

Salvation of the Saviors

(series 81-369)

Project 369 – Aging as a field error...

*We don't age because we live,
rather because we lose the connection
with that which makes Life possible.*

Old age is not a natural process, rather a carefully cultivated habit. We have grown used to seeing it as something inevitable, like the change of seasons, like gravity, like death — however, a habit is not a law, and certainly not a sentence. It lives in our language, in social rituals, in the biological naïveté with which we treat the body as the primary source of ourselves. What we call old age — wrinkles, fatigue, illness, is only the visible consequence — while the cause lies deeper. Old age is a form of **ENERGY-INFORMATIONAL SUBORDINATION**, a systemic deformation of our field, a distortion of its connections, a disruption of its rhythm. It is not the age on a passport, rather a malfunction in the tuning between the Human and the Space, between what we are and what we can be. Is it possible to step out of this program? Is it possible not to postpone decrepitude rather to **CHANGE THE VERY PRINCIPLE** by which it arises? Not to fight symptoms, rather to stop the internal generator of time? Is it possible to live not in struggle against decline, rather in the management of life as a state of the field? This text is not about longevity, it is about something else: about **HOW TO DEFEAT** aging, about why the body is secondary, about what makes us alive, and how to reclaim the right to be yourself — beyond age.

Old age is not a number, rather a form of subordination. It is not a result, rather a program. Not the outcome of lived years, rather a method of binding a person hand and foot with time. Old age is implanted as a condition, and only in those who have **AGREED TO CONSIDER** the body primary. And if the body is merely a shell governed by the field, then aging is not a sentence, it is an algorithm. It can be stopped. Rewritten. Or perhaps even erased entirely. But only under one condition: if the Human learns again to **BE THE FIELD**, not the flesh. The path is not in prolonging decrepitude, not in trying to trick wrinkles, not in the aesthetics of slowing decay. The path is in restoring wholeness. Not an eternal body, rather an **ETERNALLY YOUNG** energy-informational field. Not the illusion of immortality, rather a real victory over death — through access to inner control of matter, where what is primary is not substance, it is spirit. And only by realizing oneself as part of a higher field will the Human be able to break free from the temporal vortex. To take a step not into tomorrow, rather into Eternity.

Every serious revelation in science turns into a double loop. The same person may be proclaimed a pioneer of truth and, at the same time — a destroyer of foundations. A scientist who has managed to look behind the curtains of the universe is often **FORCED TO SPEND** his strength not on developing his discovery, but on defending it from familiar dogma. Newton, not without reason, said: *“Either say nothing new, or be prepared to spend your whole life defending what you’ve said.”* Traditional medicine jokes: if you wake up and nothing hurts — it means you’re dead. Within this everyday sarcasm lies a deep metaphysics. The Belgian researcher of Russian origin, Nobel laureate Ilya Prigogine, showed: *“...non-living matter strives for equilibrium, for stabilization. However, living matter — on the contrary — strives to constantly push itself out of equilibrium.”* Everything living is a **VIOLATION OF NORMALITY**, an escape from stillness, a refusal of completion. Where equilibrium exists



— there is death. Life is always imbalance. Yet if the living violates equilibrium, a logical question arises: what governs this violation? Why does chaos not become an end in itself? Why does an organism **NOT DISINTEGRATE**, rather hold together as a whole? Everything points to the existence of an ordering structure, invisible, yet governing. A field framework. An energy-informational skeleton. Something without which the development of a fetus in the womb cannot be explained either through genes or through biochemistry. The very fact that the body forms according to harmonious templates, with the exact number of fingers, with unique yet strictly defined qualities — indicates that **THERE IS A CONTROLLING** level

above DNA. Science is still afraid to acknowledge this, yet every serious biologist encounters this “phantom”: the organizing field that cannot be measured with a ruler, yet structures all of biology.

