** of its own free will, all are subject to a "Program" within the framework of the Old or New Control System, which we, due to our lack of understanding, simply refer to as the laws of physics.

¹ Manilov — a character from the poem "Dead Souls" by Nicolai Vasilyevich Gogol.

The creator of reality (whether computer or material) possesses maximum knowledge about their creation, and therefore, maximum capabilities. They are omnipotent within the world they created, because they created it and know **ALL THE INFORMATION** about it. They know that a door in a computer game opens with a leaf from a nearby tree, because they themselves programmed it that way. However, if **YOU ARE NOT** the creator of that reality, then no logic will help you deduce that a leaf opens the door. You can discover this only **THROUGH EXPERIENCE**, using the method of scientific "trial and error". The more actively you experiment, the **HIGHER THE PROBABILITY** you'll find a way to open doors within that reality.



We live in a world that was **NOT** created by **US**. I do not claim that it was created by someone, nor do I claim that it exists forever. I am only claiming that man **IS NOT** the creator of the world. Which means, in order to gain knowledge about it, we have only one path: **TO CONDUCT EXPERIMENTS**.

At first, exploratory activity leads to the discovery of isolated facts that seem unrelated. Gradually, with the accumulation of more information, patterns begin to emerge, correlations are established, and a **SYSTEM OF KNOWLEDGE** begins to form. This knowledge becomes scientific, acquiring predictive power, which allows us to expand the boundaries of our five senses and to know what was previously inaccessible to observation. One such discovery "at the tip of the pen" was Maxwell's calculation of a force that at the time was impossible to detect. Fifteen years after his death, the existence of this third force was **EXPERIMENTALLY CONFIRMED**, and today it is known as radio waves.

The knowledge-thirsty segment of humanity has always sought to expand its understanding. The new is always knowledge. According to Kapitsa's statement, scientific inquiry lies in the realm of the unknown. Technologies, on the other hand, represent what is already known to us. The frontier of the new is always far **BEYOND THE BOUNDARIES** of the familiar. Since most people fear the unknown, they are essentially forbidden from crossing into unknown. The genetic roots of this fear reach deep into antiquity. Those who tried to investigate the rustling in the bushes, without determining whether it was the noise leaves in the wind or the steps of a tiger, were eliminated by evolution. Only those who instinctively fled from the unknown survived. The norm, therefore, for the average law-abiding citizen.

An innovator is always an anomaly, and even more so in our time. Throughout history, scientists who broke the ethical, moral, and societal taboos of their era were persecuted. In the slave-owning world, those who violated the taboo against physical labor were driven out. In the feudal world, those who dared to think freely were condemned. And in today's world, persecution comes for violating taboos around thought itself, and for conducting experiments on humans or highly developed animals.

The driving force behind these persecutions is always **MILITANT IGNORANCE**. For such ignorance, truth is what is familiar, and falsehood is what is unfamiliar. The new is always unfamiliar, and therefore, it **ALWAYS PROVOKES FEAR**. The general public always sees the new as a lie and as a deviation from the "true path."

In ancient times, before the arrival of enlightenment, experiments that did not conform to established norms were condemned as sinful, demonic, and offensive to the feelings of the faithful. This was because humans were considered the **SACRED PROPERTY OF GOD** (hence the term "God's servant"), and dissection of corpses was strictly forbidden. Those who engaged in cutting open the dead were seen as a threat to humanity, as godless, impure, and servants of the devil. If anatomists were caught in the act, they were regarded as **SERVANTS OF SATAN**. Their laboratories were destroyed, and the innovators themselves, along with all their notes, were burned at the stake.

Fanaticism, in its essence, **ALWAYS HAS** a religious guise and expresses itself through rigidity, intolerance, and concealment beneath favorable-sounding words. This obstacle to the pursuit of knowledge constantly changes its form, but it never **DISAPPEARS**. Scientists who conduct experiments outside the traditional boundaries of bioethics face public condemnation, with their work being labeled as horrifying, obscene, or immoral, much like the innovators of the Dark Ages, who were accused of heresy and burned at the stake. Today, bioethics allows the transplantation of a liver from a deceased person, **BUT FORBIDS** the use of a kidney from an executed criminal. You can transplant any organ, but not an entire body. It may be acceptable to sew a severed head back onto its own body, but **NOT ONTO SOMEONE ELSE'S**. The death of a person from a decapitation is considered ethical, yet, transplanting the head onto a different body is unethical. These prohibitions are justified by the uncertainty of **WHO** the person **WOULD** become – with a new body — would it be the same individual or someone else entirely. Since there are no guarantees that it would be the same person, there is a possibility it would be someone different — but no one knows who. In such cases, the default solution becomes: prohibition.

To answer questions about personality, we must first understand **WHAT IS PERSONALITY?** Where is it located? Is it in the brain, or is it distributed throughout the body? For example, could part of it reside in the brain, part in the ENS (enteric nervous system of the gastrointestinal tract, which is the second-largest nerve cluster after the brain), part in the spinal cord, and part in the nerves throughout the body? Or perhaps, the brain is merely a receiving device, and personality, in computer language, existing in the cloud, and only reflected through the brain?

Such questions are philosophical, **NOT MEDICAL**. By sound reasoning, they should be answered by philosophers. Yet, in reality, they are answered by doctors. And what, in that case, distinguishes them from religious scholastics? Both rely in their reasoning not on knowledge, rather, **ON DOGMAS**, allowing themselves, with an utterly unbearable brazenness, to offer *"advice of cosmic scale and cosmic stupidity."*²

All people are like passengers on a sinking ship. The only difference is that they are asleep and **DO NOT SEE** the problem. Instead, they see dreams that will soon come to an end. Others have awakened and realized the situation. Both groups rely on a value system that corresponds to the reality they perceive. For those who are asleep, the concepts of good and evil are defined by the morality of past eras. If an action causes harm but aligns with moral standards, it is considered noble, virtuous, and ethical. If it brings benefit but violates moral norms, it is labeled low, immoral, and unethical.

