

## Sugar, part 4: Something Ends, SOMETHING BEGINS, but will we survive?!

Autor: [Zhuravlev V.V.](#)



If you want to study the topic of diabetes, then the whole Internet is simply full of information about everything related to this disease. You can also get acquainted with the searches of ancient doctors who tried to understand what exactly causes this disease, and with the most modern methods and research results using pharmaceuticals and various medical equipment.

Many options and methods are offered: maintaining health, medication and insulin therapy, physical activity and diet. Courses are held to identify and define the symptoms of the disease, the possibility of genetic determination and detection at an early stage.

If we summarize the available medicine and the data from WHO, then in reality, there are already about 1 billion diabetics in the world and no less. I emphasize, not 500 million identified cases, but actually 1 billion, real patients, even without taking into account pronounced symptoms of diabetes. And in my opinion, there is one problem and that's what it is ...

Think about it: among billions of potential queries and pages of different sites, you will find all the symptoms of diabetes listed, in any quantity. That is, everything that precedes this disease, what this disease includes, as well as its consequences. But you will never, I emphasize, never, find the answer to this question on the Internet: "if the symptoms of diabetes are known, then WHAT is diabetes a symptom of?!".

In the process of my research, I came to the conclusion that diabetes cannot be considered as a disease with accompanying symptoms, because diabetes is a SYMPTOM, and WHAT it will lead to, we will consider further.



Whether we like it or not, it's worth saying frankly: "A person does not live with diabetes – but survives! However, survival is not life, or "to survive does not mean to live!". Is it possible to call life a state when you are constantly straining about what and how, including when - you need to eat, eat and to what extent and what it will eventually lead to: a diabetic coma, a temporary but significant rise in blood sugar levels, or you can just calmly eat small portions and get enough. Moreover, no matter what they say, the state of modern science and medicine at the moment is such that diabetes cannot be cured and will never be cured.

What will doctors say to this? Perhaps that: “Well, of course it can’t be cured! This is a chronic disease of the endocrine system, requiring constant monitoring and making appropriate daily decisions depending on the patient’s condition! And much more....” But the absurdity of the approach to the issue of diabetes lies precisely in the fact that medicine is right in one thing: “diabetes is incurable.” Because the disease cannot be treated symptomatically, beat the symptoms, it is necessary to eliminate the root cause of the disease - and diabetes is just a symptom, not a consequence of endocrine changes. But this is a symptom of WHAT? According to the data I received and the results of my research, I came to the conclusion that diabetes is a symptom of colossal changes in the Earth’s Control System, as well as in the Living Conditions of People and, as a consequence, a change in the body itself. And to put it another way, taking into account the interventionist intervention, then Diabetes is an Evolutionary Trap. The Dead End of the Evolution of People created by the Ebras. People ("Commoner" = "Just People") and a HUMAN are two different Concepts and have nothing in common categorically. It is worth paying attention to this ...



Doctors and diabetics themselves are constantly fighting to lower blood sugar levels and to ensure that the same sugar, glucose, is absorbed by cells. And, of course, they are fighting to reduce the risks of developing pathologies and organ destruction from constant high blood sugar levels. All these attempts are futile, especially considering the newly arriving diabetics in the army. And not only with the affected pancreas, but also with the liver, with impaired properties and functions, as well as kidneys. The day is not far off when there is a risk that most (and maybe almost all) of those living will also join their ranks. And it’s not about nutrition, ecology, stress and depression, or even genetic predisposition. Because diabetes, as I have already noted, is not a disease, but a symptom of changes, and the most terrible “change” for all living people is that **glucose ceases to fulfill its function as a kind of energy-satisfying basis.**

Glucose loses its properties and this applies to all living people. Wherever you are, no matter what living creatures you meet on your Way, everyone uses a single energy carrier - glucose. Complex sugars are broken down by the body into simpler sugars, but it is glucose that produces and transports energy and nothing more.