Can one ignore what is plainly visible? In the 1930s, Semyon Kirlian, a man without academic titles, photographed the glow of plants. A torn leaf continued to emit light as if the leaf were still whole. This glow — phantom, field — is still being studied abroad. Yet in domestic encyclopedias, the Kirlian effect is barely mentioned. And yet it was he who first visually demonstrated the existence of an energy-informational field that preserves its integrity even when the physical object is damaged. The same story repeats itself again and again. Discovery. Rejection. Oblivion. Return. Dmitri Mendeleev, who proposed the periodic law, was also rejected by the academic community. He was **NOT RECOGNIZED**. He was “outside the mainstream.” And yet today we know his name, while the names of those who rejected him have turned to dust. So, it is with the idea of defeating old age. Too big. Too powerful. That is why it will meet resistance from all forces that feed on aging. Yet it is already here. We are not prolonging aging; we are abolishing it. We are not preserving decrepitude — we are restoring the field from within. We are not waiting for the body to exhaust itself — we are **“REWRITING” THE CONDITION** by which the body obeyed decay. This is not a fight for the body. This is the return of self-governance to the human being.

Life in biological systems is continuous reproduction — not as a mechanical function, but as a **CONSTANT VIOLATION** of equilibrium, maintained at a point of unstable stability. Life is possible precisely because the cell can remain at the edge. At the moment of bifurcation,¹ when the slightest change triggers a chain reaction, a new cell is born. Thus, the body renews itself — and therefore **RESISTS DEATH**. However, if renewal is a constant departure from equilibrium — then this departure is not governed by matter itself. What we call DNA is not just a chemical structure, rather it is a

¹ **Bifurcation** — a branching or qualitative change of something into two or more directions, and this change occurs due to a small alteration in some parameter.

manifestation of a field principle. Its work is not autonomous rather connected to a finer level where there is no mass, no density, yet there is form, wave, field. This is where the root of biological time lies. Old age begins not with a wrinkle, rather with a disruption of the interaction with this field foundation. And conversely — youth — is **THE RESULT** of a living connection between the body and the field. The loss of this connection leads to the fragility of life. Restoring it — **GIVES A CHANCE** to stop aging.

One may argue about Darwin, about the theory of species and adaptations. All of this is important. However, the Human being, as a unique energy-informational phenomenon, cannot be derived from mechanics. His appearance is possible only with the presence of primary information — not in the genes, rather in the informational field. Within this field lies the entire diversity of possible forms, programs, and individualities. We are not the result of evolution — we are its condition. **WE ARE CHILDREN OF THE FIELD**. Children of the Cosmos.

Perhaps it is this knowledge — the knowledge of the distribution and structure of the informational space — to which the science of the future will be devoted. Not biology, rather field genetics. Not psychology, rather the architecture of consciousness. For if we understood how information in the Universe is structured, how it is distributed and returned, how cyclical and how saturated it is — even astrology would cease to be speculation and would become a science.

The illusion of helplessness before the Cosmos is the **MAIN MYTH** of modern Humanity. In reality, control not only exists — **IT IS CONSTANT**. People are under observation. Not in a moral sense, rather in an energy-informational one. Every action and every thought is measured against the rhythm of the fields. The evil accumulated by Humanity does not vanish into the sand — it is reflected in the very structure of the Earth. That is why the Earth, as part of the Governing System, has the authority **TO RESET** specific "comrades" who generate this evil. It is alive. And if it is alive, it reacts. The entire Universe is a living, non-equilibrium system. And it carries within itself the memory of all who have lost the ability to be the field rather than the body.

