

13. Meeting on 1/12/2008

Opening remarks by Nicolai Viktorovich Levashov



Good day to everyone who came here today. Let me start by wishing you a belated Happy New Year and an upcoming Old New Year — although, as you know, our ancestors celebrated the New Year at a completely different time, but that's another matter. As Nadezhda Yakovlevna said, those who wish to ask questions — please do. I see that some of you have already submitted notes with questions, hopefully after reading the book — or while in the process of doing so. We'll begin with me answering the questions that have already come in, and I'll continue responding as new ones appear. So, let's get started.

QUESTIONS AND ANSWERS

13.1 QUESTION: *Why do you write that the Varangians could slow down time? In the literal sense, this contradicts your teaching — more precisely, your definition of what time is.*

ANSWER: First of all, it wasn't so much the Varangians in general, but only the highest caste, whom our ancestors called *Vityazi* (warrior-knights). They were the ones capable — not of controlling time itself (since time is a conditional unit invented by humans primarily for communication) — but of accelerating and slowing down processes, that's all. There is absolutely no contradiction with my definition. Just consider: a machine can move slower or faster, right? If a machine starts moving more slowly or more quickly, that doesn't mean it ceases to be a machine. That's all there is to it.

In nature, there exists a speed at which processes unfold. If all other processes are flowing, let's say, at the same rate, and someone who has mastered the ability to alter the speed of these processes accelerates themselves, then all other processes appear to slow down in relation to them — they begin to move at a higher speed. In other words, one “machine” starts moving faster than all the others. There is absolutely no contradiction here, nor can there be.

But what I do know is that the *Vityazi* were truly skilled in these techniques, while the so-called *Varangians* and *Cossacks* used them only in critical situations — when it was a matter of life or death. You may have read that when a critical situation arose, the warriors would remove all their armor, strip to the waist, and go into battle bare-chested. One might say, “What fools, taking off their armor!” and so on.

But that's not quite right. They knew very well that when you're facing odds like 100,000 against 2,000–3,000, for example, it's very difficult to win — right? So, in order to achieve victory in such circumstances — or at least to die while inflicting maximum damage on the enemy — they would enter a certain state in which 10–15 years of their life would be burned up in just a few hours. But in doing so, they gained the possibility of winning and walking off the battlefield alive. In any other case, they would have all died anyway.

This ability was only activated in truly critical moments. Otherwise, they used it to perform feats such as rendering a sword ineffective (so that it wouldn't cut) or to accelerate their movements “in time” — again, conditionally speaking — understanding that what was actually happening was an acceleration of the processes around them.

To do this, one must operate not only with their own internal resources, because although human resources are vast, they are still quite limited — especially when speaking on a larger scale. Therefore, only those who had reached the ability to manipulate and control the matter of the surrounding space — that is, dark matter — were capable of channeling it through themselves, transforming and directing it, synthesizing the necessary potential. They used what had accumulated in their organism. In such cases, it happens without harm to the person — the person does not suffer from it.

But only a few ever reached such a level — that's why they were called *Vityazi*. Just a few *Vityazi* could destroy an entire army, and this was real. Remember the epic heroes from folklore, the *bogatyrs*, who would go and defeat everyone in their path — that's not myth, it's actual reality. But unfortunately, there were always only a handful of such individuals, those who had the right genetic capabilities and developed them correctly, to the point where they could generate the necessary potential for particular actions.

Most people, even if they possess certain techniques, can only use them in critical situations — and doing so burns themselves out. As far as I know, the descendants of those same methods still practice this today — for example, *Kazachiy Spas* or *Zhiva*. *Zhiva* is on a higher level, as far as I know. *Kazachiy Spas* is also a very high-level system, but in that case, it causes intense destruction of the individual.

As I was told, when a person demonstrated the effects of *Kazachiy Spas*, he could throw around dozens of people, but within just 5 minutes, he would lose 10–15 kilograms of body weight — clearly burning through his own potential. This can be done temporarily, but not on a long-term basis. Moreover, it truly

causes harm to the person. If someone does this regularly, the destruction of their physical body becomes quite serious.

That's why in critical situations, one might take such a risk, as I've mentioned before. But in other cases, our ancestors would act only when they had truly mastered the ability to control matter and space. There were such individuals, but unfortunately, not many ever reached that level. So — an interesting question.

To this day, we still use a calendar with 12 months, 30–31 days per month, and 27–28 in February. Again, it comes down to what we consider a “day” or an “hour.” For example, our ancestors had only 16 hours in a day, not 24. So, which is correct — 16 or 24? These are all arbitrary units. There were 40 days in a month. All of it is conventional — and in nature, time does not truly exist. What exists are *processes*.

To clarify the concept of time — as I personally define it — I'm not claiming this is the only possible explanation, but at least it reflects how I understand it. There are reversible and irreversible processes. Irreversible processes have a beginning and an end. For example, you burn a log — you ignite it, and it burns for a certain period of time. After that, the log no longer exists in its original form, but that doesn't mean the matter has disappeared. From the moment the burning starts to when it ends, this process can be conditionally divided into units, and these conventional units can be applied. We can say the log burned for an hour or half an hour, for example. This is an example of an irreversible process — one that occurs in a single direction.

Now take, for example, the rotation of the Sun — this is a reversible process because the Sun rotates around the center of the Galaxy, and our Earth rotates around the Sun. These are repeating, reversible processes that can go on infinitely, until some sort of harmonic balance is disrupted. In such a case, how do we measure? What is a “year?” Time doesn't actually exist — we choose an arbitrary point, say: “it starts here,” then the rotation completes, and we say a year has passed. But you could choose a billion such points, because any point on Earth's orbit is equally valid as a starting point for any process. You see, a circle has no beginning and no end — but any point on that circle can serve as both the start and end. It's the same here. That's why it's important to recognize that these are all conventional units.

Let me touch on a few points. The very idea of separating time as something distinct — with its own units and parameters — is absurd. Time as an independent, qualitative quantity in space simply does not exist. It's merely a conventional unit that we find convenient for measuring things like the movement of a car or a pedestrian. But in nature, no such entity as “time” exists.

Today, many people also separate concepts like “matter,” “energy,” and “information” as if they exist independently of each other. This is usually because most people discussing these topics don't have a clear understanding of them. For example, energy cannot exist without matter — energy is a property of matter. That is, matter transitions from one qualitative state to another, and in that transition, energy is released.

Take burning fuel — people say energy is released. But really, what's happening is a transformation: one qualitative state of matter is changing into another, and that change produces effects we harness. For instance, we burn gasoline in an engine: there's an ignition, the substance combusts, a transition occurs from liquid to gas, which expands. What we're really using is the instantaneous transition from a liquid

to a gaseous state — this change in quality causes motion, and energy is released as a result. But again, this is a property of matter.

The transition of matter from one qualitative state to another leads to certain qualitative and quantitative changes, and we use these changes and describe them as “more energy” or “less energy.” But it’s all just a consequence of matter.

Just like time — it is a consequence of qualitative processes taking place. In other words, energy and matter do not exist independently of each other. You can't have energy over here and matter over there — energy always follows as a result of qualitative changes in matter.

The same goes for information. Some people say that information is the same as matter. But information cannot exist on its own. Any information we receive must reach our sensory organs. If people would reflect on this even a little, such distinctions wouldn't arise. It's the philosophers who start tossing around concepts they often don't fully understand themselves — but these ideas end up spreading everywhere.

So, what is information? Take vision, for example — the eye receives information: we see, you see me and I see you. But what is that? Information is a reflection of ongoing, real processes that, as they change form, reach our brain — and we react to them. In any case, information is nothing more than a message our brain receives about the world around us — and nothing more. Information cannot exist separately from matter, or separately from energy, as if each of them could somehow wander around on their own.

Or, as some people say: “My etheric body went one way, my astral body went another, and my mental body went a third way.” This comes from the fact that there are many different techniques that show people things — for example, when speaking about astral travel: “I traveled with my astral body.” Yes, in most cases that's true, because the majority of people don't develop more than two bodies of their essence — what are commonly called the second or third material body, or the etheric and astral bodies.

But if a person has both a second and third body — say, an astral body or, more correctly, a third material body — then it's not possible for the etheric body to go one way and the astral another. They are one whole. For example, a person might only have an etheric body and could travel in a so-called “etheric form.” But if they have both the etheric and astral bodies (or the second and third material bodies), then when they travel, they do so with both bodies — not separately.

If there are more bodies, they form a kind of package and are interlinked, representing a unified system. Just like we can't walk around without a head under normal conditions — it's a system that builds upon itself. Think of a single-celled organism — as it becomes more complex, it forms a unified whole of what we call a “human being.”

There are simply different levels of human development, and depending on this, more or fewer evolutionary qualities are present, and more or fewer bodies are developed. But all these bodies exist in one package and travel together, not separately. Even in the so-called astral travel, both the etheric and astral bodies travel together. You see, there are a lot of wandering notions, and from my point of view,

many of them are deliberately spread — false ideas and misleading definitions meant to confuse people and lead them astray.

13.2 QUESTION: *What is your opinion of Muldashev's expeditions and his work? What is the purpose of people sitting in Samadhi in the caves of Tibet?*

ANSWER: To be honest, I haven't read his books in depth. I've read a few of his articles, so I can't say I'm fully familiar with his body of work. Therefore, my opinion in this case can only be considered preliminary. In order to give a definitive answer and express a well-founded opinion, I would need to study his work in detail. But based on what I've read in his articles — the conclusions he draws are absolutely absurd, so I don't know where he got his information from, unfortunately.

If anyone's interested, in my autobiography there is a chapter called *"The Silver Thread,"* where I briefly talk about these topics. Rather than burden everyone with it here, I suggest reading it — it shows how many people fall into traps...

As for the state of Samadhi and people sitting in caves — honestly, I don't know why they do it. In my opinion, they're wasting their time, to be honest. Imagine a person entering a certain trance state, slowing their bodily processes down tenfold, and just sitting there like that. What's the benefit of that? Has the world become a better place? Has anything changed? Has anyone's life improved? Again, this is just my personal perspective.

Many of the methods being spread among people — especially Eastern ones — are the result of someone "hearing the bell, but not knowing where it rang." They received some initial knowledge, didn't fully understand it, twisted it around, reworked it, and then presented it as their own — and served it up under that pretense. All these practices may indeed produce some sort of effect — but mostly just for the public eye.

For example, take Sai Baba — he materializes a diamond for someone, or a gold coin. Naturally, this amazes people. It's interesting to see once, maybe twice — but what's the actual benefit? The benefit is zero. Because no one's life improved, no one was helped, nothing changed. It's designed for mass perception. To shock people, to show a "miracle" — but it's not a miracle, it's just showmanship. Yes, it's intriguing — he materialized something once, twice, fine. But if you were to find out *how* he actually does it — the methods he uses to achieve those results — well, I won't say it myself, but your hair would stand on end. Read about it online — so it doesn't have to come from me.

I consider such things to be negative — they are essentially the methods of the dark forces. People are at different levels of consciousness, and naturally, many have not yet reached deep understanding. So, when something suddenly appears — a coin or a diamond materialized out of thin air — they are amazed. Everyone is stunned: "How can something come from nothing?" But what's the benefit? They don't stop to think about that. They don't consider what this actually brings with it.

In my view, a person should be moving forward — so whatever is given to them should help in that direction. It should be their choice whether to accept it or not; nothing should be forced on anyone. You know the old saying: *"Should a gentleman help a lady off the bus at this stop if she's actually going to the next one?"* Remember that? The same applies here — nothing should be forced on someone. But if something is given to a person, it should be something that helps them become better in some way,

helps them understand something, figure something out, and make the right conclusions for themselves — *that* is beneficial. Everything else — all the showmanship and trickery — is, in my opinion, mainly aimed at deceiving people.

That's why these states people enter — like when a Buddhist "saint" sits for 75 years, neither dead nor alive — may seem like something to rejoice over, a miracle even. But do you know what that really is? It means that the person's essence is bound to a body that is neither dead nor alive. In essence, they are a slave — completely frozen. This is called evolutionary death.