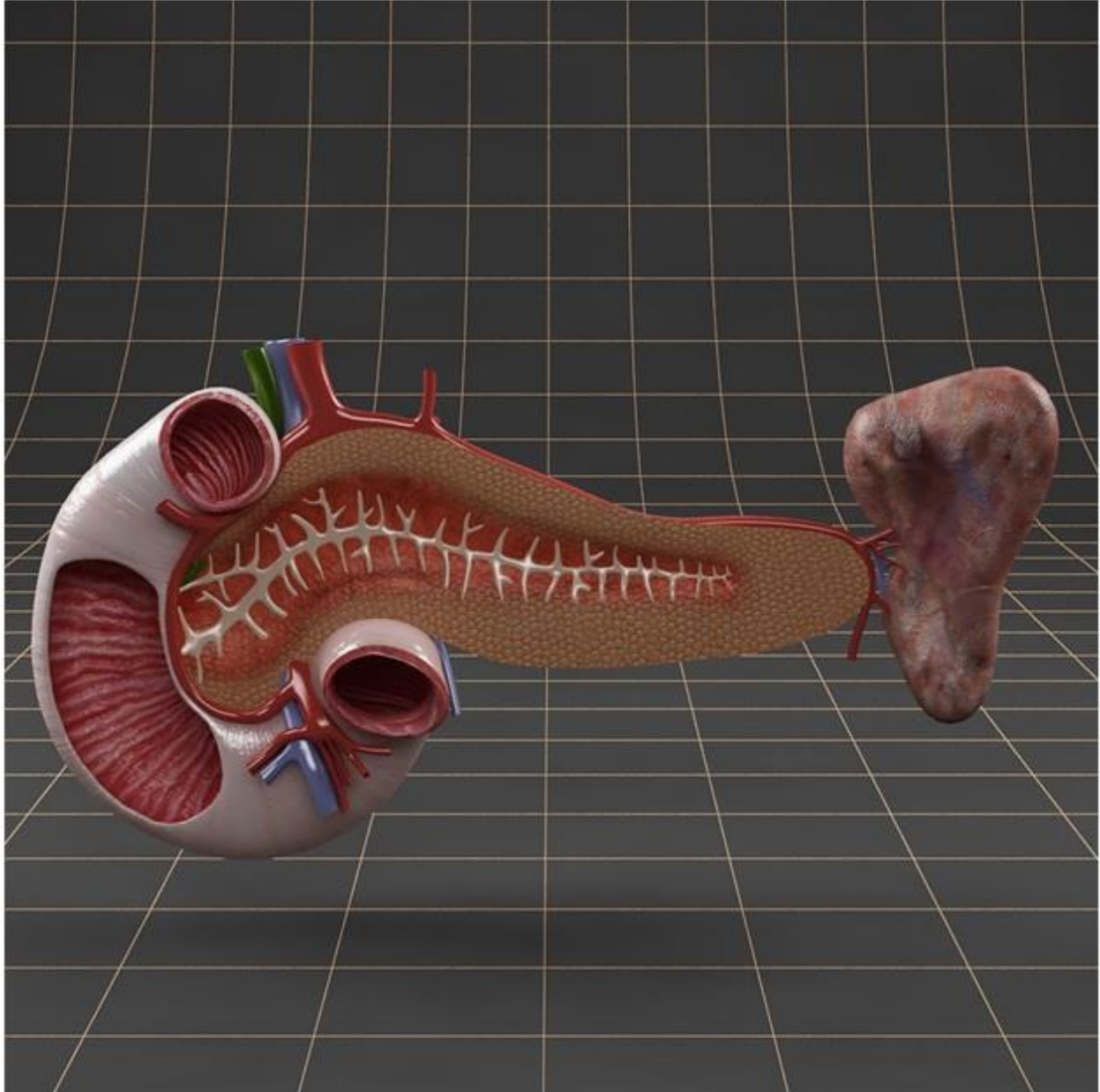
Imagine a situation where there are not any carbohydrates that saturate you, combined with the fact that proteins and fats have also strangely changed their properties and no longer represent the value that they had before. I have not the slightest desire to plagiarize nor rehash my own publications, nor any others again, regarding sugar and diabetes. But at the same time, I set myself the task of communicating the results of my research to the readers of this article in an accessible language. It took me almost a year to get these results. A year of very purposeful and complex interaction with the "SvetL-Flora", as well as intense complex experiments with almost all substances on Earth, not in physically pronounced laboratory conditions. The brain doesn't need laboratories. The brain in this context is a huge research laboratory that is constantly being supplemented. As for skeptics and banal provocateurs, I will say this: "the changes are catastrophically serious and I write my articles primarily for my own Development and provide verified information for those who want to live and live as a healthy Person, or rather become a Reasonable-Healthy Person. And ignoramuses and skeptics, as well as a dull army of provocateurs, are just atomic dust on the Star Road. To put it obscenely – they will die and they will be immediately forgotten about. To put it intelligently, they are not protected from anything and are also victims. Why won't they be remembered? Alexander Ivanovich Yuryev brilliantly said about this: "The one whose echo is in others, who in this world lived not just a personal life, has not died."





As part of the research, I asked myself the question: "here we are constantly talking about problems with pancreatic and liver cells, for example. Yet, no less important is another question: in general, the very concept of "cell" refers more to which state: a physically dense body, or additional bodies of the essence?! If a cell has not only a physically dense state, but also an etheric, astral and mental part (the non-inertial part of the cell), is the name of the cell itself correct at all?! And in general, what kind of "organism – cell" is this that we are constantly talking about and trying to fix something in him (in her)?! And if in highly developed civilizations there is no physically dense body at all, then do These Essences have cells at all, if their form of life is a field form, or an Essence, a Brain? If we think from this point of view, then Man is not his physically dense body at all. Within the framework of family relations, of course, the Person who is dear to us is important to us and we do not talk about what a beautiful Brain He or She has. When discussing this, as a rule, we focus on ensuring that there is a Correct Brain and that the Person is Healthy and stays with us and in our lives for as long as possible, in a healthy physical and mental state with full active life. Just like we are in his Life. The uniqueness of the situation is that even understanding and knowing that death is not the end (but it does not apply to the current powers that be, that's the way it is), we experience grief and monstrous sadness if we lose a loved One. I think that the same feelings are experienced by those Essences who do not have a physically dense body.