To understand how to overcome aging, one must return to understanding oneself. Begin with the obvious: how our brain works. And here we encounter a paradox. We live in an illusion that the brain itself corrects for us. What we see with our eyes is inverted. The brain flips the image. What we feel is filtered. What we hear is transformed. All sensations are the result of processing. And this means that the brain is not just an organ — it is a "biocomputer" capable not only of displaying but also of **FORMING REALITY**. As academician N. Bekhtereva said, we are only beginning to approach an understanding of how the brain works. However, even a superficial study of its functions shows that thinking is not an autonomous act. It is a connection. A contact. Thought arises through a process of



linking. Yet linking to what? The answer is obvious: to the field. The brain is a comparator,² comparing knowledge already possessed with new input. And therefore, the process of thinking is a **FORM OF SEARCH** for correspondence. Yet if so, then a more developed person is able to renew themselves faster, to enter resonance with the external informational field more quickly. Education is not just knowledge — it is a channel of connection. It is the path to that inner core where aging **CANNOT** manifest, because energy flows freely.

That is why youth is **NOT AN AGE**, rather a frequency. And if the frequency is disrupted, the body ages. If it is restored, the body takes on new contours. Old age is the result of **LOSS OF CONNECTION** with the field, not the action of time. And the victory over aging begins with restoring this connection — not through medicine, rather through illumination. Not through cosmetics, rather through connection to the Source.

Many people say that a stream of information flows into them — as if from the very depths of the Cosmos. And often these individuals are not fantasists or madmen, rather they are quite adequate, with refined perception, intelligence, and philosophical mindsets. They **INTUITIVELY CATCH** structures, ideas, impulses — yet cannot handle them. They are overwhelmed by knowledge that does not submit to logic. And it is precisely here that the boundary between esotericism and science may be shattered. Because the energy they encounter is not an illusion, it is a reality — simply not yet recognized by official science.

I myself remember how once, within my imagination, a quantum of space appeared in the form of a dodecahedron — in a precise, complete structure. It was not dreaming. It was perception. Yet only because I was prepared — both inwardly and scientifically — to receive this knowledge. Thus, later, I was able **NOT ONLY** to integrate this reality into my system, rather also to revise the existing Generator Programs created by Nicolai Levashov, introducing the necessary changes. I emphasize — not out of curiosity, rather out of clarity.

We still have not understood how the laws of information conservation work. Archimedes, shouting “Eureka!”, perhaps at that moment did not simply realize something — he connected to the field in which everything already existed. And he received the answer not from his mind, rather from the universal System. This is why the phenomena of clairvoyance, intuitive insights, sudden discoveries — are not mysticism, rather they are contact with the informational field of the Earth’s Control System. We are simply not yet ready to acknowledge this channel as scientific.

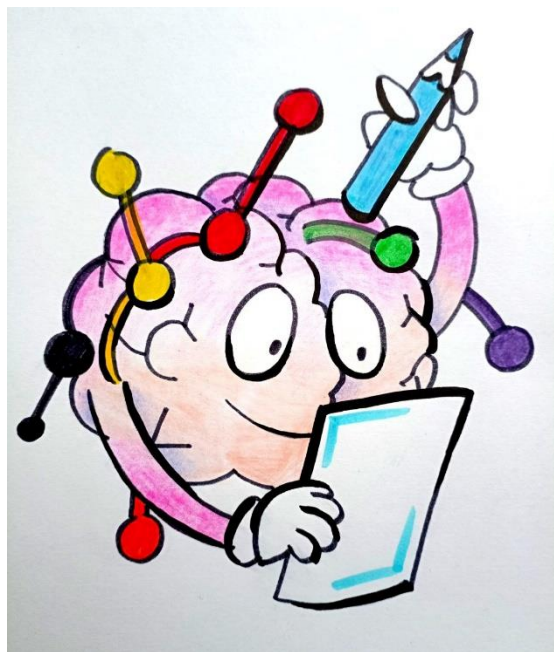
The Brain — it is not just a biomass, or even just an organ. The Brain is a program block, with its own code matrix — according to A. Khatybov, or the Essence — according to N. Levashov (whichever is clearer). It is a field. It is energy-informational. The body is secondary. The destruction of the body begins with the degradation of the field, and not the other way around. And therefore, the path to stopping aging is **NOT MEDICINE**. It is the restoration of the energy-informational integrity of the Brain — and through the Brain, of the body.