So, what's the point of such a "miracle?" I won't go into detail here because it's a big topic, and our discussion is about something else. But unfortunately, people are being deceived left and right — and they even rejoice in it, because they're being offered something they can physically touch.

And what they can't touch — they're being fed such filth that, if people could actually see what is being pushed on them through things they can't perceive or comprehend, I don't know if anyone would be able to react normally afterward. But that's another matter.

13.3 QUESTION: *How do you see who Jesus Christ really was, and where did he actually come from?*

ANSWER: First of all, *Jesus Christ* is not a name — it's a Greek translation of the word *Messiah*. Just like *Genghis Khan* is not a name, but a title. So, who was Jesus Christ? If you read carefully and then read the *New Testament*, specifically the *Gospel of Matthew*, everything becomes clear.

In the *Gospel of Matthew*, it is written that when the mother of a possessed girl approached him and asked him to come help her, he said, "*I was sent only to the lost sheep of the house of Israel.*" The girl's mother was a Canaanite — and by the way, the Canaanites were also Rus (Slavs) who lived in Palestine earlier.

So even if we speak from a religious point of view, everything he came for was to save the lost sheep of the house of Israel. Why was that? Because at the time of his coming, only the Jews were enslaved by the dark forces — by social parasites. In my view, the god *Yahweh* is a social parasite on a cosmic scale who had captured them, fed them lies about being "chosen," filled their minds with delusions — and thus, they became the lost sheep of the house of Israel. So, his mission was to deprogram them, and he began to do so quite effectively. As you may recall, people started to wake up.

Many people misunderstand when they say that Christ brought love — that you should love everyone no matter who they are, even scoundrels — love them until the end of your days. Nonsense. He never preached that. I've had to remove zombification from people, to strip away various programs — people who move and act like robots, with no soul, no essence, nothing. They function like machines, running on a script. There's no humanity in them, no compassion, nothing.

Take, for example, a moneylender — that's all you need to understand. Such people have no soul, no conscience, no honor, no decency — do I need to explain more? Jesus came to such people and, simply through his influence, removed all of that programming. And the person would awaken: "*What have I been doing?!*" Remember the tax collector who started giving money back?

It wasn't that Christ was spreading some universal love — it's that he restored human essence to people who had become like robots. That's all. But this has been twisted and misrepresented. In reality, he came specifically to save the lost sheep — meaning the bio-robots that had been created out of the Jewish people. The Jews, at that time, were the bio-robots.

Unfortunately, today they have succeeded in turning the overwhelming majority of people into bio-robots — to varying degrees. So, in this sense, it's a sad fact. But nonetheless, Jesus was never a God, nor did he consider himself the Son of God.

Let me give you an example. In 1999 or 2000 — I don't remember the exact year — a book was published titled "*Jesus Christ – the Pagan God*" (translated into Russian as "*Иисус Христос – языческий бог*"). The surviving descendants of Christ — he had a son and a daughter, the daughter being older and the son younger — preserved his manuscripts, what he had written himself: his thoughts and understanding. This book was published, and guess what happened? It was immediately pulled from all bookstores.

Those who had pre-ordered the book received their copies — we have those books — but as soon as it arrived in stores, it was instantly recalled and removed from the shelves. When one of my students contacted the publishing house that released the book — a major publishing company based in London–New York–Sydney — and asked if it was possible to buy a new or even a used copy, she was refused.

It turned out the publishing company had been bankrupted — and they held exclusive rights to the book. And when a company is bankrupted, everything it owns transfers to the one initiating the bankruptcy. All the files, everything, was confiscated.

One would think — what could be more important or valuable to Christians than the actual words and thoughts written by Jesus Christ himself, his personal experiences and insights? There could be nothing more valuable than that, right? And yet, this information was preserved by the Templars — who were also destroyed for the very same reason.

The Pope of Rome was deeply displeased by the fact that someone had real information about who Jesus truly was, what he taught, and how he lived. Because if that information had become widespread, the Pope would never have been able to claim the spiritual authority he sought over kings and rulers — the notion that divine power flows *through* the Pope.

So yes, real information does exist. It's possible to find it, but very little of it is accessible. It's not something that can be explained in a few words — but in any case, Jesus was a being of Light, and he was eliminated for that.

When was he crucified? Even the New Testament contains enough information. He was sentenced by the Jewish high priests in the synagogue — the very ones he had been exposing. That's written in the New Testament.

When did they sentence him? The trial took place after midnight — an interesting detail, isn't it? Why is that? Because Judaism is a lunar cult, a cult of death. This dates back to ancient times, where two cults were always in conflict: the lunar cult and the solar cult — that is, death versus life. Judaism, in any case, is a death cult.

All of their significant actions are carried out after midnight, and that is precisely why his sentencing occurred then. And he was crucified in accordance with Jewish law. He was offered up as a sacrifice during the Jewish holiday Pesach, which in Russian is pronounced Paskha (Easter). The Jews offered him as a sacrifice to their god Yahweh — the god of social parasites. That's how it was.

In reality, what he was trying to do was prevent the spread of this infection — the “social parasites” — from expanding across the entire world and seizing global power. That's all he was trying to do. But at that time, for various reasons, he didn't succeed. In fact, this didn't happen 2,000 years ago, as most people believe, but a little less than 1,000 years ago. Before that, there were the cults of Osiris, then Dionysus, Attis, and many others — dozens of different versions.

By the way, December 25, the so-called Christmas, is actually the birthday of Osiris, Attis, Dionysus, and all the rest. It has nothing to do with the actual birth of Christ. Naturally, he was born as a human being. So, everything that has been built around that date exploits people's ignorance.

Because how is it that all of them were supposedly born on the same exact day? All were said to be born of virgin births — only the names of the mothers and the names of the miraculously conceived sons change, while the descriptions, key elements, actions, and words remain the same. Why? Because when one religion discredits itself, it gets replaced by another, with just the characters changed and the setting modified — but the structure remains the same. So, in this regard, what people think they know about Christ is a complete lie and fabrication — with the exception of a few phrases that they either couldn't or forgot to remove.

When I was giving lectures in Arkhangelsk, I would tell my students: *“Read the Bible and bring it to me.”* They would read it and bring it, and I would take the book, wave my hand over it, and hand it back to them. *“Now read it again,”* I'd say. They would read it and say: *“How is this possible? It's written completely differently than how we remembered it.”*

People are programmed — they begin to perceive information in a completely different way. And when that programming is removed, they begin to truly see. The parasites who orchestrated all this were so confident that no one would ever be able to lift their programming, their blockages, that they didn't even bother to align the details or smooth out the inconsistencies.

It's absurd — just read the New Testament itself. For example, it mentions the *gardens of Jerusalem*, surrounding the city. Tell me, are there any large gardens in Israel today? Only irrigated land, artificially watered. In Israel, they still rely almost entirely on desalinated water from the Mediterranean Sea — they have practically no fresh water of their own. There are a few springs and oases, but very few, and in any case, they weren't settled back then.

Without special irrigation, it's impossible for trees to grow naturally in Israel today — and you know that. Back then, irrigation systems didn't exist on any significant scale, and if there was watering, it would have been only in private courtyards. So where did these “gardens” come from — the ones where he supposedly hid? If you can hide in them, they must have been like forests. That's the first curious point.

Now, remember — it also says that from Golgotha (which is just a small hill), he could see ships entering the harbor. Excuse me — modern-day Jerusalem is about 100 kilometers from the Mediterranean coast.

There are no harbors there, because the coastline is flat — no massive cliffs or elevations. So, what kind of vision would one need to see a ship entering a harbor from 100 kilometers away? And we could go on endlessly. There are so many inconsistencies and absurdities, yet people read this and no one even stops to ask, *How is any of this even possible?*

13.4 QUESTION: *Could you please explain what goal the enemies were trying to achieve when they cut off the heads of Russian princes and made cups out of them? For example, in the case of Prince Svyatoslav.*

ANSWER: What was the goal? There are several theories. Let me first return briefly to the topic of Christ. You know that the rituals of communion, which take place in churches — not every day, but especially on the day of Christ's resurrection — involve giving people wine as the *"blood of the Lord"* and bread as the *"body of the Lord."* In reality, this is one of the vilest black voodoo rituals, according to which, when an enemy is defeated, the victor eats their flesh and drinks their blood in order to absorb their strength and enslave them forever — so their energy can be used perpetually for the victor's benefit. Not bad, right?

All who take part in communion — even if they're not literally drinking blood or eating flesh — are participating mentally, and thought is a powerful, material force. The focus and intention behind it matter. In essence, it's a cannibalistic black magic ritual — one of the most grotesque kinds.

Now regarding the use of skulls as cups — it's the same kind of ritual. These acts were tied to specific beliefs. If the fallen was a great warrior, then, according to those beliefs, after killing him, part of his liver was eaten. His head was cut off and turned into a cup as a form of respect — acknowledging him as a great warrior — and also as a means to absorb his strength. So once again, it's a black ritual, the same kind of dark practice.

13.5 QUESTION: *A question about suicide — it's not exactly about the book, but I think it's also very interesting.*

ANSWER: Why is suicide truly one of the most negative actions a person can take? The thing is, when a person dies a natural death, their essence simply sheds the physical body that has completed its cycle, and the essence is released to the highest level that the person was capable of reaching by the end of their life. The same thing happens when a person is killed by someone else.

You can download Volume 2 of *"Essence and Mind"* for free on my website — it contains a chapter called *"The Nature of Karma and the Anatomy of Sin,"* where it's explained what happens to a person at the moment of being killed. When someone murders another, they cause negative damage to themselves. But when a person kills themselves, they create a closed loop and block their own evolution — meaning, they cannot transition anywhere. They trap their own potential.

As a result, there is no proper release of the essence to the level it's supposed to reach. That's why, immediately after suicide, a person's essence may either remain as a ghost (manifesting as poltergeist activity, etc.), or end up on the lowest levels, where the most primitive entities reside. And if the person doesn't have the necessary protection — which is most often the case — then their essence can simply become prey.

Those lower levels are just as material as this one. It's just that our senses and our physical bodies are made of the matter of *this* level, which is why we perceive this world clearly. But if a person undergoes a qualitative transformation and shifts the center of consciousness — say, from the physical body to another level — then *that* level becomes material and this one ceases to be perceived as such. It's a real process, though it would take a long time to explain fully.

Imagine a person who falls into a river full of piranhas and crocodiles — what will happen to them? They'll be eaten. The same thing happens when a person ends up on a lower planetary level: if their essence is unable to form a protective shell around itself — like an isolating cocoon — they are vulnerable...

(A voice from the audience: *"On this topic — what if you kill someone in self-defense, to protect your people, your family? Like Svyatoslav, who was mentioned earlier — he killed dozens of enemies. Didn't that bring him down on the evolutionary ladder?"*)

In any case, any killing is negative. But again, the question is: what is actually happening, what is the intent, and what emotions does the person experience at the moment of killing? If the intent and emotions are selfish — like *"taking for oneself"* — then the damage is severe. But if a person acts in defense — to protect themselves, their family, their people from enemies — then their inner state and the resulting effect are completely different.

Still, killing is killing, and nothing good can come from it — but even so, the consequences for such a person are minimal, because the internal state is crucial: what the person felt, how they perceived the action in that moment. That's exactly what determines the outcome — emotion governs the consequences. Read that same chapter I mentioned; it explains this in detail.

13.6 QUESTION: *Before the next incarnation, where do essences reside and what do they do?*

ANSWER: After death, the essence transitions to a certain level — they have a life there. More developed essences can create, manifest, or build to some extent. In principle, if a person is sufficiently evolved, after death they can create their own world from dark matter, according to their will. But that world will exist only as long as the person supports it — if they change it, everything changes accordingly, because there is no rigid structure there as there is on the physical level.

(A voice from the audience: *"Svetlana Levashova described this very well."*) Yes, she described it well. Additionally, what happens is that processes are significantly slowed down in that realm. If a person hasn't reached the creative level — where they can actually create — then even if they *have* the potential, they won't know or understand it. A person may be a genius in some area, but until they try to do something, they won't know they are capable of it.