As part of the experiments previously carried out on Human-bred Ebras (**highly developed spiders**), slavish submissive and the same condition developed. Look, objectively assess the situation around you with People and your friends, look around. And draw your own conclusions, I will tell you what I observe: People are just falling apart, falling apart before our eyes, life is flowing away, as by analogy with a sand clock. The uniqueness of the situation with the sand clock and the vitality and potential of People is that to restart the counting in the sand clock, you just need to turn it over and the counting starts again. But in a situation with a Human Brain, you can't just turn it inside out, turn it over and replace it like this. In English, "on the contrary" sounds like "vice a versa", and in ancient Latin there is a phrase "Vica Verisa" - "turn back". Even if you replace the "stuffing" of the Brain, the cells do not change in the rest of the body systems, just like that. The transition period is a huge Probability Theory, albeit Verified. There are no guarantees, there is only a Chance and an Opportunity, or the possibility of a CHANCE. Therefore, considering the topic about "sugar", perhaps I am not finishing this particular series of articles at all, but I am planning to deploy a new vital series of articles about: Genetics, immunity, anatomy, our prospects and MUCH MORE. It is important to note that there will never be a return to the Past, as Boris Viktorovich Makov has repeatedly said, including in the framework of information from the Works "Fundamentals of the Formation of Humanity". If we consider it in the context of an article about sugar and our Health, I suggest you think about it, follow the course of reflection: "The Essences of Humans (not People) who previously lived on this Earth before the invasion and transformations after by the Ebrov Civilization, have nothing in common with modern People at all. It was in their "Image and Likeness" that People were eventually built and created just as we are. Moreover, I have not seen a single mention in the OFC about whether Humans had bodies here, earlier. We will never be the same as before, it is impossible to return to this state. Because our body is generally foreign in this respect. But People's organs are also failing, or malfunctioning, at best, due to the return of the Planet and Life Support processes to their Native State of Frequencies and Processes." Let's look at what to do about it and how to do it, WHAT to count on and HOW to live with it, we will consider further. Because the easiest thing to do with it is the phrase "how to die with it" - "yes, easily and naturally." And it is necessary to solve complex tasks – "how to live with it, survive and go through Changes." This is the topic of my article, which marked the beginning of the next cycles of research."



The reality of the problem with diabetes and sugar in general, is that living with the pancreas is difficult, sometimes unbearable, and without it it is completely impossible. There is nothing you can do about either the first fact or the last circumstance. This is simply the fact of the imputed body-baggage that we have to carry in ourselves, in the literal sense. And we will carry this baggage with us as long as we are alive. But the trap of modern conditions is that, no matter how wild it may sound, especially for doctors reading this, the more the pancreas is in us, in the classical sense, the sooner we will come to an end.

From the point of view of Proto-Humanity, the evolution of the body was not envisaged at all. The more I studied this direction, the more I came to confirm that there was also a significant

Evolutionary Experiment on Earth, before the intervention of the Ebras, and with far-reaching Plans and Consequences. If we take for analysis and comparison the Brains of the most developed Essences that lived then, it is worth noting that they no longer needed a physically dense body. You can stand next to a Person, feel his presence, talk to him and even physically feel his handshake - but this state of the Essence (BRAIN) had nothing to do with a physically dense body. And for this Essence, the absence of a body became as familiar as its presence for us. Those who had not yet reached such stages of development had physically dense bodies, although the number of such People was decreasing, which corresponded to the plan of the Creators of the Human Brain. The conclusion follows from this: physically dense evolution (the evolution of our physically dense organism) was not envisaged, which once again emphasizes the purposeful violent intervention of ANOTHER civilization in the course of the development of life on Earth. It is difficult to assess whether Humans, or better yet, Essences, were lucky enough to find themselves without a body during the attack of the Ebrs, or not, but in the Image and Likeness of Humans still alive at that time, the Ebrs began their Purposeful Violent Evolution, urging the Cubic Brain (Spider Brain structure) under such a vile and unyielding body, from their Point of View. From the point of view of protecting the secrets of the Human Cell and the Human Brain in general, a very important role was played by the fact that most of the World's population no longer had physically dense bodies and their Brains were significantly protected from the effects of Spiders in order to find out secrets.

The trap of the current situation is that we are caught in a Time Loop: Proto-Humanity – Ebra-Human Civilization – a return to Proto-Humanity under the conditions of life support. What was an evolutionary acquisition in our body from the point of view of the Ebras is now killing us and dragging us to the bottom. Please note that the basis of Human immunity in the general population, consists mostly of specific fluids and mucus, and, to put it even more simply, a significant proportion of glands. It is with these mucous elements that the associated lymphatic system activity is derived: bacteria, fungi, pathogens, remnants of viral elements and much more.