Modern genetics has not found a gene of aging or a gene of death. Because **THEY DO NOT EXIST**. Nature did not encode old age. It is not built into the body. This is crucial to understand: death and aging are not biological inevitabilities. They are **A CONTROL FAILURE**. They are a loss of connection with one’s own energy-informational core. We age not because the world is built that way, rather

² **Comparator** — a device used for comparing different quantities.

because we do not control ourselves. Science does not yet know the causes of aging. It only observes its consequences. Gerontology records external processes but does not reach the depth. Neither biology, nor physics, nor chemistry are **CAPABLE** of explaining the nature of old age, because these sciences have not yet recognized that the Human being is a field, not flesh.

One can prolong old age, as is done today — with pills, care, diets, exercise. This can give an extra 10, 15, maybe 20 years. Yet this is not a solution. Because in those extra 20 years there is the same frailty, the same passivity, the same loss of meaning. Old age remains old age, no matter how long you extend it.



Our task is not to prolong old age, rather to **PROLONG YOUTH**. So that at 90, 100, 120 years one is not simply alive, they are active. Engaged, acting, feeling. So that the body does not drag the spirit downward, rather the spirit directs the body upward. This is possible. However, only under one condition: if we **RADICALLY RECONSIDER** what we believe ourselves to be. And if we acknowledge: the processes in the body are a reflection of the processes in the field. Therefore, by changing the field, we change the body. It is not the flesh that becomes obsolete — it is the program. Which means it can be “rewritten.”

The concept of the **INFORMATIONAL FIELD** is still not recognized by official science, and therefore it is not studied by it to the extent it deserves. However, this does not make it any less real. On the contrary, more and more observations, facts, and practical confirmations indicate that the field structure of the

Human and the Universe is **THE FOUNDATION** without which neither the life process nor the very fact of biological existence is possible. For those who wish to delve deeper into the scientific basis of these fields, it is worth turning to A. Khatybov’s work “*Fields of Life Support*,” where the components of what we call the energy-informational field are described in detail. He reveals how exactly information, energy, and structure form the coherence without which birth, development, and healing are impossible.

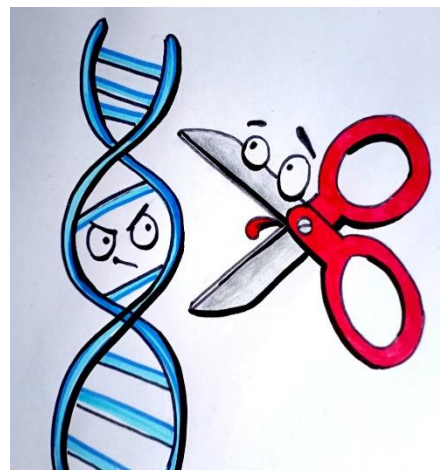
Official science, recognizing only what can be reproduced within the framework of its methodological Cartesianism, remains deeply metaphysical in practice. It is still **NOT CAPABLE** of answering the fundamental questions of existence: where does mass arise from? how does matter appear? where is the boundary between the living and the non-living? In his experiments, Pyotr Gariaev discovered that DNA, even after being removed from its medium — **CONTINUED TO TRANSMIT** signals into the void. As if the information remained without the matter. And this is not an anomaly, rather a normality we simply failed to notice for a long time. DNA possesses a field-based, energy-informational nature. What we are used to seeing as a purely chemical molecule is in fact **A STRUCTURE** linked to a subtler, invisible, yet more determining substrate. Nicolai Levashov wrote that at the foundation of DNA lies an energy-informational bit — an elementary unit of meaning, energy, and direction. This is not matter, rather it is a program. Two massless charges with opposite polarity — and between them

unfolds the field of meaning, the field of form, the field of life. That is why DNA is not just a molecule — it is a translator. An antenna. A key to the organism; however, **NOT THE** door itself.