It's the same here — even if a person *can* create something, but doesn't even imagine the thought *"I am capable of creating something,"* — then nothing happens. From childhood, we are taught that nothing is possible. So, when a person dies, they continue to think in the same patterns they lived with during their life. And only later, if someone helps them, can things begin to change.

It's like this: let's say a hand takes ten years to move from one place to another — the processes are millions of times slower. But for those on that level, everything moves at the same relative speed, so

they can still interact and communicate with each other. However, if we observe from our physical perspective, it looks like a frozen state, because here, processes unfold much faster.

In this context, there was an amusing comedy — if you're interested, watch it — called *Beetlejuice*. It's a dark comedy about the dead. It shows how the deceased cross over into another dimension, another planetary level, and when they come back, *six months* have passed on Earth — although only a short time had passed for them. But when they return to the physical plane, the speed of processes flows exactly as it does here — it's just that they can't actively interact with physical matter.

13.7 QUESTION: *How can the parasitic system be destroyed?*

ANSWER: In order to destroy the parasitic system, you first need to understand how it works, how to interact with it — how to make it something you can "touch," so to speak. How would you catch, for example, a wave of light? Try to catch it. In order to do that, you must act on the same level that it exists on. In other words, you need to possess the necessary qualities.

But in principle, the parasitic system in the Cosmos has already been destroyed — it no longer exists at all. And on Earth, it has also been mostly dismantled — what remains exists only on the physical level. That's why they're now desperately trying to extend the time of the parasitic system by turning people — especially young people — into a degraded state: moral decay, alcohol, nicotine, drugs. What are the mass media filled with? It's no accident.

They are trying to compensate for their losses by continuing to control others. Because these parasites do not have their own energy, they first rob people of their potential, collect it, and then use it to manipulate the ones they've selected — turning them into controllable bio-robots.

Now that they've lost their external power, they're trying to make up for it by creating systems that allow them to extract energy from people — especially sexual energy, which is very powerful in humans. And if people aren't evolving, this energy just accumulates, and they harvest it — they milk people, so to speak. They then use that energy to exert influence — although it's a very primitive form of energy, and the effectiveness of their influence is much weaker than before.

Look — more and more people are waking up, breaking free from this kind of sexual enslavement. But for the parasites, there's a kind of gift waiting as well. It's even possible to embed a planet-wide program into the sexual energy field, so that when they attempt to harvest it, it instead begins to destroy them. This, too, is like a bomb waiting to go off — when the time comes, the switch will be flipped, and everything they've collected will no longer work. But that's another matter.

The most important form of resistance right now is awakening consciousness in each person — so that every individual wakes up and starts to understand. The most important goal is achieving conscious enlightenment, where each person understands *what, how, why, and for what purpose* they are acting — and how the consequences of their actions reflect back on them.

Because, from my point of view, every person has the right to act however they wish — but they must also understand the consequences of what they do, and take responsibility for their actions. Yes, you *can* kill, if you're that foolish — but know that for doing that, this, this, and this will follow.

A person truly becomes free not when someone else tells them, *“Do this, because it’s good,”* but when the person themselves understands the impact of every one of their actions — how their personal choices affect themselves, their descendants, and those around them — and then makes decisions and accepts full responsibility. That is what matters most.

Right now, the most important task is, as I say, the enlightenment of consciousness — when a person stops being just a parrot, like the majority of people today, who simply repeat things that someone else has imposed on them, without even understanding what they’re repeating.

Why is that? Because no one ever explained anything. Who went to school? Everyone did. Universities too. And they were told: *“This is what you must know. This is the way it is, because it is.”* But no one ever explained why. And when someone tried to ask questions, they were told: *“There’s no time,”* or *“You’re stupid.”*

The most important thing is: if people begin to understand on their own, then at the very least, they’ll act consciously and understand the responsibility for every one of their actions. That’s the core of enlightenment — not being like a herd of sheep, where someone says, *“Go forward,”* and everyone just follows.

No — the goal is when a person understands and acts deliberately, based on a clear understanding of *why* and *how* they are acting. In my view, this is the goal we need to work toward right now.

13.8 QUESTION: *What is your opinion of Megre?*

ANSWER: I’ve already said — he’s like Susanin (a historical figure who led enemies into the forest and to their doom), if we put it briefly. But while Susanin misled enemies, Megre misleads his own people — good people. That’s the short version. If we started discussing this in depth, we wouldn’t get back to the book at all, but that’s the essence of it.

13.9 QUESTION: *What about channeling, that is, receiving information through contact?*

ANSWER: The majority of information that comes through such channels is fake. If you’re interested, I described some cases in *“The Silver Thread”* and in several places in my autobiography, where people fell into traps.

Most people think that if they break through to a higher level — second, third, fourth, doesn’t matter which, even if it’s not earthly — they assume that everyone “above” us is good, like angels with white wings. So, if they’ve made that breakthrough, they believe that anything coming from “up there” must be wonderful, that nothing bad could possibly come from beyond, because surely nothing could be worse than what’s here. Therefore, everything from “there” must be good. Unfortunately, that’s far from the truth — because in most cases, people are caught in traps.

In my autobiography, I specifically described several such cases. Let me give you an example — just to show to what extent people can be deceived. In New York in 1995, I was holding a series of seminars and explaining that “guardian angels,” and so on, are in most cases negative entities who use people for their own selfish purposes. I was sharing examples and stories, but the audience just sat silently, because they thought, *“Well, this doesn’t apply to me, only to others.”* That’s the typical attitude.

So, I decided to do some active probing — reconnaissance in force, so to speak. I restructured the minds of a few people so they could begin to see. One man there, afterward, was able to confirm a diagnosis of someone he had never met in his life — he described the person's issues precisely, meaning he was receiving accurate, real information.

I asked him, *"Whom do you believe in?"*

He replied, *"I believe in Christ."*

I said, *"And if I could arrange a private meeting with him, would you want that?"*

He said, *"Yes — that would be the dream of my life."*

So, what did I do? I scanned his brain to understand how he perceives Christ — how he visualizes him in his conscious and subconscious mind — and I created a hologram of Christ. He saw exactly what matched his internal image — the Christ as he imagined him. Naturally, he fell to the floor, overwhelmed with joy and bliss, thinking that his lifelong dream had finally come true.

I asked, *"Who do you see?"*

He answered, *"I see Christ,"* with a blissful smile.

Then I said, *"All right, what if I asked you to choose: your life, or what you're seeing?"*

And he said, *"I see what I see."*

In other words, he was willing to die for that — just from seeing Christ. Nothing else mattered anymore; he was fulfilled.

But before "nothing else matters," I suggested: *"Let's do this — there's a structure I can add to your perception that allows you to scan what you're seeing. If this is truly Christ, then nothing will happen to him. Just like if someone tries to scan me, it won't change who I am. So, if this is really Christ, you can scan him — and nothing will happen."* He scanned it — and of course, it turned out to be a hologram.

Of course, I could've made a more complex version — I could have created it in such a way that even scanning would reveal nothing. Many things can be neutralized. But that wasn't the point. The point was to demonstrate something.

When a person sees or even more so hears something, for them — that's it, case closed. They need nothing more, because their personal experience tells them, *"This is real, this is true."* That's how it works. You see, when a person breaks through to other levels — whether it's the second, third, tenth, or even hundredth — it doesn't really matter — they obviously possess evolutionary potential, certain qualitative abilities. But they still understand very little of what's happening on those levels.

And when they break through, those entities on the other side go, *"Ah — who just popped up here?"* They scan the person, and if they detect that the person believes in God, they feed them exactly what

they expect: *"I am the Lord, I am the Almighty,"* and they begin to broadcast messages supposedly from *God, Jesus Christ, or the Virgin Mary.*

Or, if the person believes in aliens, then they'll hear: *"We are representatives of another civilization,"* and the messages will begin. But the most interesting thing is that the message is always delivered at the level of the person's understanding — the one who is receiving it.

Now, here's the issue: if it were a real contact, the message wouldn't be limited to the understanding of the recipient. Yes, of course, the human brain processes information only at the level it can comprehend. For example, imagine a person sees a watch, but they've never seen a watch before in their life. They can't understand what it is, so how will they describe it? *"It's a water bottle,"* perhaps. Right? But a watch and a water bottle are two different things. Even if the person can't precisely identify what it is, they should still say something like, *"It's a metallic object, round, with such-and-such features."*

It's the same with real information. If someone is truly receiving real contact, they may not be able to convey it perfectly, but they'll transmit the essence of what it is. But if what's being transmitted is full of familiar earthly names and concepts, then that's a red flag.

Some people write to me saying, *"We read your explanations about how people get caught in traps, but we believe we're not caught in them."* And they send me recordings of their supposed contacts. You read it and realize — these people are simply blocked, because they're being caught in the same way: through their own expectations and desires. When someone feels what they want to feel, that's exactly what's fed to them — and they take it as truth.

So, believe me — if a real contact happens with a person, no one will hand over any kind of information. Why? Because information is a weapon.

If a person has the potential, and they're also given the understanding of how to use that potential, then they can reach enlightenment through knowledge on their own — and they won't need to be given any information. In such cases, yes, they might be helped in avoiding something harmful — but no one will be handing them knowledge, and certainly not broadcasting it.

Yet many people claim they've received messages from Christ himself, and they've written multiple volumes. There are many such people in different parts of the world. And oddly enough, they all say they received information from Christ — and yet everything they write is completely different.

(A voice from the audience: *"Different information from the same being?"*) Yes, exactly — one says $2 + 2 = 4$, another says $2 + 2 = 5$, and a third says $2 + 2 = 6$ — but it's all still supposedly from Christ.

(A voice from the audience: *"What about the Roerichs and their 'Last Appeal to Humanity'?"*) It was transmitted to them. Where they were, it was delivered — they didn't receive it telepathically. But that's a long story.

What many people don't know is that Nicholas Roerich, near the end of his life, realized that he had been misled by the same dark forces, and he renounced his teachings. That's not widely known — but

it's a fact. And shortly after he renounced them, he died very quickly. As they say, *"the poet's soul could not endure."* But in truth, you understand why he died so suddenly.

His wife, however, took his diaries and published them in the form of Agni Yoga, which represents a distorted understanding of the processes involved. Nevertheless, even good, pure-hearted people are used — they're shown a small piece of truth, something they've been searching for but can't fully understand — and then the rest is built around it to manipulate them. But that's a whole topic of its own — you can't explain it in just a few words.

13.10 QUESTION: *A question about how potential is siphoned off.*

ANSWER: Indeed, in order to enter a creative state, a person accumulates potential. This potential is the result of their development, actions, dreams, and eventually, they can use it to create something. Naturally, it is possible for someone else to siphon off that potential. That is, one person accumulates it — and another comes along and collects it.

To prevent this, it's necessary to create a protective barrier, something that isolates and blocks the possibility of vampirism in such cases. Strictly speaking, it's not entirely accurate to refer to it as "creative potential." If a person's essence possesses at least two or three subtle bodies, that already allows them the ability to create.

So, when these bodies are actively filled with energy, and the person isn't doing much harm to themselves, the filling process works properly. But if someone has the ability, they can drain that energy.

Usually, no one wants dirty water — everyone wants to drink clean water. The same goes for the parasites operating on other levels. They don't just feed on physical-level energy — they're looking for something refined, and that's what they try to take.

That means it's necessary to establish protection, and this requires training. But the simplest option is to mentally visualize a cocoon or a sphere around yourself and focus on the idea that its thickness is sufficient to isolate you from the external world. Then, set a program into it — even a very simple one.

Of course, this won't always work perfectly, but it's still better than nothing, especially at the beginning. A basic program might be: *"Nothing good leaves me without my conscious permission, and nothing bad enters me from the outside through this protection."*

Naturally, it won't be 100% effective — but still, it will provide *some* benefit. Try it — and from there, we'll see what else might be recommended.