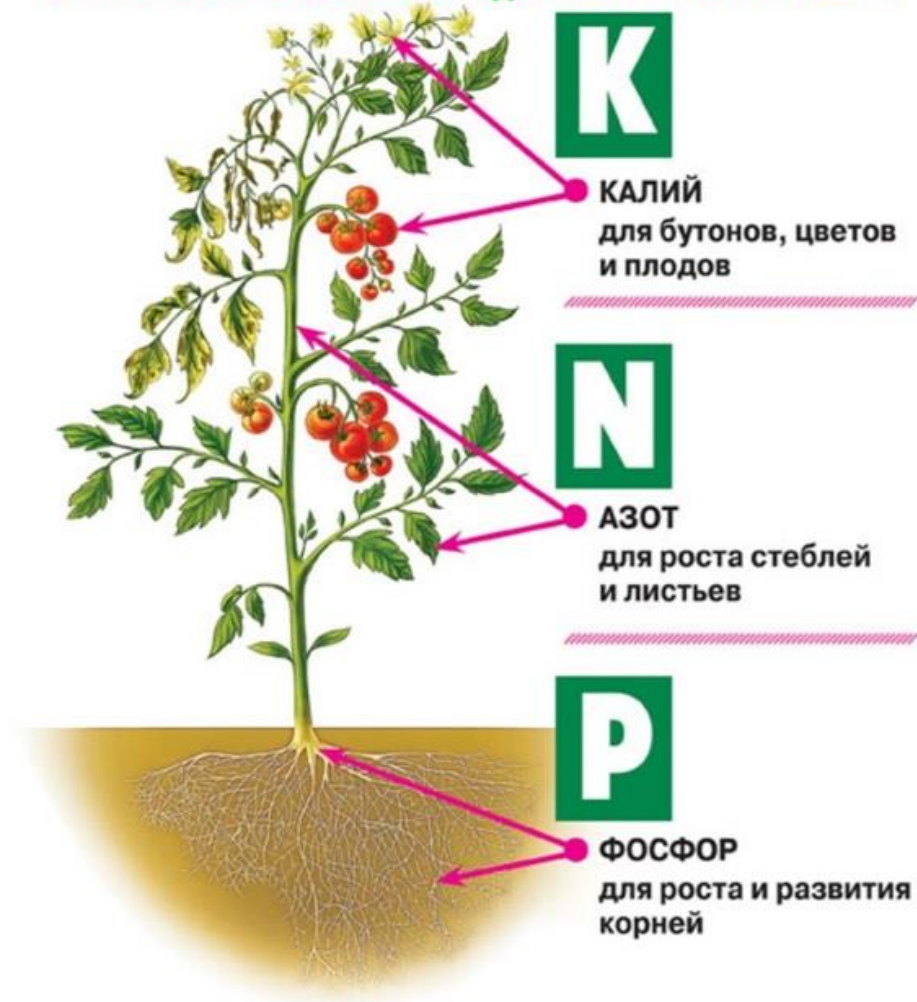
However, it's no secret that from year to year, people's immune defenses are weakening. Neither pharmaceuticals, nor changes in diet, nor even the theoretical possibility of using exclusively clean water and food, will correct the situation. The problem with medicine is that we don't even have a medicine of diseases, but a medicine of ignorance and despair. They often like to repeat that doctor's profit from People. But the situation is such that there will be no one to profit from for several decades to come. It doesn't make it any easier for us or the doctors. It is worth saying directly: the real reason for human immunity is not clear to medicine in fact, as well as its real loss, taking into account what is happening, as well.

Diabetes and endocrinological abnormalities are not a deviation and a consequence of the loss of immune cell protection. Both of these phenomena are one whole and only a small grain of sand of events against the background of EVENTS, only symptoms. I will only say my opinion,



formed from the conducted research: I do not see any chances for People without the assistance of the "SvetL" Programs, especially if you delay their application. But I don't see an abundance of guarantees for those who already use the "SvetL" Complex, even for many years. It's just a chance and a very small one, but that's my opinion. In any case, I think it's better to use this opportunity to fight for your Life and within the framework of knowledge. Moreover, who else is using whom and WHY: we, the capabilities of the Generator and the "SvetL" Programs, or HE uses us for SOMETHING MORE. Everyone will find out WHO is WHOSE test subject on their own. But what is important is real Knowledge and what is no less important is the absence of fear to know the Truth.