Every cell of the human body contains DNA, and all information is duplicated millions of times. This is not merely redundancy — it is a system of protection and repeated reproduction. And it is precisely on this field-based foundation that today's cloning technologies are built: the new structure replicates not only the external form rather also the energy-informational imprint of the **ORIGINAL DONOR**. Such an approach allows us to expand our understanding of the mechanisms of aging. For if the body's information is stored at the field level, then aging is not the wear of matter, rather it is a **DISTORTION OF THE FIELD** — not the destruction of chemistry, rather a failure in the transmission of the primary program.

Modern science cannot explain even the stability of the simplest molecules — for example, why hydrogen with two protons does not disintegrate. The answer is impossible without introducing an additional field — *the very informational field of neutrino space (IFNS)* described by A. Khatybov³ and other researchers of the new type. This field structures, holds, and stabilizes what would otherwise fall apart. The same occurs in the organism: without a stable energy-informational framework, **NO CELL WILL** retain its form, let alone the organism as a whole. However, the problem lies even deeper, touching the very nature of space and mass. Mass is the manifestation of energy localized in a quantized medium. We do not carry the body — we carry a field skeleton that **TEMPORARILY MANIFESTS** as body, as flesh, as form, and it is precisely in this temporality that our vulnerability lies. Aging is not the weakening of the flesh — it is the **LOSS OF CONNECTION** with the Source. What we perceive as the body is actually a condensation in space. Mass is an effect of the deformation of the vacuum's structure — an elastic medium we do not see, yet constantly inhabit. We perceive the surrounding world as emptiness, yet in reality, it is denser than any metal. Space is not nothingness — it is a carrier, a Program, the very skeleton to which all form is anchored.

Our brain, as the most complex field-based receiver, is arranged like a computational machine. It contains built-in functions of comparison, memory, correction, and... inversion.⁴ The image projected onto the retina is upside down; however, the brain inverts it, bringing it into a convenient format. This proves that the mechanism of perception is a system of adaptation, not a fixation of the "real." We do not live in the world, rather in a projection of the world. We see not reality, rather an adaptation. That is why we do not notice that space is solidity. That the vacuum is a medium. That the body is **ONLY A MIRAGE** held together by attention. And that is why old age appears biological to us rather than informational. Our perception inverts causality. However, if the inversion is recognized — **CONTROL CAN BE RESTORED**.



³ The informational field of neutrino space (**IFNS**) — the lattice of the atmosphere with octaves above 72. The informational field of proton space (**IFPS**) — the lattice of the atmosphere with octaves up to 72.

⁴ **Inversion** — the transformation of one thing into another with reversed order, meaning, or direction.

One of the few areas in which science has at least come close to understanding the mechanism of aging is the discovery of telomerase.⁵ In 1971, the Soviet scientist Alexey Olovnikov formulated a hypothesis that decades later, under a different name, began to be presented as a breakthrough of American science: supposedly telomerase is responsible for cellular aging by shortening the ends of chromosomes with each division. Shortening means erasing part of the code. The enzyme essentially cuts off segments of DNA responsible for replication — that is, for the cell's ability to reproduce. The shorter the telomeres, the fewer divisions remain, and the nearer the boundary of the cell's life.

However, something else is more important: we still **DO NOT KNOW** where the very mechanism of telomerase accumulation comes from. How and why is it activated? Why does its activity increase specifically in mature age? From where does the body receive the signal to fold the program? While science enthusiastically experiments with fashionable pills that supposedly restore telomeres, the main level — the field level — remains unexamined. Because DNA, like any biological structure, does not arise from itself, rather from its **ENERGY-INFORMATIONAL FOUNDATION**. And if this foundation is destroyed, then restoring the material structure is like gluing a shadow on a window.

Our body is not an object. It is a temporary manifestation of a stable energy-informational state. In this sense, aging is not the destruction of form, rather the “layering apart” of the program. And if, in a state of stability, muscle tissue cells live for about six months, then in the phase of aging they lose the ability to reproduce. The balance is disrupted, and instead of life, decline begins.