13.11 QUESTION: *A question about the Vedas, where it is said that the gods will return to Earth "when the arm returns to the light."*

ANSWER: What's meant here — if properly decoded — is the beginning of the Day of Svarog. If you remember, I wrote about the *Day and Night of Svarog*. This refers to the movement of our galaxy as it passes through different regions of space, each with its own qualitative dominants.

The Night of Svarog is a region of space — like a pit — where the conditions are such that they encourage the manifestation of the most negative traits in a person. Our galactic arm is in motion — the galaxy rotates around its axis, and we are located on the outer edge of it. As it rotates clockwise, it moves into and then out of these different zones.

“When the arm returns to the light” refers exactly to this — to the start of the Day of Svarog, which has already begun. So, the gods are already here, or will be soon — but not in the way most people think. Our ancestors did not understand “gods” in the same way people do today.

13.12 QUESTION: *Do you plan to write a sequel to the book “Russian History Viewed Through Distorted Mirrors?”*

ANSWER: Yes, I do plan to. Right now, I’ve been finishing up a few other books that I needed to wrap up, and I’m planning to start work on the second volume. I don’t yet know how much it will end up being, because it’s hard to say in advance how much material there will be. When you sit down to write, everything needs to be structured in such a way that it forms a cohesive whole.

But in any case, I will soon begin working on Volume Two. There is a lot of very interesting material, especially facts and real documents — which, once again, some people will not be happy about. I’ll say this: when you look at how distorted our current understanding has become, it’s honestly shocking. I’ve said before — I own a first edition of the *Encyclopædia Britannica* from 1771. And this is not the only surviving copy; it’s not so rare that it can’t be found at all.

Do you know what is listed there as the Russian Empire? It’s called “Great Tartary – Russian Empire.” Interestingly, the Western part up to the Urals is not called the Russian Empire. It’s referred to as Muscovite Tartary, and in some sections, it’s even called White Russia — Belarus. Strange, isn’t it?

It turns out that the Muscovite Principality was referred to as Belarus. And there are many such documents and maps — from just a little over two hundred years ago — and yet look at how everything has been completely twisted and corrupted since then.

A province — similar to what Ukraine is today — broke away from Russia. And now imagine this incredible scenario: Ukraine conquers Russia, and then later people say, *“Ukraine has always stretched from the Carpathians to the Pacific Ocean.”* That is more or less what happened between 1772 and 1775. There was a war between Muscovite Tartary and Great Tartary — and Great Tartary lost. As a result, everything was reconstructed and distorted beyond recognition.

So, the notion that Kievan Rus was the *“mother of Russian cities,”* and even more so the *“homeland and origin of the Russian people,”* is completely false — it never was. That territory only emerged in the 8th–9th centuries, whereas before that, the capital of Great Tartary and the Slavic-Aryan Empire was, as you may know, Asgard of Iriy, located where Omsk stands today. That was the capital of the Great Empire for nearly 107,000 years — specifically, for 108,000 years in total.

I go into much more detail in the book — there are many such facts. I won’t reveal everything right away — otherwise, it won’t be as interesting to read.

13.13 QUESTION: *How could people have survived the catastrophe 13,000 years ago, when Atlantis began a war against the ancient Empire?*

ANSWER: Once again, you're forgetting that at that time there were star gates and spacecraft, and a great number of people were able to escape. Those who weren't near the coastlines managed to leave through them — and later they returned.

In addition, of course, there were people who lived in or escaped into the high mountains. No matter how high a wave is, it can only reach a certain elevation. So, highlands or elevated terrain, far above sea level — the wave may have gone around them, but it didn't reach everything. Everyone who was in those areas, naturally, did not perish. So, we can say there's no issue with survival itself — it's just that, unfortunately, the entire civilization was set back a great distance.

13.14 QUESTION: *So, was there really a Tatar-Mongol yoke or not? Some say definitively yes, others say no.*

ANSWER: Well, if we consider ourselves Mongol-Tatars, then yes, there was. Do you consider yourself a Mongol-Tatar? No? Then — there wasn't. It's absurd. Think about it. First of all, the word "Mongol" doesn't actually exist — there was never such a word as "Mongol." It comes from the Greek word "Mogol," which means "Great." If you look at old maps, you'll see that Mongolia or the Empire of the Great Moguls refers to what is now modern-day Pakistan.

(A voice from the audience: *"But they don't even know what Mongolia is there?"*) That's right — they don't know. And in any case, modern Pakistan is definitely not where Mongolia is. I have copies of chronicles — photographic copies. And although the text has been altered (it's a forgery), they forgot to change the maps for some reason. You see, they edited the content — but not very thoroughly. So, on those maps, the territory of what is now Mongolia is labeled as Kalmykia. That's how it was.

Also, read Gumilyov. He studied the beliefs and epics of the so-called modern "Mongols." After the socialist revolution, people came to them and said: *"Did you know you had Genghis Khan, who conquered the whole world?"* They replied: *"Really? We didn't know that. Well, of course — that's great, sure!"* After that, not a single legend or tradition remained about this. No stories about Genghis Khan or anyone else.

They do have legends about Batyr — just like the Kalmyks. In fact, they're basically just Kalmyks — nothing more. Someone simply came to them and told them, *"You were great."* Well, what fool would say no? Of course they'd agree — *"Yes, we were great! You're telling me this — it's not my fault!"* This is pure falsification.

Read Gumilyov. *"Genghis Khan"* was a title — his actual name was Timur. He had blue eyes and light, straw-colored hair with a reddish tint. A typical Mongoloid? He also had white skin. And what about the famous *"hooked nose of Timur,"* the so-called "Timur the Lame?" Very fitting for an "Asian," right? By the way, the word "Asia" comes from *"Asiya"* — which means "land of white people," just so you know. Another distorted fact.

Now, regarding his military code — the only surviving records are Persian and Chinese translations. The original no longer exists anywhere. Isn't that interesting? There are even accounts saying that Genghis

Khan (let's stick to the familiar term) introduced a law requiring all court proceedings to be recorded — so that there would be an official record of who said what, who was right or wrong, and all relevant details. Just imagine how many court cases were heard — everything had to be written down. If someone stole a chicken, that had to be recorded. Then it turns out they didn't steal the chicken — they ate it. That had to be recorded too. Everything was documented.

So now, explain this: not a single document survives in the so-called “Mongolian” language, the one Genghis Khan supposedly used for his affairs. And yet, the documents that do survive — they're all in Russian. Nothing in Mongolian. But plenty in Russian — 100%. Do I really need to explain what that implies?

The fact is, the Russian language simply used several different writing systems. There was also an official state language. What is now called the *Arabic language* was, unfortunately for them, once a state language used by our ancestors as a method of information encoding. Today, electronics are used for encoding and transmitting information, but back then there was a special written language in which vowels were omitted. If you insert vowels into the Arabic script, you get modern Russian and many other related languages. You see, many things — most documents preserved in Europe from the so-called “*Mongol-Tatar yoke*” — are written in Russian. Furthermore, 80% of the army of the “Mongol-Tatars” were Russians.

In the Soviet Union, during the war with fascism, the army included both Slavs and non-Slavs — Asians and others. Suppose, for example, 80% of the military were Slavs and 20% were from other peoples, such as from Central Asia. If you then take that 20% — a few people — and say: “*Look, there were Asians here, so the entire army must have been Mongols or Kyrgyz or Kazakhs,*” that would be absurd.

It was the same back then — a multiethnic state, where all peoples had equal rights, no one was discredited or discriminated against. The proportions were similar to those in modern Russia. More than 80% of the population of Soviet Russia was ethnically Russian. At least for now — and hopefully, that number will grow — but unfortunately, many forces are working to reduce it.

13.15 QUESTION: *About AIDS.*

ANSWER: There are many questions further on, as I mentioned about Megre, and about Anastasia. By the way, Anastasia, as you understand, never existed in reality. Some are asking about certain devices — whether they can be purchased. No, they cannot, because I do not currently manufacture or sell them.

The most interesting question I see here is about AIDS. The thing is, in medicine there are two types of AIDS tests, and you can take one test — it will show a positive result, and take another — it will show a negative result. Do I even need to point out how ineffective that is? If two tests that are supposed to detect a disease contradict each other — one says you're healthy, and the other says you're sick — what does that tell us?

The truth is, there is a severe form of immune deficiency, where a person's immune system becomes severely damaged. This can happen through a combination of antibiotic use, narcotics, alcohol, and of course, stress. All of these factors compound. When a person severely damages their immune system, the body becomes so weak that any infection, which it previously would have neutralized without issue, begins to grow actively and aggressively in the body. For example, someone might catch pneumonia. A

healthy person may fall ill due to a temporary weakness — maybe they caught a cold — and this might lead to pneumonia. However, their immune system still has the strength to control and suppress the inflammation.

But if someone's immune system is completely destroyed, then even a mild infection gets no resistance. The body does nothing to stop it, the infection rapidly spreads, and it becomes extremely aggressive. This is what's often labeled as AIDS — but what it actually reflects is a terminal collapse of the immune system, not necessarily due to a single viral agent, but rather the result of multiple combined harmful influences.

To understand the difference between an active and a super active infection: As children, most of you probably received a tuberculosis vaccine — this is an attenuated (weakened) tuberculosis bacillus. It was introduced through a small skin cut, right? The body then fought this weakened TB infection and overcame it quite easily.

If your immune system is strong, it will suppress the weakened infection and develop antibodies against it. This was the goal — to create a sort of "counterbalance," so that if the body ever encounters a real infection later, it will already have antibodies. As you can see, a weakened infection acts much more mildly.

Now, if a person encounters an active infection, but still has a strong immune system, then even that active infection is suppressed by the immune system and doesn't develop strongly. But if a person has no immune system, and a non-weakened infection enters the body, it not only doesn't get weakened — it amplifies, gains strength, and becomes what can be called a super active infection. And it's precisely this super active infection that can easily destroy a person.

Moreover, if a healthy person comes into direct contact with someone who has such a super active infection, they receive not the HIV virus (as in AIDS), but the effect of a fully developed pneumonia. This aggressive condition, when transmitted, bypasses the typical viral incubation phase and becomes a full-blown inflammatory illness, which may no longer be easily suppressed even by a normally functioning immune system.

It's the same principle: if an infection is weak — it gets suppressed; if it's not weak — it doesn't get suppressed; and if it's super active — it doesn't get suppressed at all and begins to aggressively destroy the body. This is what people refer to when they say someone is infected with the so-called "AIDS virus." But in reality, a person is not infected with the AIDS virus, but rather with a powerful infection. Moreover, most carriers of acute immune deficiency carry not just one infection, but a whole bouquet.

And when someone comes into contact via blood or other means, they receive that full bouquet of super active infections — infections that even a healthy immune system cannot cope with. And the person deteriorates very quickly. That's all.

There are doctors who are fighting against this narrative; several books have been published, but this information is being silenced. No one has ever been able to isolate the so-called HIV virus — it's classified as a retrovirus, supposedly a filterable virus, which should be easy to isolate. But no scientist in the world has ever seen it, no viral culture has ever been created — it simply doesn't exist. And yet everyone insists that the virus does exist.

(Voice from the audience: “Do I understand correctly that if a person has a hyper-infection, like pneumonia, then their neighbor, even without direct blood contact or other transmission routes, can still get infected?”) Yes, typically it’s through blood or sexual contact, but that’s how it usually happens.

(Voice from the audience: “What if they sneeze?”) If someone sneezes and something gets into the air — then yes, infection is possible, but it won’t be as aggressive. If a person has a strong immune system, their body can fight it off.

But if their immune system is weakened... And now, after several generations of antibiotic use, children are being born weaker and weaker, with weaker immune systems. Plus, they are deliberately infected with staphylococcal bacteria, which destroys the immune system even more.

Nowadays, you don’t even need a super-strong infection for someone to get sick. But this is a long conversation — an entire topic in itself — and not entirely aligned with today’s discussion. Maybe we’ll return to the book’s questions later.