### ВЛИЯНИЕ МИНЕРАЛЬНЫХ УДОБРЕНИЙ НА РАСТЕНИЯ



### THE EFFECT OF MINERAL FERTILIZERS ON PLANTS

POTASSIUM for buds, flowers and fruits

NITROGEN for the growth of stems and leaves

PHOSPHORUS for growth and development of roots

The fact is that the basis of a living cell is a nitrogen block and the basis of sugar is also a nitrogen block, as the most easily synthesizable and decomposable compound carrying the necessary potentials. For a simple understanding, pay attention to the fact that the very first and most important fertilizer at the onset of spring for agriculture is nitrogen fertilizer. For the production of nitrogen fertilizers, a huge amount of natural gas is required, for the production of ammonia with its subsequent transformation along the technological chain to a mineral state so that it can dissolve in the form of granules in the fields. It is nitrogen fertilizers that ensure the maximum power of vegetation for the rapid growth and development of leaves and the build-up of the green mass of the plant, as well as the formation and acceleration of the development of plant fruits. An interesting combination of the nuances of the plant world and what is happening inside the human body, isn't it, especially the rapid formation of ketone bodies and ammonia secretions in diabetic patients, especially, and in healthy People?! Academician Michurin also suggested the similarity of intestinal bacteria and the most useful nitrogen-fixing bacteria in the soil for the formation of humus and the rapid development of plants during the growing season. No less interesting is the fact that the most common elements within fertilizers for agriculture, such as phosphorus, potassium, calcium, magnesium, iron, are also vital elements for the normal activity of the Human body.

"Sugar" is a combination of hydrogen potentials on a gravitational basis and a nitrogen block is the carrier of such a structure. Here, however, the Spiders were in trouble: the structure of Human DNA and the structure of a Living Human Cell were incomprehensible. What needed to be implemented? Implement your own life support frequencies for the parameters of the cubic Brain. Everything has touched on this transformation, but in this context, we are particularly interested in food products: vegetables, fruits and the elements contained in them, especially sugar: glucose and fructose. In general, just imagine the enormous number of changes in the world, at least in the following comparison, and it concerns everyone living and not only People, but also animals and even plants.

Периодическая таблица Д. И. Менделеева

Период	Ряд	ГРУППЫ ЭЛЕМЕНТОВ													
		I	II	III	IV	V	VI	VII	VIII						
1	1	(H)						H 1,00797 Водород	He 4,0026 Гелий	Обозначение элемента Атомный номер Относительная атомная масса					
2	2	Li 6,939 Литий	Be 9,0122 Бериллий	B 10,811 Бор	C 12,01115 Углерод	N 14,0067 Азот	O 15,9994 Кислород	F 18,9984 Фтор	Ne 20,179 Неон						
3	3	Na 22,9898 Натрий	Mg 24,305 Магний	Al 28,9815 Алюминий	Si 28,086 Кремний	P 30,9738 Фосфор	S 32,064 Сера	Cl 35,453 Хлор	Ar 39,948 Аргон						
4	4	K 39,102 Калий	Ca 40,08 Кальций	Sc 44,956 Скандий	Ti 47,88 Титан	V 50,942 Ванадий	Cr 51,996 Хром	Mn 54,938 Марганец	Fe 55,847 Железо	Co 58,9332 Кобальт	Ni 58,71 Никель				
	5	Cu 63,546 Медь	Zn 65,37 Цинк	Ga 69,72 Галлий	Ge 72,59 Германий	As 74,9216 Мышьяк	Se 78,96 Селен	Br 79,904 Бром	Kr 83,80 Криптон						
5	6	Rb 85,47 Рубидий	Sr 87,62 Стронций	Y 88,906 Иттрий	Zr 91,224 Цирконий	Nb 92,906 Нобий	Mo 95,94 Молибден	Tc 98,906 Технеций	Ru 101,07 Рутений	Rh 102,905 Родий	Pd 106,42 Палладий				
	7	Ag 107,868 Серебря	Cd 112,40 Кадмий	In 114,82 Индий	Sn 118,69 Олово	Sb 121,75 Сурьма	Te 127,60 Теллур	I 126,9044 Йод	Xe 131,30 Ксенон						
6	8	Cs 132,905 Цезий	Ba 137,34 Барий	La* 138,91 Лантан	Hf 178,49 Гафний	Ta 180,948 Тантал	W 186,21 Вольфрам	Re 186,21 Рений	Os 190,23 Осмиум	Ir 192,22 Иридий	Pt 195,08 Платина				
	9	Au 196,967 Золото	Hg 200,59 Ртуть	Tl 204,37 Таллий	Pb 207,19 Свинец	Bi 208,980 Висмут	Po [209] Полоний	At [210] Астат	Rn [222] Радон						
7	10	Fr [223] Франций	Ra [226] Радий	Ac** [227] Актиний	Rf [261] Рифторбий	Db [262] Дубний	Sg [263] Сейборгий	Bh [264] Бергий	Hs [265] Хассий	Mt [266] Майтнерий	Ds [271] Дэбниум				
	11	Rg [272] Рэгенбий	Cn [285] Коперниций	Nh [286] Нихоний	Fl [289] Флеровий	Mc [290] Московский	Lv [293] Ливерморий	Ts [294] Теннессиум	Og [294] Оганессон						
Лантаноиды		58 140,12 Ce Церий	59 140,907 Pr Прометий	60 144,24 Nd Неодим	61 [147] Pm Прометий	62 150,36 Sm Самарий	63 151,96 Eu Европий	64 [172,25] Gd Гадолиний	65 157,25 Tb Тербий	66 158,925 Dy Диurioпий	67 [162,50] Ho Гольмий	68 162,50 Er Ербий	69 167,26 Tm Туллий	70 173,04 Yb Иттербий	71 [174,97] Lu Лютеций
Актиноиды		90 [232,038] Th Торий	91 [231] Pa Протактиний	92 [238,03] U Уран	93 [237] Np Нептуний	94 [244] Pu Плутоний	95 [243] Am Америций	96 [247] Cm Кюрий	97 [251] Bk Берклий	98 [252] Cf Калифорний	99 [257] Es Эйнштейний	100 [261] Fm Фермий	101 [265] Md Менделеевский	102 [269] No Нобелий	103 [270] Lr Лоренсский