² M. Bulgakov "Heart of a Dog"

For those who have awakened, the concepts of good and evil are defined in reference to **SALVATION**. Any word or action aimed at that goal is considered moral, ethical, and virtuous — good. Anything that hinders salvation is considered amoral, immoral, and **UNETHICAL**.

There are no problems in the world caused by a lack of money, all problems exist due to a lack of ideas. The shortage of ideas arises from so-called absolute, fundamental, eternal, and self-evident truths. These have shackled the mind and **DO NOT ALLOW** it to go beyond the defined boundaries, whereas the new always lies beyond the boundaries of the known. What exists within the boundaries is, at best, an upgrade of old truths, yet, **NEVER SOMETHING TRULY NEW**.

All global fundamental discoveries concerning the nature of existence and the universe, such as the motion of the Sun around the Earth, the wave-particle duality of matter, quantum theory, or Einstein's physics, were made because their authors **WENT BEYOND THE LIMITS** of basic, "alphabetical" truths. Those whose thinking follows only the established tracks are more like a locomotive-bot than a human being.



A goal that is impossible to achieve cannot be formulated. ***If a goal can be formulated, that means it is achievable.*** What a person cannot achieve, they also **CANNOT** imagine. If we **NOT ONLY** think about overcoming death, but also have a plan, then that means **WE CAN** achieve the goal.

The concepts of good and evil are absolute and eternal only for a bot, as they are written in its program, and it **CANNOT** disobey them. If you believe that your current understanding of good and evil are immutable and eternal truths, then your thinking is bound to Procrustes' bed³, in the form of familiar religious, secular, scientific, and other dogmas, and in that case, we have **NO GROUNDS** for discussion. However, if you are willing to accept that there are no absolute truths, that good and evil are defined by the goal and nothing else, that whatever

contributes to achieving the goal is justified, then we can find a common language and coordinate our actions.

The most important thought for our understanding ***is that a person can gain knowledge in the only way: through experience.*** Whatever one is forbidden to think about or experiment with, it is **IMPOSSIBLE TO GAIN** knowledge about it. ***Experience is the key to the door behind which knowledge is kept. If there is no key, the path to knowledge is closed.***

I wrote this in connection with ***25 March, the Day of Good Deeds and the Day of Cultural Workers,*** to say that I am with you, ***with those who have decided to take part in this experiment*** that **WAS CONCEIVED** within the framework of the idea to **DEFEAT DEATH** and **OVERCOME AGING**. It was

³ **Procrustes' bed** — a standard or framework into which things are forcibly made to fit, regardless of their natural shape or suitability. The expression comes from ancient mythology: Procrustes (Polypemon), son of Neptune, was a bandit and torturer who captured passersby and laid them on his bed, stretching or cutting them to make them fit its size exactly.

conceived as one of the objectives of this idea. **LET'S BEGIN...!** And let's raise a toast (as M. Zhvanetsky once said) – to live long, long and die young!

Only through experience — our shared experience — can we confirm the validity of the idea and achieve real results. This will allow us to apply what is gained in the experiment on a broader scale, and of course, first and foremost among our Comrades. So then — **THE START — TO STOP AGING**, with all the resulting effects on the health and development of the participants' brains. I ask those who, for one reason or another, **WERE NOT AMONG THE** "trailblazers" — please, do not hold any resentment toward me. I am confident that within 3-4 months we will have real results, which will allow us to "open the doors" for all our comrades — and **NOT JUST THEM**.



As part of the same grandiose idea, a **NEW SESSION "369 SvetL -Help"** (First Aid) was created, which is based on many years of experience using the well-known and **WELL-PROVEN Session "First aid 369,"** *which has supported — and continues to support — people in difficult moments*. Soon, everyone will gain access to this new session, along with instructions on how to use it.

This year will be filled with **MONUMENTAL EVENTS** that will undoubtedly transform not only our understanding of what is happening, but **OUR ENTIRE** way of life. Many of you have probably noticed that with the start of this new century, the obvious **PSEUDOSCIENTIFIC NONSENSE** is beginning to vanish — just like morning fog dissipates with the first rays of true knowledge about the programmed origin and development of Man, **WITHOUT PRESERVING** its "eternity" as a theory, even for only one century. Such is the true worth of **THESE BLATANT** "revolutionary" theories, built upon fiction, madness, parasitism, and all-encompassing violence — **NOT ONLY** toward fellow beings but toward all of nature. The ideological fanaticism of the past is a **TEMPORARY INFLAMED** state of individual and social consciousness that excludes or restricts the natural course of the cognitive process, which in any case must be dispelled due to **ITS USELESSNESS** for the future. At this current stage of transformation in the states of reality around us, *beginning from the change in the System of Power (on 24 April 2011)*, I want to remind everyone that it is **NOT THE BRAIN** that comprehends itself (as philosophers of the past also noted this impossibility), to the contrary, it is **WITH THE HELP OF THE BRAIN** we are just **BEGINNING** to become "acquainted" with our re-emerging true Mind and its states. This is an extremely complex path of information-based, conscious reconstruction of all aspects of life and of restoring the **TRUE CONDITIONS** of existence on Earth, specifically, and one that is moving fast and, as many have already noticed, leaves no room anyone to relax. *Against this backdrop of unfolding events, we now begin...*

F. Shkrudnev

25 March 2025