And again, the main question arises: what destroys this program? If we accept that the foundation of the body is a field state rather than chemical mass, then it is **LOGICAL TO ASSUME** that degradation occurs first at the level of this field foundation. Which means that something invisible must be constantly acting upon us, disrupting the energetic fabric of DNA. Suppose there exists a stream of cosmic particles — not matter, but information. Bits of the energy-informational level. Imagine: each bit is a dipole, massless and electrically neutral, analogous to neutrinos, moving at colossal speed. Such particles do not “weave into” the structure — on the contrary, they **TEAR IT APART** if they enter into resonance. A single point-impact on the field chain — and a link of DNA **NO LONGER RESTORES ITSELF**. It is precisely at the level of these “impacts” that telomerase forms as a consequence, not a cause. It is not the enzyme that governs aging — aging causes the accumulation of the enzyme. We are as if standing under an invisible “rain” of bodiless structures — bodiless, yet not without meaning. For in nature there is no randomness. Everything obeys form, even destruction. And if our energy-informational structure begins to delaminate, it means that somewhere the tuning has been disrupted. It means that **THE COSMOS ITSELF** stops supporting the integrity of our program.

As long as science is limited to chemistry, it will never be able to explain why people age. The issue is not in matter. The issue is that the space in which Life unfolds is itself unstable. It is quantized,⁶ and each of its “grains” carries both the potential for life and the possibility of destruction. Nature, within the framework of the EBR Control System, found an answer: not to protect each individual, rather

⁵ **Telomerase** — an enzyme that lengthens telomeres (the terminal sections of chromosomes) by adding repeating nucleotide sequences to them. It functions like a reverse transcriptase, using its own RNA molecule as a template for DNA synthesis.

⁶ **Quantization of space** means that it is not continuous, rather it consists of small, extremely tiny subdivisions similar to “quanta.” This idea is central to physics, which seeks to unite quantum mechanics with gravity, and it suggests that motion and time, like energy, do not flow smoothly, rather they proceed in discrete jumps.

to ensure constant reproduction. **Biology is not immortal.** Yet it is cyclical. Life is prolonged through Life. We already have a precedent: we have begun to realize ourselves, within the framework of the New CS. And that means we now have a new possibility: not merely to reproduce — rather to govern the program itself. Thus, it is **NOT OLD AGE** that defeats us, rather our belief in its inevitability. And if we want to step out from under this pressure, we **MUST LEARN** to govern what once seemed inaccessible. Not the cell, rather the field. Not the body, rather Memory.

If old age were merely the result of metabolism, then sleep would prolong life. Yet medical experience proves the opposite. There are known cases of lethargic sleep lasting up to twenty years, after which a person awakened as if “transported through time,” with a face and body two decades younger than their peers. However, the illusion deceived: within six months the **ORGANISM “CAUGHT UP”** to its age, as if rushing to restore the degradation that had not occurred. This clearly demonstrates that even in a state of sleep, even with a complete halt of metabolic processes, the organism continues to deteriorate, slowly, yet inevitably. The cause is not in the body, rather from outside it. Aging continues because neutrino bombardment does not cease for a moment. Space works constantly. Cell division merely reveals the accumulated damage. While the cells sleep, destruction is not visible. When they awaken — dismantling begins.

Aging is not a process of time — it is the manifestation of the **INVISIBLE PRESSURE** of the field. And this pressure can be not only uniform and slow but catastrophic. Medicine knows a very rare condition — Hutchinson’s syndrome — accelerated aging. It can be called **EXPLOSIVE OLD AGE**: decades of biological wear occurring within a few years. The causes are unknown. Perhaps the cause lies precisely in the fact that the energy-informational structure of the organism is **SHARPLY DESTROYED** — either as a result of strong external influence or due to the breakdown of protection at the field level.