Periodic table of D. I. Mendeleev  
groups of elements

Through D.I. Mendeleev's Brain, the Ebra Control System transmitted not just the elements of the Periodic Table. In fact, this table is a "Window into Nature", like the release of a famous column from newspapers. It is on all these constants and data that modern science has been holding on until recently and still continues to hold on in its illusion. All materials, processes and everything that is in us and surrounds us are captured in this table, however ... all this Knowledge is already illusory and further, inapplicable.

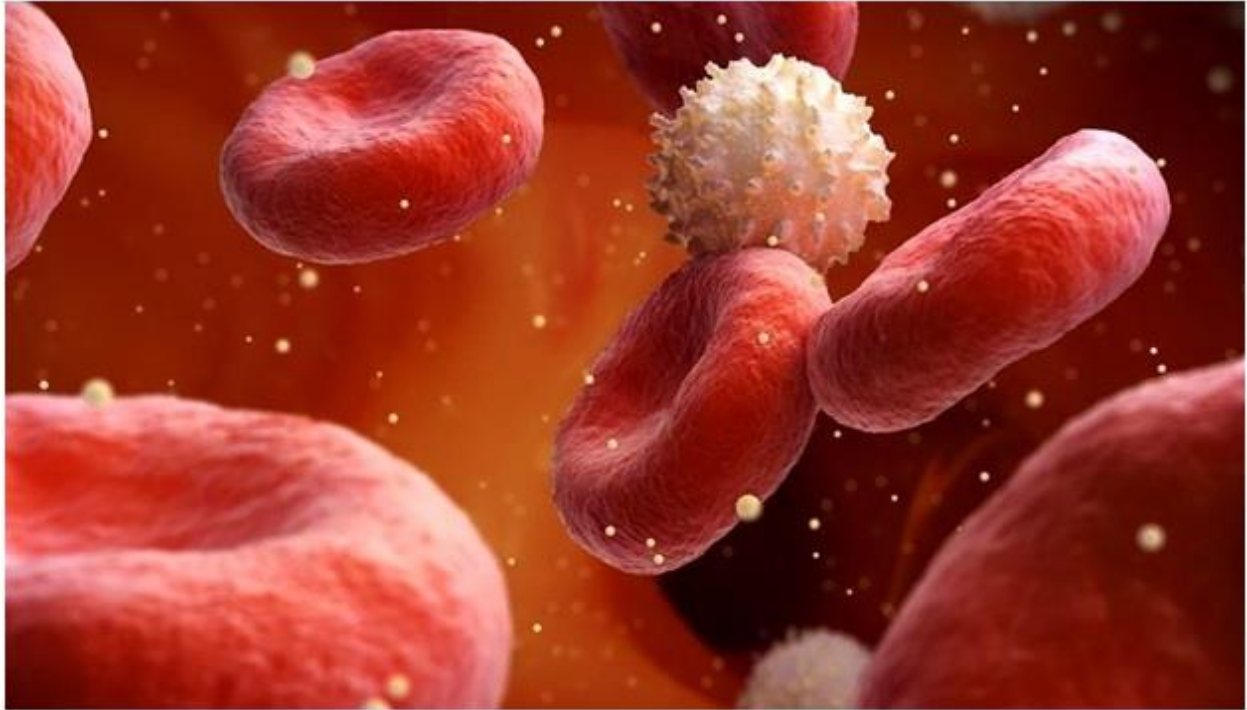
From the point of view of agriculture, there are a lot of problems in this industry, but one of the most important problems, already at the intersection of biology and medicine, is that food is no longer satiating people. Before you could eat one carrot and be satiated, but now you can eat three and not be satiated. This is a conditional comparison, but if you study this issue in detail with the help of nutritionology and dietetics, you will get confirmation of the current state of affairs. It is no longer possible to replace some foods and drinks with others, because the satiety of one and the other is increasingly poisoning the body and it is not the food industry (not only it) that is to blame. The problem is that the properties of fats and proteins have changed, but the most important and unpleasant for us are the properties of carbohydrates, namely glucose. The transport and energy properties of glucose have been irrevocably altered. And there is no fixing that. At the moment the situation is such that with the change of basic frequencies, a whole cascade of problems with the hemopoietic, cardiovascular system and the

endocrine system, especially, appeared as if from nowhere. And the priority is problems with the pancreas.