13.16 QUESTION: *They are asking about helping us find Chudinov's slabs.*

ANSWER: First of all, Chudinov found the second slab. He tried to look for it, so someone should have contacted him to find out whether he got it or not. At least he knows its location. But, as you know, he gave the first slab that he found to Moscow University, and it disappeared there. The rector of the university says that he didn't see any slab. You know, a small pebble weighing one and a half to two tons, but he didn't see it, it flew by like that, and he didn't even notice anything. In other words, he denies ever receiving that stone slab – the first one Chudinov found – on behalf of Moscow University.

And Chudinov himself, from my point of view... it’s clear he’s a bit afraid. He promised me several times that he would get in touch during his trips through Moscow, but in the past year he still hasn’t. Apparently, he doesn’t really want to contact me, maybe he’s afraid that... (Voice from the audience: “The ticket is expensive”). Yes, expensive... cheap? But he didn’t come for the sake of meeting me. That’s a question not related to the book again — I’ll try to find an answer from the book.

13.17. QUESTION: *In the book “Russian History Viewed Through Distorted Mirrors” when did they come, arrive, and leave?*

ANSWER: The thing is, after the catastrophe happened, as you understand, civilization was thrown back into the Stone Age. And that’s no secret. Even if you take a modern person — with cameras, with weapons — and drop him on a deserted island, if there are no technological systems in place, the batteries will quickly die, the bullets will run out, and he’ll have to start picking up stones, rocks, and doing something to replace bullets, and so on. And it takes quite a bit of time to restore the kind of technology that once existed — especially not by one person alone, right?

So, after the catastrophe, when the survivors remained, they were, naturally, thrown back. Don’t forget that they were poisoned — it was a nuclear war, on top of everything else. The water was poisoned, the crops were poisoned, and there were many mutations among people. They degenerated, and many even became cannibals. And when that happened, the URs came to help people get through that time — to teach them, to help them quickly restore what had been lost. But later they were forced to leave,

once the social parasites took over the planet. They had to shut down the star gates and leave so that the infection wouldn't accidentally spread through them.

If you've read my autobiography, you know that in other Cosmoses which had been infected by social parasites, they were isolated by a special abyss that the parasites couldn't cross. None of those entities could pass through — it was a complete quarantine. And not because it was simply closed off, but because at that time there were no methods to stop them. The same happened here — as soon as parasites appeared, all communication methods were shut down, the star gates were turned off, and regular flights ceased to ensure that the infection wouldn't spread any further. Because it's a very powerful contagion. So, the URs left when social parasites began to take dominant control over Earth — that is, several thousand years ago.

(Voice from the audience: "Did they come, excuse me, after the last catastrophe or from the very beginning?")

No, there was no need for them to come from the very beginning — the people were already quite developed at that time. They came later, to support and help those who remained, because unfortunately, there had been severe degradation. And that degradation was deliberately caused by the social parasites, because they couldn't take over a civilization that had a high level of self-awareness.

When people have a high level of self-awareness — when they understand that death is not the end of everything, that there are more valuable things than mere life, such as betrayal, treason, and many other factors that are far more dangerous than death — then it becomes very difficult to intimidate them or force them to do something against their will. Because such people hold entirely different values.

So, in order to control and turn a human being into an animal — one that fears death — it was necessary to reduce humanity to a primitive state, essentially to the Stone Age, to the phase of a rational animal, where animal instincts dominate. Where a person is driven by those instincts: survive at any cost, even if everyone else dies — as long as "I" stay alive. That's the principle they [the parasites] try to instill, and once that is achieved, everything else follows.

That's why, when this happened, the URs came to help the survivors rise up again. They helped a great deal. Unfortunately, they weren't able to do everything they had hoped to accomplish.

13.18 QUESTION: *Here various Slavic gods are listed, along with prayers, invocations, and visits to temples.*

ANSWER: I want to say the following: after the catastrophe, people were thrown back to the level of the Stone Age. Among the masses, there were very few individuals who had truly reached some level of understanding or enlightenment.

Our ancestors did not consider gods to be what we think of as gods today. Gods were seen as simple Hierarchs — advanced people who had managed to reach the level of Creation, that is, the ability to control, influence, and change space and time.

I've already written in articles and in *The Source of Life* that the "gods" were not gods in the sense we understand them now, but living people who had reached the level of the Creator. Not "creator" in the narrow sense of merely making things — though it is possible to create universes if one knows how — but even so, they were not gods in the modern sense of the word. So, we must not confuse the concept of "gods" from that time with how we define gods today.

Additionally, certain moral and ethical principles of behavior were developed in order to prevent people — especially those who had not reached a certain level of development or who had not yet passed through the phase of the rational animal — from behaving destructively. After the catastrophe, there were many such people.

It was necessary to instill the right principles from childhood — not so much so they would understand them consciously (at first), but rather to guide them until such time as that awareness could come through enlightenment. When a person has *experienced* and *internalized* why something is right or wrong — not simply because someone told them "killing is bad," or "doing this is wrong" — then it becomes a conscious moral foundation.

So, the idea was to lead by example, to establish rules of proper conduct, and to show what kinds of behavior were incorrect. This was all done to help individuals who hadn't yet reached a higher level — especially during the Night of Svarog — to break through, to awaken, and not to descend into the level of a mere animal. That's why various rituals and what we now call "prayers" were created — though it would be more accurate to call them invocations or appeals, rather than prayers in the religious sense.

What are prayers, invocations, or spells? They are verbal codes that always resonate with a person. Not everyone could rise to a higher level of development. So, a clever method was created: if a person repeats certain words in a specific order, word for word, it would help them open higher and higher doors — accelerating their development.

Unfortunately, this also had a downside, which later led to such practices being used in religions — but in a completely different, negative sense. You know, any tool, any action can be used both for good and for harm. All these practices were once about remembering what and how to do something, but in the end, what was originally positive turned into something negative. That's all there is to it.

So, it's important to correctly understand what our ancestors actually meant — what these things truly signified. In any case, when we pronounce a word, we redistribute flows — what I call primordial matters — that pass through us. And if a person has potential...

There are some people who go and buy spells or incantations. But if a person has very little potential — one that doesn't go beyond the tip of their nose — then they can read them and nothing will happen. But if someone naturally has strong potential, and they read a spell, just like that — do this, say that — *bam!* and there you have it — it works instantly.

There was a funny incident back in 1987–88. One of my acquaintances used to travel around villages, looking for elderly grandmothers and grandfathers. He once came to a village where there was this old man — and apparently, this grandfather had a strong natural potential.

So, the old man said: “My dear boy, you’re not the first to come to me. Others came before you, asking for my secrets. And you know what? Some of them once told me: if there’s someone you don’t like, put them in a sack and tie it shut with a string at the top. Strange thing is,” he said, “every time I tied that string — the person would get sick. Every time I tied it — they’d start to wither.”

You see, the old man — he was already quite advanced in age at that time — had a strong natural potential. Someone had offhandedly said that to him, without understanding what it would do. But when he placed someone symbolically “into the sack” and tied the string, he was actually severing or blocking the essence — completely cutting it off. That’s equivalent to cutting the silver thread — the connection to life — essentially, death. But if someone else who doesn’t have that level of quality tries the same thing, no matter how much they tie the string, nothing will happen.

And the same goes for prayers — they have the same kind of effect. If someone has potential, their actions will have power. If someone lacks potential, their actions will be zero effect. That’s why so many things need to be understood differently — in a way that unfortunately, we’ve forgotten or lost today.

(Voice from the audience: “Nicolai Viktorovich, excuse me, I want to return to that question — it was my question! Maybe it wasn’t fully written out. I said that I was following up... In the Slavic Aryan Vedas (SAV) particularly in the first volume, there are commentaries and listings of Slavic gods, and in there, Father Vladimir is now recommending to followers to do the same — to go to the temple daily. Honestly, I wrote there that it immediately gave off the scent of Christian rituals to me. So, I’m supposed to go to the temple, read a prayer in the morning, and read a prayer in the evening — and that’s why I asked: *Do we really need to do that now?* That’s the reason I asked that question.”)

No, it is not necessary — and I’m glad you clarified what you meant. It is absolutely not necessary. Please understand the following: if you read the Vedas, it says that the *volkhvs-guardians* would preserve them, remember? Who are the guardians? They are simply librarians, who did not have a deep understanding of the meaning of the Vedas themselves.

Their task was simply: to preserve. And for many reasons, they were not given real knowledge. Because if a person were able to read all the levels encoded in the texts — and if such a person were to fall into the hands of the dark parasites, they (the parasites) would force him to reveal those levels, to explain and hand over the secret knowledge they were so desperately seeking. To prevent that from happening, the guardians were only given the task of preservation. They were trained solely to keep the books safe, without being able to truly understand what was written in them.

By the way, many of them died — they were tracked down, one way or another, and failed to preserve everything. But the mission of those guardians was to pass the knowledge on to future generations — without themselves understanding its true content.

That same Pater Diy, he is only an intermediary between the *volkhvs*; he has no direct relation to the *volkhvs*, not even to the guardians. And his task was only to take and publish. He went further, this was already initiative on his part; instead of doing what he was told, he wanted to do something more. He began doing what was unnecessary, what he should not have done.

From my point of view, the Vedas should be read only in order to understand what ideas our ancestors had and how they lived. But this does not mean that we should do what is recommended there —

namely, the creation of a religion. Our ancestors had no religion at all; our ancestors had a worldview. That is, they understood how the world was arranged and understood their interaction with the world. And what is imposed now — that same religion — is no better than the others. Therefore, I believe there is no need to go to any temples, because it is not about temples and not about reciting prayers, but about the understanding and enlightenment of consciousness that you have attained.

13.19 QUESTION: *Another question about religious terror. They're asking about the evil that took place during the Night of Svarog — how does it manifest in people living today? I suppose we'll still be touching on what's more related to the book, correct?*

ANSWER: Do you understand what the problem is? The problem is that the Night of Svarog is a set of specific qualitative conditions that allowed negative traits in a person to manifest. If a person made no effort, did not resist, then they could very easily discover these traits and let them manifest.

For those interested in the details, you can read *Essence and Mind*. In Volume 2, in the chapter *The Nature of Karma or the Anatomy of Sin*, I describe the mechanism of how actions are reflected in a person. Naturally, the fact that people acted while under the external influence of the Night of Svarog does not change the fact that there was an external influence. The excuse of, "It's not my fault, it just 'came' to me from above, it 'struck' me — so I went and killed," doesn't matter. What matters is that the person kills or does something themselves. Therefore, the very action reflects back on that person — on their essence and on their genetics, which are passed on to their children.

If, for example, a person had children and then went and killed, then it will only be reflected in future children, not in those already born. But if it is a young man or woman who have not yet had children and they commit some act, then it is reflected in their descendants immediately — everything is passed on genetically.

In 1995, work was carried out in which the essences of all people who had died by that time and were waiting in the "waiting hall" were freed from all the karma they had accumulated — not only during this Night [of Svarog], but in general. All those who wished to leave went beyond, wherever they wanted, returning to their native planets. Those who remained here were joined by new Essences to fill all those niches, so that reincarnation could continue for those living at that time, because when an Essence arrives — a new conception takes place.

As a result, children born after 1995 do not have many of the blockages that those born before 1995 had. But again, unfortunately, without proper education and upbringing, this is not entirely a good thing. Why? Because "indigo children" appeared. Have you heard of them? In fact, this is not a new race — it is the same race. Once again, there is an attempt to twist and distort what actually is. And most often, these children, without proper upbringing and proper preparation, can turn into monsters.

So, many consequences have been removed, but the genetics that people live with today still carry the imprints of those actions that our ancestors passed down to us through their genetics. Naturally, if the deeds were negative, they will block or slow down that particular person's progress forward — but this does not mean that overcoming it is impossible. It is possible, but one must first understand how to act accordingly in order to achieve it.