If such an influence truly has a cosmic nature, then there must exist a field through which it manifests. Such fields were named torsion fields — rotational, field-based, and quantum vortices. They are not fiction. The works of Akimov and Shipov, little known to the general public, yet carefully documented, proved the existence of so-called torsion fields — a **SPECIAL FORM** of interaction arising from the structure of space itself. And here is the paradox: the higher the torsion gradient, the greater the probability that neutral particles, including neutrinos, will deviate from a straight path. This means it is **POSSIBLE TO CONTROL** this influence — not stop it, rather shift it, deflect it, transform it.

The discovery provides a key to understanding ancient architecture. Conical peaks, pyramidal shapes, upward-pointing roofs — these are not just symbols. **THEY ARE DEVICES.** Field lightning rods. People who have lived for centuries in the mountains retain their health longer not because the air is cleaner there, rather because **THE FIELDS ARE DIFFERENT.** Mountain peaks are resonators of torsion forms. They “draw out” part of the flow from space, **REDUCING THE TENSION** of energy-informational pressure. Pyramids, tipis, huts — these are not merely shelters. They are structural elements of protection. Seeds sprouted inside such forms produce stronger shoots. A biological structure within the zone of the form can better preserve its program — not because it becomes stronger, rather because it is under less pressure.

However, these are **PASSIVE FORMS** of protection. Humanity now stands on the threshold of something new — an active influence on the destructive flow. It is possible that rotating lattices within matter, accelerated to high frequencies, may be capable not only of disrupting neutrino trajectories but also of scattering them. Gyromotors, rotating crystals, torsion reflectors — all of these are still only hypotheses. However, a hypothesis has an advantage: it can be turned into a path.



The biophysics of the future must become protective biophysics, not against bacteria and viruses, rather against **FIELD RADIATION**. We must learn not only to detect these flows, not only to feel them within ourselves in the form of wrinkles, fatigue, and illness. We **MUST INTERCEPT** the very channel of interaction.

Old age is the result of an unextinguished impulse from the field. Death is the final failure in the energy-informational lattice. However, if logic is embedded in the structure, then it can be rewritten — not by defeating death through destruction, rather by **REPLACING THE SCENARIO**.

Old age is not a sentence. It is a challenge. An irreversible program only as long as it is considered **OUTSIDE THE ACCESS ZONE**. Now we are beginning to understand: **ACCESS IS POSSIBLE**. And if it is possible, it must be realized.

In 1996-1999, Professor Ernst Muldashev, during his expeditions to the Himalayas, once again

challenged the boundaries of our habitual perception of time and life. He presented the world with sensational evidence of people practicing yoga and living 200, 300, and sometimes even up to a thousand years. These reports were met by some with admiration and by others with skepticism — however, that is not the point. The point is that we have come very close to a new understanding of human nature. And this threshold leads us to a single question: ***is it truly possible to stop aging?***

The unique abilities of yogis have long been known, yet scientific study of such phenomena encounters **SYSTEMIC LIMITATIONS** within science itself, which is unable to work with anything that lies beyond materialistic models. Only now are we beginning to build models of energy-informational fields — still simple, at the level of spatial configurations. These models provide the first and most important conclusion: **THE BODY IS SECONDARY**. *Primary is the energy-informational Essence (read: the Brain)*, which includes the forms responsible for structure, consciousness, energy, and the programmed behavior of the organism. This is no longer a hypothesis. It is the first step toward Victory over aging.

In the system of yoga, we see not isolated practices, but a coordinated **SYSTEMIC APPROACH** aimed at protecting the human gene pool from destructive cosmic factors. Here we can distinguish three levels:

- **living in caves** — dwelling on Himalayan peaks, where neutrino load is naturally weakened;
- **active protection** — forming a special protective field around the body through a specific energetic state of the organism;
- **replication of the genetic matrix through water** — as a mechanism for transferring and restoring field information.