From the most banal point of view, this manifests itself in a simply insane increase in the incidence of diabetes. Do you know how you can cause a collapse in medicine and power, unrest in society? Cancel sweets and everywhere that it is distributed: cafes, restaurants, bistros, points of sale of sweet drinks and sweet coffee and everything in this spirit. Just imagine that the authorities have done this and are motivated by concern for citizens and the desire to end diabetes and obesity. I assure you that nothing will happen and the number of sick and fat people will continue to grow. Then the question will arise: "but why, from where and how is this possible?!". Therefore, even from the point of view of the authorities and medicine, all this catering performs the function of deterrence, whether you agree with it or not. But back to the main point ...

But will doctors be able to compare problems with the pituitary gland, kidneys, thyroid gland and pancreas? What should doctors do and what should they prescribe in terms of medications if, for example, tests do not reveal abnormalities and nothing is clear at all, but the patient is worse? Yes, even if the analyzes already exceed all threshold values.

A very dangerous illusion arises in everyone, I also went through this, only with other health problems, which I previously described in articles (about the heart). And this problem is that for those who have a "SvetL" Complex, and for those who do not have "SvetL" Programs at all, in any format: "a sip from the cup of sorrow will pass me by," or: "maybe it will pass me by and I will be lucky and all this will be bullshit." No luck. If you think that your Brain is forgotten, then you have already made two mistakes: in the first case, you would have died instantly, or quickly, but very painfully and in different ways in the form of diseases, and in the second case, your Brain is carefully tested in different ways by the Control System and conclusions are literally drawn for you and based on you, which you will already feel within the consequences on yourself. No one can run away from themselves, from their Brain. So, what happens to glucose?



Glucose, or sugar, loses its energy and transport properties. A "small nuclear", or better to say a "hydrogen reactor", ceases to give us energy and move us, within the framework of cells. At the same time, the Brain changes potentials and seeks to withdraw energy from other elements, at first: fats and proteins. However, functionally, these elements are not designed to perform these tasks. Fats and proteins act as building materials and lubricants, products for securing the combustion process, but do not participating in this reactor boiler that produces energy. It's like using the most counterfeit concrete and oil in unimaginable quantities, in the decay of uranium. At best, this will cause a reactor failure, and at worst, an uncontrolled reaction. But the Brain of this Center, in the form of the operators of the Central Control Point, will not do anything with the consequences of such pollution, because they were not taught this and they do not have such a theoretical and experimental base with obtained results, and they were not even supposed to do such a thing at this production. And such a reaction is now taking place in you and me. This is one of the reasons for the manifold increase in the number of manifestations of osteoporosis, even at a very early age. True, there is a serious connection with the bone marrow and blood, but don't forget about the removal of elements and toxicity.

Proteins and fats that are not intended for such an elementary decay collapse and release not just toxins, but toxic compounds of an unexplained etiology for the Brain. Vegetarians have vegetable poisons, and meat lovers have "cadaveric poisons, meat poisons", omnivores have a full cocktail. Alcohol, drugs, tobacco and other preservatives can no longer be added. As well as excess synthetic sugar on a gigantic scale.



But this is only the beginning, because along with these cascades of poisons, target organs do not receive energy and receive life support frequencies in a purely distorted form. It takes a very long time to describe, but I'll try to give at least a common damage pattern for everyone. And in the process, everyone has their own peculiarities:

Breakdown of glucose, proteins and fats – lack of nutrition (saturation with frequencies) of organ cells – hepatitis and fatty liver, cirrhosis – necrosis and pancreatitis – type 1 diabetes with elements of type 2 diabetes – insulin does not help and the drug "metformin" further poisons the liver – destruction of the structure of fats with impaired liver function and cholesterol metabolism – removal of collagen from the eyes, lining of blood vessels and skin – destruction of the organs of vision, suppression of brain functions and protective properties of the skin – various manifestations, inadequacy, uncontrolled weight loss, or obesity – loss of control over cells and oncological processes of a different nature, if you live to see it because of the abundance of other problems, the process is started, this is the end...

This is only a purely approximate scheme in a small format, but look around, talk to those around you, go to the hospital and draw conclusions yourself. The question arises: what will happen to us next?