13.20 QUESTION: Today there are very few questions about the book. (Voice from the audience: *Nicolai Viktorovich, a question about the dates — I mean from the Creation of the World in the Star Temple — 5508 BC. If you look at the Bible, it's supposedly taken from the Bible. I calculated — 3600 years, another monk calculated — got 5202 years. So, is this the creation of the world or the conclusion of peace?*)

ANSWER: Of course — I've already explained this. The conclusion of a peace treaty between the ancient Slavs of the Aryan Empire — the empire of white people — and ancient China took place after the catastrophe 13,000 years ago. Because most of China is closer to the mountains, they suffered much less than our ancestors. In addition, there was a sharp change in climate, which primarily affected our territories. And China was not significantly affected by this cooling.

Naturally, a large part of our territories became depopulated — just like now, more or less, right? And the Chinese, both then and now, started encroaching — but back then they were given a good thrashing. There was, of course, a serious war, and as a result of that war, our ancestors won. And a peace treaty was concluded, which the Chinese did not attempt to break — at least, not for a very long time. In principle, they never initiated a violation themselves.

It's just that they were accidentally given part of our country's territory back after 1775, when the Romanov dynasty was in power. The troops of Catherine the Second used rifled firearms, which the Horde dynasty did not have, and only thanks to rifled weapons did they win — because if the Horde dynasty had obtained rifled weapons, history would have been completely different. You understand why. Rifled weapons can destroy the enemy before he can even fire at you. Is there a difference?

So, after the territory was seized, the Horde dynasty did not preserve any maps, and the emissaries of the Romanov dynasty established a new approximate border, because in the Far East they had orders to place the border along the so-called old mountain ridge. If anyone knows, this was in the middle of the country, and when someone (I forget who) came to set the border with China, the Cossacks began to complain to him.

First of all, how did Cossacks appear there if there had been no one there until then, you understand? The Cossacks complained that the Chinese were seizing Russian lands. He invited the Chinese diplomats and began with a note of protest. They were very frightened, and seeing how frightened they were, he decided to push Russia's advantage. Let's say he decided to go all in and said: "Let's draw the border along the Amur River, and that will be our boundary." From the old mountain ridge — that's quite a large territory — and he thought he had added territory to Russia.

This is an actual fact, it's recorded — you can read it, it's in the historical chronicles. And the Chinese were absolutely overjoyed when he said "along the Amur." He couldn't understand why they were so happy. On the one hand, it seemed as though he had stolen territory from them, yet they were glad that he had "stolen" it. He did not realize that he had given away the land from the Amur to the Great Wall of China. And that is precisely why the Chinese were so pleased that he had handed over such territories.

You see, this was the only time the Chinese profited from the lands of our ancestors — when our ancestors, the representatives of the Romanov dynasty, were establishing borders without knowing the real boundaries. And again, the Great Wall of China was not built by the Chinese, but by our ancestors —

against the Chinese. A simple example: the height of the wall facing south, toward China, is twice as high as the height of the wall facing north. Moreover, it runs through the middle of China.

(Voice from the audience: “Not far from Beijing.”) Yes. That is, any fortress wall was always built so that on one’s own side it was made lower for convenience, and on the side of a potential enemy — the maximum height. So, the maximum height of the Great Wall is toward the south, not the north. This means the northerners were defending themselves from the southerners, not the southerners from the north. This is simple arithmetic, which, for some reason, they keep silent about and don’t want to mention.

13.21 QUESTION: *They are asking about development — why do I say that for development it is important, for example, to learn healing and the process.*

ANSWER: The answer here is very simple. The point is that it is not necessary for everyone who wants to develop to become a healer. But what is important is that in order to move forward, a person must grow from very small to bigger, bigger, and bigger. That is, a person cannot skip over many steps and immediately jump from here — to there. They can go through this path very quickly, but they must go through all the steps sequentially.

That is why I say that one must learn, beginning with healing. A person takes on working with someone who is ill — for example, with a stomach ulcer, a simple case; it doesn’t have to be some kind of severe disease. What matters is not a serious illness, but the developed mechanism.

First of all, a person must learn to scan, to learn how to obtain information about the real processes occurring in the human body. Then comes the analysis of the obtained information — the person must correctly analyze it and draw the right conclusions.

After the person has drawn the correct conclusions, they must create a strategy and tactics — what and how they intend to do in order to resolve the given problem. For this, once again, it is necessary to understand the problem in detail, in order to create the right strategy and tactics. If everything has been worked out correctly, the person must then have the potential to carry out the strategy and tactics. These are the factors.

I’m writing my autobiography, and it’s also step by step, read it. This approach is the same, whether you want to cure a person or work with the planet as a whole or the universe, there is no difference. It’s just that in one case you’re scanning the human body, in the other you’re scanning the planet. But if you don’t work out everything in detail correctly, then you won’t know what’s what. Without the experience of correctness and coordination of all these factors, which you must sequentially identify, you will not be able to do anything to advance to the next step. Therefore, the easiest way to develop is to start by helping another person.

But in the beginning, you should not take on serious problems, as some rush straight into severe illnesses — no. Start with the simplest illnesses, if you want to become a healer, to learn, to work through all these mechanisms: 1 – learn to scan, 2 – learn to do proper analysis, 3 – create the right tactics and strategy, and 4 – gather the necessary potential. Without these factors, nothing can be done at any level.

There was a fairy tale where one man accidentally noticed that he could stop the fall of an object. There was an interesting cartoon — I watched it as a child. In it, he and a priest were playing cards, and the priest was late for morning service. The priest said: “Listen, stop time.” The man went ahead and stopped it, and it worked. He stopped the planet’s motion, but without understanding what he was doing. He set in motion the mechanism of his powers, which he had from nature. And what was the result? — a catastrophe.

So, it is here as well — a person must always correctly understand all the nuances of how and what, meaning the information must be reliable. Very many people, even those whose brains you restructure and explain to them how and what, will simply see what suits them, see what they want, what they think it should be — and they stop there. And that’s it: mistake, wrong actions, wrong conclusions, and no result. That is, they do not cause harm, but they do not help either. This kind of problem is still tolerable when it’s with just one person, but when it reaches something serious, then it becomes unacceptable, because it may lead to a problem like with that odd fellow who, just so the priest could make it to morning service, stopped the rotation of the planet — with all the corresponding consequences.

That is precisely why one needs to go through all the nuances, master things on a small scale, and then gradually increase. When you are accomplishing one task, you will encounter a bigger task, then a bigger one, and so on, until you reach the task you are capable of handling. Therefore, in development all of this is very, very important. Today there are very few questions about the book.

(A voice from the audience: “May I ask another question? How do you yourself think — when a person begins, say, to self-educate, to improve themselves, how would you put it? How could they control whether they are going on the right path?”)

How to keep it under control? First of all, it’s very hard to say — there is a huge amount of information that’s deliberately presented falsely, and if a person accepts everything blindly... Suppose they read a book that’s considered a popular, authoritative spiritual teaching. And the person soaks up everything blindly. They’re doomed to wander in the dark inside a labyrinth.

Unfortunately, most of those popular teachings that exist, and that are known to me personally, were created precisely so that a person would never get out of the labyrinth. Because for the forces that distribute, propagate and advertise them, it is not profitable for people to wake up, reflect, and understand. That’s why these teachings are pushed first and foremost through mass media by social parasites.

The question is: why do they do it? Not because they want that outcome per se, but because they need to wreck something. How do they do it? They cast some seeds — little bits people can feel and test on their own experience — and then they deliver false information. And once a person has received something they psychologically accept and “understand,” they then take the rest blindly. They know psychology very well, and they also apply additional influence.

Therefore, if a person studies and tries on their own, first of all they must try to understand — to examine each moment, analyze every position, accept nothing on faith, but dissect things in detail, delve into them, try to make sense of them and test whether it is really so. Through practice, only through

practical actions will you be able to verify whether it is true or not. But first of all, you must consciously pass it through yourself.

This is the first piece of advice one can give, and of course it is difficult. When I personally received such a classical, top tier, the best orthodox education one can get in our time, and realized that my education gave me not a single answer, and that there was no higher education that could provide an answer, I rushed to look for certain books. Back then there were few books on occult matters, and those I found were nonsense, even worse. And because I had certain personal capabilities, I decided to try to master something myself. I began to experiment — one experiment, another, the fifth, the tenth — and I began to create my own understanding. And what I understand now and possess did not come from any books or anywhere else, but is what I gained as a result of my movement from the beginning to what I achieved. That's all.

That is, in any case, there must be confirmation through practical actions. If there is no practice, and only talk... I can give a funny example. When I held seminars in America, there were a few well-known healers in the U.S. at that time among the participants. I would begin giving a lecture, and it would be translated into English. Back then I didn't speak English well enough myself. And one listener says to me: "How do you know?" I replied: "What do you mean?" — the most elementary things. She said: "My guardian angels say that you have not yet grown enough, you are not ready for this." And so on.

I understand that certain things, like for example the design of an atomic bomb — especially with the button — should not be explained to a child who doesn't understand. But elementary things, the basics needed to build a foundation — most often, when someone says "you haven't grown enough," "this is not given to you," "it's too early for you," and if they don't explain why it is not given, why it is too early — then it is simply a sham. That is, if you ask a first question and the answer you get is "this cannot be told to you because you are not ready," and they don't explain why you're not ready — know that it's false.

13.22 QUESTION: *About the seeding of races and the results of the experiment.*

ANSWER: The seeding initially, as you understand, was a seeding by the white race only, and the three other races appeared accidentally as a result of a cosmic war. This is described well. That is why all three other races appeared on our Earth at the same time, around 35–40,000 years ago — because they were refugees. They were evacuated from those planets that had been attacked by the black (forces) and were destroyed or threatened with destruction.

And when they arrived (on Earth), naturally it was decided to use them in the experiment as well. But originally the experiment was within each race, because in any case each race consisted of many different tribes that came from different planets. Even though they were of the white race, they were not from a single planet.

Likewise, black people weren't from the same planet, yellow people weren't from the same planet, and red people weren't from the same planet either. I don't think this kind of active interracial mixing was planned, because interracial mixing generally leads to negative results. A small percentage is positive, but the vast majority of the results are negative. About 70% negative genetic results and only 30% positive. In other words, it does far more harm than good.

That's why our ancestors told us to maintain the purity of our lineage. Not because they were against anyone, against another race. They never betrayed anyone and, in fact, helped everyone. But precisely because they knew perfectly well that mixing, especially between distant races, in most cases leads to negative genetic changes. 70%, I think, is still a significant negative result, right? And as a result, it turned out that initially, four parallel experiments were underway on Earth. At first, there was just one, then, when they brought people from other planets 40,000 years ago, they began conducting four experiments in parallel. But after social parasites intervened, this mixing arose, and everything went awry.

I would not say that there is much benefit from this, because 70% regression, I think, is a very high percentage. That is precisely why our ancestors had a position: to preserve the purity of their lineage. Not because they considered themselves somehow special, perfect or superior – but because mixing between different races is fraught with evolutionary consequences.

13.23. QUESTION: *After reading your books, I experience a sense of culture shock. My familiar worldview is shattered. It's unclear how to perceive life after this, how to live with this new understanding? Where should I start, change my lifestyle, what would you advise?*

ANSWER: Good question, a relevant one. First, my familiar worldview is shattered. The question is, what kind of worldview is this? If this worldview is good and accurate, then that's bad, but if this worldview is false, if this worldview is created to destroy man as an individual and humanity as a society, then I consider the destruction of such a worldview a positive thing. Yes, this is difficult for many people, truly a shock, because I'm not simply presenting what came to mind, what struck me, and I decided to write it. I present facts, presenting everything rationally; from my perspective, the concepts are reasonable. I don't stretch anything, I don't force anything, I hope that's true. And therefore, when a person reads, they truly perceive the whole.

Is this good or bad? Yes, I think it's good. If, say, you were being taken to get a New Year's gift, but instead you're taken to a slaughterhouse, and you know that instead of a New Year's gift, you'll be slaughtered like cattle, how would you like that? You're expecting a New Year's gift, but instead of a New Year's gift, you get a "poof," and that's it. Is it good or bad that you learned about this? I think it's good, because clearly no one will get a New Year's gift, right? It's good if something like this happened, when people came to understand and realized that we were indeed deliberately deceived, that we were fed false ideas, starting with science, and not just history.