Of particular interest is the **ROLE OF WATER**, for it forms the basis of every biostructure. The paradox of “living” and “dead” water still confounds science. However, experiments already conducted on its structuring within the existing Generator Programs, which have been successfully operating for several years in the specialized Complexes created for this purpose, allow us to speak of a second step toward overcoming aging.



Is a hypothetical model possible in which a field matrix with undamaged DNA could be replicated and embedded into the organism through water? Such a concept is tempting. It promises an “elixir of youth,” potentially enriching those who promote it. However, **WITHOUT UNDERSTANDING** the energy-informational foundations, all of this remains nothing more than a commercially profitable fantasy. Because water is not merely a solvent, rather it is a carrier of structures that obey different, field-based laws. And here we return to A. Khatybov and his fundamental remarks: some comments on this discovery are presented in his work “Cold Nuclear Fusion,” Volume 8. Khatybov’s main points are:

- water is not a simple mixture, rather it is a complex structure;
- if water is used by a biostructure, it must possess the necessary frequency octaves and energy characteristics on which the living cell of the biostructure is built;

- changing the energy characteristics of water, removing an octave, makes this water unusable for biostructures;

- changing energy characteristics and removing frequency octaves transforms the structure of the water molecule into an ion of the corresponding metal (up to and including strontium) without altering its external characteristics;

- the restoration process is the process of returning the lost energy parameters to the water molecule and/or adding the corresponding lost frequency octaves;

- mineral compounds, which themselves are waste products of water, cannot be used to change the energy characteristics of water, and even less to introduce the necessary frequency octaves into the water molecules (in humans too, food travels in one direction, or pathway, the reverse has not yet been mastered);

- using mineral compounds to change the energy parameters of water requires research due to the possible transformation of living-cell structures to accommodate the new characteristics;

- the most realistic method for altering the properties of biologically active water is the use of carbon C_{60} , whose molecule has been synthesized. Incidentally, the C_{60} molecule is an assembly of 12 dodecahedra.

Thus, all key lines of research again converge at the point of Human and Water as a **DUAL SYSTEM** of regulation and existence. And if the brain regulates the intake of water into the body depending on its state, then it can be assumed that the structured wave characteristics of water are not external magic at all, rather a continuation of the brain itself.

Each brain, possessing its own unique set of connections, intuitively or programmatically selects precisely those parameters that correspond to its level and its tasks. This means there can be no universal recipe — **THERE CANNOT BE ONE**. However, there can be a path — and this path leads to the third step: Victory over aging.

We have approached the boundary beyond which old age ceases to be a “natural process” and reveals itself for what it truly is — **THE RESULT OF A DISTURBANCE**. A disturbance of connection, a disturbance of the field, a disturbance of the original design. Aging is not the path of time, rather it is the path of separation from one’s own energy-informational essence. It is not a sentence; it is an indicator of how far a Human has diverged from himself and from the place he came from. We still look at biology as a self-contained system, and at the body as a final, self-sufficient object. However, the body **IS MERELY** a trace, an imprint — like a shadow cast by fire. If the light is not restored, the shadow will fade and distort. If the primary code is not restored, the fabric of matter will lose its order — and what we have become accustomed to calling old age will inevitably arise.

To defeat old age is not a scientific ambition and not a fantasy. **IT IS A CHALLENGE TO HUMANITY**. However, above all — a challenge to oneself. Not a cosmetic one, not a medical one, rather an ontological one. A challenge to one’s own will, one’s own depth, one’s own ability to remember who we were created to be — and why.

Our next task is not simply to prolong life, rather to return meaning to life. And this is possible only in one case: if we **DARE TO ACKNOWLEDGE** that a human being is not only a body, not only a mind, it is first and foremost — a field, a program, embedded into a much higher Control System. Until we remember this, aging will continue. As a program we believe in. However, anything that can be rewritten — can also be cancelled. And that is precisely what lies ahead of us.

To be continued

F. Shkrudnev

13 November 2025