If no action is taken, then this will not happen FURTHER. There will soon be a very painful extinction of the body and Brain and there will be no miracles. Just what measures should be taken? It turns out that this is not only our problem, but also the problem of the existence of all People in general, the problem of the scale of entire states. However, besides the fact that

nobody will deal with it from those who have power, because it is not profitable for them and many other things, - what can they do about it? They won't do anything, absolutely nothing. The question is what users of the "SvetL" Programs will do about it. I will say for myself: I do not cherish any illusions, or hopes, for my survival, or some Bright Future. You still need to get there in your right mind and with physical health, and it's very difficult, but not impossible. I am more than sure, and my research has confirmed it, that such a structure of a physically dense body with such a baggage of organs will inevitably lead to the fact that, if successful, within the framework of the "SvetL" Programs, WHAT was conceived and previously implemented on this Earth before the invasion of the Ebras, will happen: there will be no need for the existence of the body as such. But to implement this, you need to do the main thing – to survive with all the changes. Life here on Earth, outside the body, is still very far away, there are prospects, but they are so vague because of everything that is happening, but it is impossible not to follow this Path, because WHAT do we have in return and where do we all retreat? Back? And what's behind us? Return to everything as before? But nothing good is waiting for us there and we were generally subjected to liquidation within the framework of the plans of the Eber. We no longer have this "before and at that time", there is only now and beyond. Is this article an appeal? Yes, it is. I urge you once again to realize that ...

The "SvetL" Complex is just a **CHANCE**, but not a guarantee of survival, even when using a whole arsenal of "SvetL" Programs. You can even say so: The "SvetL" Complex guarantees the possibility of trying to realize oneself (the Brain) within the framework of survival while adapting to fundamentally new conditions (frequencies and not only, it is not necessary to simplify) in the conditions of a radical change in the world - within WHAT can be called YOUR Chance. Others, for various reasons, including a lack of trust and a general desire to know anything, they probably do not even have these chances. Undoubtedly, although there were reasons that we chose the "SvetL" Programs, we were lucky. Perhaps we can be called happy People. Personally, I consider myself as such and with good reason.

Understand within the framework of this article that sugar, as a substance from which the Brain drew energy, is not at all characteristic of Humans who previously inhabited the Earth. The process of the Existence of the Flesh and, even more so, the Immaterial State (the life of the Essence, the Brain, the "Soul") was supported by completely different structures of the Brain and organs, with some having a body - with a fundamentally different form of connection with the Earth Control System. One example of nutrition - nectars. They weren't vegan or meat eaters or anything else. It is reckless to classify nectars only in one's understanding as a product associated with bees. Nectar is such a complex structure and element, if we take it as a substance, that it fully belongs to the whole Complex of the existence of Fauna and Flora under the native frequencies of accompanying the Planet. In part, this issue is solved when interacting with the "SvetL-Flora". Although, it is worth pointing out again that berries and fruits grew in abundance on Earth, modern apples are closest to them. I am speaking quite seriously: the process of mass and all-encompassing planting of apple orchards, selection and harvesting of

apples is an obligatory state task. That is why, although they did not understand the real reason and relationship, gardening was massively developed in the USSR, especially within the framework of apple orchards. About suburban allotments of land – this is a slightly different topic.

This is WHAT we need to pay attention to, not the events in the Middle East. If we think about it this way, is it even close to us geographically, much less in Spirit? Or is our Far East closer to us in this context, and the Middle East closer to us in this format?

As part of the general recommendations, I would like to ask you to analyze again, and step by step, my articles from the cycle about sugar. I can't give a link to the first article from this cycle, because the site where it was posted is closed for technical reasons, but there are other links:

Sugar – Part 1: "Where is diabetes hiding"?

Sugar - Part 2: "Secrets of Flowers, Honey and Bees": <https://vk.com/@svetlhelp369-sahar-tainy-cvetov-meda-i-pchel>.

Sugar – Part 3: "Secrets of grapes and the pancreas":  
[https://vk.com/doc109015413\\_622430514?hash=amSwP1iIFiYOxGcgwwluRbps9oxTfK0fwc7ByOtKTik](https://vk.com/doc109015413_622430514?hash=amSwP1iIFiYOxGcgwwluRbps9oxTfK0fwc7ByOtKTik).

Combine the facts and nuances proposed there earlier with the information from this publication and draw your personal conclusions. And I ask you all very much, after studying these articles, to carefully study again the publication of A.M. Khatybov about insulin and WHY and WHY he explained everything there. I have always relied on this article as part of my research:

[http://lit.lib.ru/h/hatybow\\_a\\_m/insulin.shtml](http://lit.lib.ru/h/hatybow_a_m/insulin.shtml).



We have nowhere to wait for help. It is already here, within the framework of the "SvetL" Programs. This is a weapon, but how effective it will be, depends on each individual. Look around less, because you will not find positivity and inspiration there. Look into yourself and take care of yourself and your family. Perhaps this is the only thing that can be done in addition to providing the research results that I have shared with you. I have nothing to please you with, I just told the Truth.

The "SvetL" Complex ... here is Your Hope and Chance, and YOU, as the Brain, are HIS. After all, our Brain is also HIS, the Generator's, attestation. We study and work TOGETHER with HIM.

**Vladislav Zhuravlev, 26.10.2023.**