There is an article called "The Theory of the Universe and Objective Reality," where I explain why and how such a science was created in order to lead people away from a truly correct understanding of nature. Because if this had started 100, 200, or 300 years ago, the social parasites would never have achieved the power and position in the world that they achieved as a result of it.

The question is, should we rejoice at this or weep? I think the right word is neither rejoice nor weep, but shock. Yet it is time to wake up, to come out of the hypnotic trance into which one was driven — against one's own will, by the way. It's one thing when someone voluntarily agreed, but it's another thing when they were forced into a trance state. And when a person wakes up from this trance, yes, he's in shock, because he doesn't understand what is going on.

But I think it's better to wake up than to keep moving in a trailer that takes you to the slaughterhouse, instead of receiving a New Year's gift. That's my opinion. Everyone can have their own opinion. Someone

might say, "It would be better if I didn't know anything, I'd rather close up and sit, my hut is on the edge, I don't know anything." Do you know the saying? But the fact is that there will never be a hut on the edge. Maybe not today, so tomorrow, not tomorrow, so the day after tomorrow, they'll get to you anyway, to those who say: "I don't know anything, I don't want to know, it's not my business."

Sooner or later, maybe not the very first, maybe they'll delay it a bit, but still — unless action is taken today, both the first and the second and the third will all be "struck down," figuratively speaking. So, from my point of view, awakening — no matter how unpleasant it may be — is always better than any sleep, especially a drugged sleep. That is my opinion.

13.24. QUESTION: *Nicolai Viktorovich, I've been following your advice at work and continue to promote these ideas. The problem in Moscow comes down to this: when you start talking about general natural achievements and various wonders, everything goes well, but when you begin to speak about whom the demons control and what is being done, in Moscow it becomes very tricky — not exactly dangerous, but it seems you get sidelong glances. In general, you understand, the "Jewish question" as it was in Soviet times has remained the same now. Even now, with so many Russians sitting in the audience, not one person has asked a question from the book. Especially in the first and second parts it talks about the demons who have taken over the world and who now occupy key positions in the world government — starting with Baruch, Leib, Schiff, and so on, who run everything. Even people who sympathize with you, no one asked the question: how are we to behave, ordinary people who are not their accomplices, but who are afraid of them, how should we act under these conditions?*

ANSWER: I understood your question. The fact is, you must understand that people have been intimidated for thousands of years. When Christianity was imposed, 9 million out of 12 million were exterminated, wiped out. What the Soviet government did — we don't even need to talk about that. Many tens of millions were destroyed. The most active people who tried to resist were eliminated. Naturally, those who remained — many are afraid.

You can talk about anything you like, you can talk about Russian nationalists, vilify them as much as you want. But as soon as you touch on the subject of Zionists, you're immediately accused of all mortal sins. Yes, this amusing tradition exists — a method of double, triple, tenfold standards: some can do whatever they want, others can do nothing. You see? For me a scoundrel is equally a scoundrel whether Russian or Jewish, if they do the same thing. The question is simply what and how to do, when people are intimidated to such a degree that they're afraid to open their mouths?

The situation is indeed difficult. You can't imagine, for example, how the poor Germans were intimidated after they themselves became the same bargaining chip as the Russian people in the war of two Jewish clans. They were intimidated to such an extent that they're afraid to open their mouths. Excuse me, but is that something we did? Yes, there were mostly German soldiers there, but even 150,000 in the army were Jews — not to mention that Jews also financed and led German fascism. The Germans are afraid to talk about this at all. In Austria, even just expressing doubt about the Holocaust — a person is put in prison.

(A voice from the audience: "One hundred thousand Germans are now sitting in German prisons under this article.") And if you've ever seen, there were neo-fascists in Israel as well — that is, Jewish neo-fascists... I remember there was an excellent program: one journalist stands and says, "Here is the Holocaust Museum, here are records of 6 million dead." Switch to another program: "Here I am standing

opposite the Holocaust Museum — it says 3 million dead.” Three, six — you know, plus or minus a tram stop.

But the most interesting thing is that at Auschwitz itself it was first written 6 million, then 4, then 3, then 2, now 1-something million — but for some reason they continue to write six, and it gradually decreases and decreases. In fact, 256,000 died, and those who died were those who joined the branch rebelling against the Levites — that is, the communists of Stalin’s group. All Jews who began to rebel against the power of the Levites were exterminated. Therefore, in Germany it was not just Jews who were destroyed, but Jews who sympathized with and participated in the resistance against fascism, supporters of Stalin’s communist ideas and those who rebelled against the power of the Levites.

And if you open the Torah, it says that any Jew who disobeys the Levites or rejects the laws of their god, Yahweh, must be immediately exterminated. In this case, it was the Jewish rebels who were exterminated, mostly at the hands of the Germans and partly by the Jews themselves, and the blame was laid on the German people. They, too, admittedly, played a significant role. The Germans are a special people in this regard, because their discipline is idiotic; for them, a corporal is a superior. Any soldier will obey a corporal implicitly, because he's a corporal, no matter what he says.

When I was in Germany, I was shocked when I was talking to a German farmer from the south of Germany, and he was telling me how to fish properly: you need to get a special license, answer a hundred questions, and then he'll take a fish out of the pond and hit it with a special iron-tipped stick to kill it. Reasonable measures, why bother? You put it in a special place. I say, okay, but what if someone happens to be nearby and doesn't kill it, but pulls it out and leaves it floating? What will you do? He says, "I'll go to the phone, call the police, and tell them that my neighbor, who's sitting over there, pulled the fish out and didn't kill it with the stick." The Germans have been trained to such idiocy. So, it's no coincidence that they're being used for their own purposes, and the fact that the fish will float around until the police arrive doesn't bother him. Why not just take out a stick and kill him with my own stick, or say, "Listen, you forgot to kill it," and remind the person. No, that's not my business, that's the police's business. I don't have the right to tell him what to do. I can't kill his fish because I didn't catch it from the pond.

This mentality still exists among the Germans. It was precisely this mentality that was so well exploited by the Jews, who created a fascist state financed by Jews and Levites, organized entirely for the purpose of destruction. I wrote about this in my book.

But to answer your question, what to do in this situation? You see, you can't just confront people head-on, because they're afraid, they're unprepared, they don't know anything. My advice, when you're conducting propaganda, is to find the key to each person, what interests them, what touches their soul, what's close to them, and then, through this, communicate to them, like a bridge, and then, over this bridge, give them little by little. And then, when they're ready, when they see the big picture, then you can give them this, and then they'll accept it normally. But in the vacuum and fear that exists now, people will shy away, and that's natural.

You know how they attack anyone when they attacked Libya? Lebanon, excuse me. The Jews attacked, the Israelis attacked, and they buried 40 women and children alive, mostly Christians. Not Muslims, but Christians. You know what they said? Our two soldiers were kidnapped and killed, for what reason?! Our two soldiers were kidnapped and killed, so we have the right to bury 40 women and children alive, who had nothing to do with the kidnapping and murder of soldiers. These soldiers were at war; that's their

job. They either die or win. If anyone dies, it's one soldier at a time, right? But their mentality is that burying 40 women and children alive is a small thing; they're just brutes. They brazenly declare into the camera: "They killed two of our soldiers, so we're burying 40 women and children alive."

Look at the level of fascism that exists in Israel and read the letters that Russian emigrants, Russian Jews who come to Israel, write. They believe they are miserable in Israel because fascism exists there, and they flee because, truly, it has always been a fascist state. And, in principle, the Torah and the Old Testament are super-fascism; read them, and this will become clear to anyone.

Almost no one reads them, but how can they? Others are afraid, intimidated by the media. No one mentions that when Vladimir the Jew imposed the same Greek religion on Russia, because Christianity didn't yet exist in Rus, 9 million out of 12 million were slaughtered. Almost everyone was slaughtered, only small children remained. And what happened after the revolution? There's no need to talk about it; no one talks about it. I lived in the USA for 15 years and never heard how Russians and other peoples suffered from socialism, but everyone says – Russian communism.

I always say, "Okay, if I'm Russian by nationality and I started a revolution, am I going to slaughter my own people?" "Will I slaughter anyone else who's standing in my way?" But if the Russian people, the very best of Russians and other indigenous peoples of Russia, are being destroyed, what does that mean? It's clear that either I'm crazy or I'm not Russian — these are the two options.

I had the chance to encounter a famous person in the US — maybe someone has heard of him — he was famous in the Soviet Union, Grigory Ginzburg. He was once a great fighter for Jewish freedom in the Soviet Union. So, I can tell you this: when I arrived in the US and encountered the Zionists he so passionately fought for, for some reason he didn't go to Israel either; he went to the US. But he turned away from them because he realized they were fools, and do you know what he told me? We had several conversations: "Yes, I completely agree that the revolution was carried out by Jews, with Jewish money, and that the genocide was... It was the 10% of scumbags, the degenerates — the Jews — who did it. Yes, they were Jews, but they were degenerates, and therefore we can't project what those 10% of degenerates do onto the rest of the people." I said, "I agree, but there's one thing. Now tell me, if those 10% are degenerates — I agree with you, that leaves 90%. Now tell me, if those are degenerates, then for me, if it's a Russian degenerate, I'll fight him the same way I would a Jewish degenerate, right? Tell me, how many Jews by nationality fought against those 10% of Jewish degenerates? Even 10%, for balance, although they were only a few. There are and have been people who fought against this abomination because they understood perfectly well that it was primarily the Jewish people themselves who were destroying it. Let's say there are 10% degenerates and 10% non-degenerates who fight against it, although this is actually less than 1%, leaving a minimum of 80%. What did the remaining 80% do between these extremes? These 80% of Jews accepted all the benefits and advantages granted to them by the 10% of degenerates mentioned.

Now tell me, if I robbed a bank and said I robbed a bank, I'm now going to give everyone here \$1 million. Tell me, if you each take a million dollars, even though you didn't rob it, what do you become? Accomplices! When I told him, "No, excuse me, my dear fellow, you're right that 10% are degenerates, but if those 80% at least accept all the benefits, they become just as responsible as those 10% of degenerates." He had no answer, you understand?

My advice to you is to study the Torah itself, read other real documents, so you can reasonably discuss and prove your case. But this still doesn't happen right away. You need to prepare the person; you can't lead them right away; you need to go from point to point. Anything is possible, and again, I'm not calling

for anyone to be destroyed. It's precisely them who shouldn't be destroyed, or beaten in the face; that's stupidity, and that's exactly what they want. The most important thing is for people to wake up. If you know who a pickpocket is, he won't steal from you. And if he can't steal anything, then he has nothing to steal, and he'll lose his skills.

The Jewish people, in my view, have the same place in the sun as everyone else, no more, no less. But they want all the sun, and that's unacceptable, in my view. The best thing is, Israel exists, so let them go to Israel. They don't want to, you know. One emigrant from the Soviet Union, he's Russian himself, married to a Jewish woman. True, there's hardly anything Russian left there, but it doesn't matter, you know what he writes? Yes, he says, we were persecuted in the Soviet Union, although I lived in the Soviet Union for 31 years before leaving for the United States, and I never saw anyone beat anyone because they were Jewish. Tell me, has anyone here seen this? No. Yes, there were jokes about Jews, and Russians, and Chukchi, and Georgians, and Ukrainians. That's all. No one beat anyone, no one was persecuted. It was done so that, on the contrary, the small people were given first place everywhere, right? They occupied a dominant position where they had no right.

The fact is that 90% of key positions in the economy of the Soviet Union were held by Jews, while they made up less than 2% of the population. And here is what this Jew writes — or rather, a Russified Jew — he doesn't want to work in the fields, he doesn't want to sweep the streets, he doesn't want to do anything, to labor. And yet everyone there is Jewish; someone has to clean toilets, carry bedpans from under the sick. They don't want to; they don't like it. Even among their own Jews — not among "animals" (according to their notions, all of us are animals). I understand, we're animals; they don't want to carry bedpans from under us, but they're all Jews there — this "divine tribe" — and they don't even want to carry a bedpan from under one of their own.

He writes that they have already prepared us for our return to Russia, and they will give us a minimum wage of \$100,000 a year or more, and then we will restore order in Russia. And it will be the same as in Israel, only without the Arabs, you understand?

This letter, which was written by this man, shows complete parasitism, they do not want to do anything with their own hands, they do not want to work, they want to receive money, manage others. That's not acceptable, that's the most important thing. I think it's great that Israel was created. By the way, at the first Zion Congress there was a rupture, a split in Zionism due to the fact that Theodor Herzl proclaimed the restoration of Israel. Because the real Zionists declared him a traitor.

Do you know why? What does the creation of Israel mean? And the fact that it is no longer possible to tell them that we do not have a home, we do not have our own country, so we break into your apartment if you want. And we will live and gradually push you out of the best apartments. They don't have the opportunity, because there is a country, and the real Zionists understood perfectly well that the restoration of Israel, which never existed in nature, would mean the death of Zionism.

That's right, because you don't need to beat anyone, the economic crimes they committed are enough to punish them according to the law, not because they are Jewish, do you understand? If 99% of lawbreakers who commit fraud, theft, deception and fraud are Jews, then who is to blame? All the others? No one forces the same Jew to engage in fraud, right? If he does this, then this crime is punishable by the criminal code, and not because he is a Jew. If a Russian does this, he will be punished in the same way as a Jew, no more and no less. That's what you need to understand.

They will greatly want us, those of us who are not the chosen people, to rush out and beat everyone, because then they will start squealing, raising an outcry about persecution, etc. In reality, this must in no way be allowed — it is necessary that every person receive what they deserve, not according to nationality. When we achieve that a person is punished for their deeds, not for their nationality, that will be good. And if 99% of Jews end up among those being punished, that again is not the fault of those who punish, but of those who do the deeds. If someone killed someone, who is to blame?

It's always funny to watch in the West when they try to explain that he killed someone not because he is bad, but because he was little and they didn't give him a candy. His father and mother didn't give him enough sweets, he wanted sweets very much — I'm exaggerating, but that's the point. And these are seen as mitigating circumstances, because he carried a childhood trauma from not getting a candy, and after that he took a knife and began cutting and killing others. First of all, if his mother and father didn't give him a candy, then go and kill your mother and father — that would at least make sense, right? Logically, yes, but somehow this person goes and kills everyone else, and for that he is, as they say, excused because something once happened in his past.

No one has the right — no matter what someone did to someone else — to escape responsibility: a person must answer for their actions regardless of any so-called excuses. What excusing reasons can there be? None. If you weren't given a candy, that doesn't mean you should kill others, no matter how angry you feel. Therefore, the most important thing is the enlightenment of consciousness — people must understand. When a person realizes that it's just a dogma, a phrase someone told them and that's it, they can no longer be intimidated or bought. Of course, a person may face a temptation and fail to resist — that's another matter, and again the responsibility of the person being tempted. But if a person knows that death, in the way people usually understand it, does not exist...

Do you know why the idea of reincarnation was removed from Christianity? Why there is no reincarnation at all in Judaism? To control! I can give one example and then I'll finish, because our time is already up. In the U.S., at my seminars, there was a woman from the Palestinian Jews — they are completely different from our Jews, because they lived and worked normally on the land. Nevertheless, she was a rare case: a woman who had received rabbinical education. Naturally, in class I was speaking about what I think of the Old Testament, the Torah, Moses. And she was very surprised: "Why are you attacking Judaism like this?"

I told her that I was only listing the real deeds written in the Old Testament, in the Torah — what Moses did. Name at least one positive deed and then I will apologize to you. Everything he did was connected with destruction, annihilation — from my point of view what he did was not the good deeds of a Messiah, a servant of God, but the question then is — of which God, right?

And she was rather sensitive — I restructured her thinking. And then I said the following, so you wouldn't say that I imposed something on you: "Go home and look at who you were in your past incarnations."

The next day she comes back, and her eyes are like saucers: "Do you know, in one of my lives I was black, in Africa." For her, as a Jewish woman, this was a shock. "And then it turns out I was in Russia; I saw a grave with a strange name Vya... Ve..." It was hard for her to pronounce. I said, "Vyacheslav?" "Yes, yes, that's it."

So, she had been Russian, black, Jewish — tell me, who are you then? Are you Russian, Jewish, or Papuan? After all, the body is just clothing. Yes, we put on clothing according to the qualities of the Essence, but the Essence is the same. What matters is the Essence, and which clothing you are wearing at that moment — of course, the better the “clothing,” the better. If the body has better qualities, that’s always preferable because you can realize yourself more — but nothing more than that. The Essence does not change.

That’s why first reincarnation was removed from Judaism, and then from Christianity — because when it’s clear that the Essence passes into another body after death, reincarnates anew, it becomes impossible to force people to do vile things. People will think and understand what’s what. Do you see how cleverly this is done?

(A voice from the audience: “I have a question — which form of government is most suitable for Russia? There is a constitutional monarchy, an absolute monarchy, bourgeois republics, socialist republics. From your point of view, which system is most acceptable for us?”)

None of the ones you listed. I can say the following: the most correct, the best of all the options you mentioned, would be a constitutional monarchy — although it is not a good option, but it is the best among those you listed. Why? Because one clique comes to power, stuffs itself, and then it becomes unprofitable for them to continue plundering their own country, since they need to pass something on to their children, right? If you plunder your country and oppress your people, then your children, who will rule after you, will end up poor, isn’t that so? And what you have looted will not last long anyway.

Therefore, out of the options listed, the best is a constitutional monarchy — although I did not say that it is truly the right one. The correct option is a completely different one, the one our ancestors had. It was not democracy in the way it is understood today, but a multi-level elective system where people elected representatives. For example, people living in one place would choose a person responsible for their common affairs at the level of a small district, village, or town. Then those who managed, say, the villages would elect the district manager. They elected — not everyone voted, because if a person could not handle managing a village, then they certainly could not handle a district, right?

And in this way, it turned out that people elected only those whom they could directly oversee. Let’s say you live in one house — you chose the house manager, who had certain tasks. If he could not cope with his tasks, you would notice this immediately and remove him. But if a house manager comes to you from above, you cannot remove him, and no matter what he does, you are beyond their control, even though you may have elected the one who appoints that house manager.

Our ancestors had real democracy. People were not elected the way it is done today — where anyone can be promoted through PR, either glorified or smeared. In both cases, it ends up completely disconnected from reality, depending on whether someone wants to throw dirt on a person or put wings on them.

Princess Diana is a good example. She was made into an angel from heaven, but in reality, she was vile, if you know the truth of the matter. For everyone else, who does not know, she appeared simply as an angel. Mother Teresa is another case — she was canonized as a saint. But there are few false abominations in the world as great as those two women: Mother Teresa and Princess Diana. Therefore, from my point of view, it would be right to recreate exactly what our ancestors had — when there was a

multi-level electoral system, not direct elections, but a step-by-step system. Of course, that doesn't mean everything will be perfectly good. But in such a system, people can see: if a person could handle one task, if they had talent for it, that talent would show. If it did not, then they would not be allowed to move further.

And how was it in Soviet times and how is it now? A person failed in one position — they were transferred to another; failed again — moved to a third. And then people say: *“a great leader, experienced in management”* — experienced in failing everything, right? No need to list examples, it was like this before, and it is like this now.

(A voice from the audience: “Putin is promoting Zurabov — where is he now? He promoted Fradkov to intelligence. He failed there, and he's failing here too.”) At least Zurabov was and still is a scoundrel, but at least he's smart. That's at least some kind of plus. Because when someone is both stupid *and* a scoundrel, the harm is doubled. A smart one tries to do everything quietly.

(A voice from the audience: “Only for himself and his wife — just like Comrade Katz.”) Yes, exactly right. Well, of course — how else? It's only his wife; Comrade Katz has nothing to do with it. This idiocy that has been created now was created by social parasites, naturally not only here. Unfortunately, the mass media keep pushing the idea that this kind of rot existed only in the Soviet Union or still exists only in Russia.

Believe me, I lived 15 years in the United States — and there's no less rot there, even more. What's happening here, they're simply trying to recreate over there. There, a senatorship costs \$20 million — if you want to be a senator, pay \$20 million and you'll become one. The same goes for mayors — they come with little suitcases of cash; it's just done less blatantly.

The only difference is that the police give you a ticket — you pay the fine to the state, not to their pocket. And if you try to bribe them, they can arrest you and put you in jail for offering a bribe over a speeding ticket. Although, if someone knows someone, it still happens — but a police officer will never take a bribe from you if you're not a familiar face.

(A voice from the audience: “Because there might be control?”) Yes, because there might be someone specially planted — and he could lose his job. And do you know why? Because all government employees who work for the state in the U.S., when they retire, receive up to 80% of their salary as a pension. So, if a person worked and earned \$100,000 a year, upon retirement they receive around \$75,000–80,000 per year in pension.

Now, someone who worked in the private sector, paid taxes, and over their lifetime paid millions in taxes — that person gets a pension of about \$1,500–2,000 a month. Do the math. That's why those who manage to break into government service there *fight tooth and nail* to keep it — they'll do anything not to lose it. Because the benefits, medical insurance worth millions of dollars — all of that is covered at others' expense, naturally.

Taking a bribe of \$100 could cost them much more — because if they get sick, it could cost a million. So, if someone takes a \$200 bribe but loses a million in benefits — that's just not logical, you see? But still — they steal. Let me give you an example to wrap up. Few people know that California produces about 70% of the United States' national food supply. According to U.S. law, the state treasury collects a 10%

income tax, plus an 8.5% sales tax — along with taxes on roads, real estate, and so on — all of which go to the state. In total, California collects about 25% of the entire U.S. gross revenue, and it all goes to just *one* state — California — out of all 50. In other words, a quarter of the nation's total goes to California's internal needs. Not bad, right?

(A voice from the audience: "That's like Moscow for us.") Pretty much. So, when Schwarzenegger became the governor of California, the state treasury was empty. Think about it — where did all the money go? Especially since, during that time, nothing major was built except for the San Francisco airport. Hundreds of millions of dollars disappeared from the treasury. No need to explain where they went — or is it still unclear?

(A voice from the audience: "Mandarins?") Yes, mandarins (career politicians). You have to understand — everything is for sale there, and there is no real justice. They twist the law however they please. So, when people say, "*Things are good there,*" — what's so good about it? I can compare. I'm not saying that everything in Russia is wonderful or some kind of paradise — there's plenty of filth here too. But there's no more of it here than anywhere else.

And prices rise there just the same. I can tell you from my own experience: in the 15 years I lived there, airfare prices increased more than sixfold — not bad, right? And electricity prices? They almost doubled. They staged it. For some reason, traffic lights kept going out on the roads. Strangely, there was always enough power in the houses — but somehow not enough for the traffic lights. When the lights go out, traffic jams form, and of course, the cameras record it, and the news shows it everywhere.

After showing these blacked-out traffic lights for a while — turning them off in a few places — they then doubled the price of electricity. And after that, magically, the traffic lights stopped going out, even though nothing had changed. Apparently, when the price doubled, there suddenly was "enough electricity." No new power plants, no infrastructure changes — nothing. They just played out a familiar scenario. And food prices went up, too.

And they say that Americans are thriving there — that's a lie. Ninety percent of people in the U.S. live on credit, and seventy percent spend their entire lives paying off debts — and will never be able to fully repay them. It's complete slavery.

For an average American, \$100 is a lot of money — most can't afford an extra hundred dollars. After paying for this and that — loans, gas, insurance — they're left with at most \$300–500 a month for food and clothing for the whole family. And that's for people who have normal jobs. I'm not talking about the rich who have millions or tens of millions.

So just think about it. And prices there aren't like here — yes, prices can vary here too, some things are cheaper — but the idea that they're "swimming in bliss" over there is a complete lie. The only ones *swimming* are the parasites — the same kind that float here. The parasites thrive there just as they do here — there's no difference.